

4/12/2026 STUDY GUIDE: WALK WORTHY

Synopsis

Our worth is not self-made—it is God-given. In Christ, we are chosen, redeemed, and secured. When we understand our identity in Him, we are empowered to walk in a way that reflects His glory.

Scripture

Ephesians 1:1–14

1. OUR WORTH IS FOUND IN GOD (v. 3)

God, who has everything, shares every spiritual blessing with us.

Questions:

- How have you typically defined your worth?
 - What does it mean that God has given you “every spiritual blessing”?
 - Why is it important that our worth comes from God and not ourselves?
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2. CHOSEN: OUR WORTH IN BEING SELECTED (vv. 4–6)

We are chosen by God to be holy, blameless, and adopted as His children.

Questions:

- How does being chosen by God challenge or encourage you?
 - What does it mean to you personally to be adopted into God’s family?
 - Do you struggle to believe you are chosen? Why or why not?
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3. REDEEMED: OUR WORTH IN BEING RESCUED (vv. 7–10)

Through Jesus, we are forgiven, restored, and brought back to God.

Questions:

- Why is it important to understand that our sin required redemption, not improvement?
 - How does Jesus’ sacrifice redefine your identity?
 - What areas of your life do you still try to “fix” instead of surrender?
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4. SECURED: OUR WORTH IN BEING GUARANTEED (vv. 11–14)

Our salvation is part of God’s eternal plan and is sealed by the Holy Spirit.

Questions:

- What does it mean that your salvation is secure?
 - How does this truth affect your daily walk with God?
 - Do you live with confidence in your salvation or fear of losing it?
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5. FOR HIS GLORY (vv. 6, 12, 14)

Our worth ultimately exists for God’s praise, not our own.

Questions:

- How can focusing on God’s glory change your perspective on life?
 - In what ways do you tend to make your life about yourself?
 - What would it look like to live this week “for His praise”?
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Closing Challenge

This week, identify one area where you’ve been finding your worth outside of God—and intentionally surrender it to Him.