

April 19, 2026 STUDY GUIDE

Walking Worthy: Seeing What God Has Already Given You

Text: Ephesians 1:15–23

Welcome

Paul’s prayer reminds us that the Christian life isn’t about earning more from God—it’s about *seeing more clearly what He has already given*. This study will help us open the “eyes of our hearts” to the hope, riches, and power available to us in Christ.

Key Themes

- Worth in Christ
 - Spiritual Sight
 - Hope
 - Riches (Spiritual Blessings)
 - Power (Through Christ)
 - Resurrection, Ascension, Exaltation
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Read the Passage

Ephesians 1:15–23

Observation Questions

1. What two qualities in the Ephesian church does Paul give thanks for?
 2. Who does Paul thank—and why is that important?
 3. What does Paul pray God will give them in verses 17–18?
 4. What does it mean to have “the eyes of your heart enlightened”?
 5. What three things does Paul want believers to *know*?
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Interpretation Questions

1. Why do you think we often struggle to “see” what God has already given us?
2. How is biblical hope different from wishful thinking?
3. What are examples of the “riches” Paul describes?

4. How is God's power different from worldly power?
 5. How do the resurrection, ascension, and exaltation of Jesus prove these truths?
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Application Questions

1. Where in your life do you feel like you're "searching the pantry" but not seeing what's there?
 2. Which do you most need to understand right now: **hope, riches, or power**? Why?
 3. How would your daily life change if you truly believed God is working in your situation?
 4. Is there an area where your spiritual "vision" feels dim or unclear?
 5. Who can you begin praying this prayer for this week?
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Prayer Focus

- Ask God to open the eyes of your heart
- Thank Him for what He has already given
- Pray for clarity in areas of confusion
- Intercede for others to see these truths