

PROVERBS: WALK WISELY

Proverbs 7 — Study Guide

8/9/2026

Summary

Proverbs 7 pictures a naïve young man lured in by a seductive woman, much like prey stalked by a skilled hunter. Solomon uses the scene as a warning against sin in general — not only sexual sin — showing how temptation looks good, feels good, sounds good, and seems private, until it leads to death. The chapter's opening verses (1–5) and its warning point to the same solution: surrender to wisdom, which finds its fulfillment in Jesus.

Key Passage

Proverbs 7:1–27 — read the full chapter before discussing.

Discussion Questions

1. Solomon describes the young man in verse 7 as “simple” and “lacking sense.” What made him vulnerable — his mindset, his company, his location, or the time of night? Which of these tends to be your own weak point?
2. The sermon lists seven qualities of the “hunter” (she looks good, feels good, sounds good, wants you, prepared for you, is anonymous, is persuasive). Which of these have you seen sin use most often in your own life?
3. Why do you think temptation so often mixes something good or religious-sounding in with the bad (v. 14)? How can you learn to recognize that mix?
4. Verse 23 warns that sin costs “your life” without you realizing it, like the lobster in the pot that doesn't feel the water slowly rising. Where might you be growing comfortable with something that is quietly costing you?
5. Proverbs 7:1–5 calls us to keep, treasure, and bind God's words to us — to make wisdom “your sister” and “your intimate friend.” Practically, what would it look like this week to keep God's Word that close?
6. The sermon names two responses to the hunter: repentance and obedience. Which of these feels harder for you right now, and why?
7. Like the monkeys warning the warthogs, who or what has God placed in your life to warn you before you wander into temptation? Are you listening to them?
8. How does knowing that Jesus is our “victor over the hunter” change the way you fight temptation, compared to simply trying harder on your own?

Personal Reflection

Is there a pattern of sin in your life that you've been slow to name or repent of? Take a moment to bring it honestly before God.
