

## **Fatal Distractions** The Danger of Anger

**James 1:19-20** “Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; for the anger of man does not produce the righteousness of God.”

**Exodus 32:19** “And as soon as he came near the camp and saw the calf and the dancing, Moses’ anger burned hot, and he threw the tablets out of his hands and broke them at the foot of the mountain.”

**Genesis 4:4-5** “...and Abel also brought of the firstborn of his flock and of their fat portions. And the Lord had regard for Abel and his offering, but for Cain and his offering he had no regard. So Cain was very angry, and his face fell.”

**Anger Must Be \_\_\_\_\_** Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger... (v.18)

**Proverbs 29:22** “An angry person starts fights; a hot-tempered person commits all kinds of sin.”

**Ephesians 4:26-27** “Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil.”

**Anger Must Be \_\_\_\_\_** “...for the anger of man does not produce the righteousness of God.” (V.20)

**Colossians 3:8** “But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth.”

**Ephesians 4:31** “Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.”

**Anger Must Be \_\_\_\_\_** “...for the anger of man does not produce the righteousness of God.” (V.20)

**Galatians 5:19-21** “Now the works of the flesh are evident: sexual immorality, impurity, sensuality, idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God.”

**Matthew 5:22-25** “But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, ‘You fool!’ will be liable to the hell of fire. So if

you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift.”