

Joy Ride - Reading Plan

Date	Scripture
June 18	Ch. 1:2-11
June 25	Ch. 1:12-18
July 2	Ch. 1:18-30
July 9	Ch. 2:1-11
July 16	Ch. 2:12-30
July 23	Ch. 3:1-11
July 30	Ch. 3:12 – Ch. 4:1
August 6	Ch. 4:1-9
August 13	Ch. 4:10-20

Introduction to Philippians

Declaration of Independence

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are life, liberty and the pursuit of happiness. That to secure these rights, governments are instituted among men."

Pursuit of Happiness

"I know we must seem pretty strange. But if you look a little deeper, If you look with love, you'll see a bunch of kids who are searching for all the right things, just in all the wrong places. So, to answer your question. How do I describe my people? They're sheep without a shepherd... Chasing hard after lies."

Pursuit of Happiness

The 4 P's:

- New Processes
- New Possessions
- New Places
- New <u>People</u>



Psych Central

https://psychcentral.com > blog > tips-for-finding-hap...

Finding Happiness Within Yourself: 3 Steps

Oct 26, 2022 — How to **Find Happiness** in 3 **Steps** · 1. Increasing self-awareness · 2. Searching for meaning and purpose · 3. Focus on something outside **yourself** · 3 ... Self-awareness · Purpose · Look out · Obstacles to happiness



Psychology Today

https://www.psychologytoday.com > emotional-fitness

10 Simple Ways to Find Happiness

Apr 27, 2012 — Be with others who make you smile. Studies show that we are happiest when we are around those who are also **happy**. · Hold on to your values.



Oprah Daily

https://www.oprahdaily.com > Lifestyle > Wellness

Our Step-by-Step Guide on How to Find Happiness

Mar 8, 2022 — Take control of your time. · Pursue a goal that reinforces your sense of mastery and purpose. · Seek out meaningful connections. · Make gratitude a ...

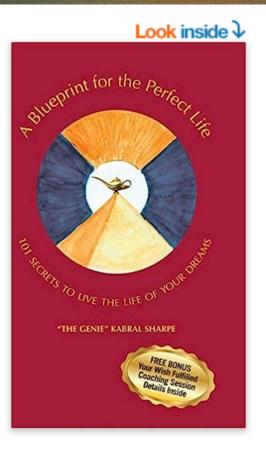


Happiness.com

https://www.happiness.com > science-psychology > fin...

Finding happiness: the 11 science-backed truths

1. Stay social and build quality relationships · 2. Force out a smile · 3. **Find** your 'flow' · 4. Develop a more meaningful life · 5. Think positive thoughts · 6.



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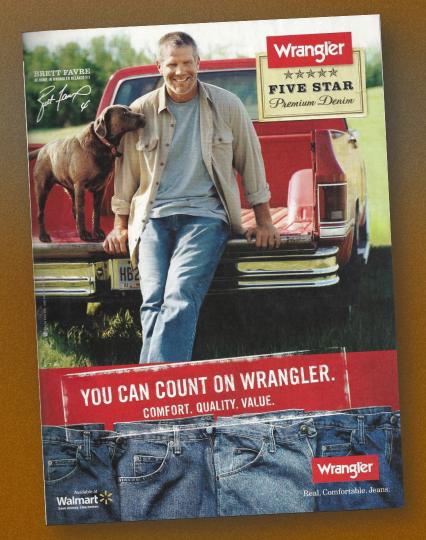
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Have you ever wondered why some people seem to have it all while others seem destined to a life of struggle? What is it that allows some people to experience the best life has to offer in the realms of health and fitness, finances, relationships, and their dream projects, while others can't materialize what they want no matter how hard they work?











The Pursuit of Happiness

The 4 P's:

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Lie: You can be the source of your own joy!



Pursuit of Happiness

- Culture 4 P's (You)
- "Spirituality" (Others)

Pursuit of Happiness

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- "Spirituality" (Others)
- Try Christianity (Jesus)

Jesus Others You

Pursuit of Happiness

- Culture 4 P's (You)
- "Spirituality" (Others)
- Try Christianity (Jesus)

"Sheep without a Shepherd"

Philippians 1:1

"Paul and Timothy, servants of Christ Jesus, to all God's holy people [saints] in Christ Jesus at Philippi, together with the overseers and deacons."

#1 – "Philippi"

An influential city

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- An influential city
- A church of humble beginnings

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- An influential city
- A church of humble beginnings
- An honorable church

#2 - "Saints"

- Bible: Believe in Jesus.
- You didn't deserve or earn it.
- You are set apart for Kingdom service.

There is no stain you can put on your garment that the blood of Jesus cannot remove!

#3 - "Servants"

Greek: "slave"

The key to freedom is slavery in Jesus Christ. It is the secret to joy.

#3 - "Servants"

- Greek: "slave"
- Who/What are you a slave to?
- Slave to 1 of 2 things: sin or Jesus.

Slave to Sin

2 Peter 2:19 – "They promise freedom, but they themselves are slaves of sin and corruption. For you are a slave to whatever controls you."

Slave To Jesus

Slavery to Jesus is the only way to truly be free.

Slave To Jesus

- Slavery to Jesus is the only way to truly be free.
- Being a slave to Jesus is an amazing adventure.

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- Slavery to Jesus is the only way to truly be free.
- Being a slave to Jesus is an amazing adventure.
- Sometimes fun, sometimes not.

So many people who are unhappy have never thought to look into "slavery" as the key to freedom and joy.

