

**HOPE**

WHY YOU SHOULD HAVE IT

# Biblical Hope

# Hope

- Hope is a sense of expectancy / optimism.
- Hope is an overriding confidence.
- Hope is an unswerving belief that better days are ahead – probably in this world, and definitely in the next.
- “And now these three remain: faith, hope and love. But the greatest of these is love.” - 1 Corinthians 13:13

# Hope

"Hope is the ability to hear the music of the future; faith is the courage to dance to it today." - Peter Kuzmic

# Dr. Martin Seligman

- Group A: mild shock with no way to stop it
- Group B: mild shock, but could stop it
- Group C: no shock

# Hopelessness can be learned.

"Hope deferred makes the heart sick." - Proverbs 13:12

People are looking for hope! In fact, **God created us with a craving for hope!**

# The God of Hope

"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit." - Romans 15:13

God offers a hope so powerful, it can:

- Transform a person's life
- Rewrite a person's future
- Take what's broken and make it whole

# Wishful Thinking

- When we try to change reality with our thoughts.
- We try to hope things into existence.



# Blind Optimism

- Ignores the reality of the situation.
- To actually deny the existence of something.



# Biblical Hope

- A confident expectation that God is willing and able to fulfill the promises He has made to you.
- For the people around us, Hope is something they do, **but** for the Bible-believing Christian, Hope is something they have.

# Living Hope

"Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil or fade..." - 1 Peter 1:3-4

# Hope is our anchor

- "We have this hope as an anchor for the soul, firm and secure." - Hebrews 6:19
- An anchor is only as good as what it's anchored to.
- The only way hope has any impact is when it is anchored to Jesus.

# 1. Hope for my past.

- There is hope because my past has been wiped away.
- "This I call to mind, and therefore I have hope. Because of the Lord's great love, we are not consumed, for His compassions never fail. They are new every morning." - Lamentations 3:21-23
- God offers us a fresh start every single day.

## 2. Hope for my future.

- I can have hope because I can be assured of my future.
- “What can anybody do to you if your hope is in the Lord?” – Psalm 118:6

# Ephesians 1:18-19

I pray that the eyes of your heart may be enlightened, in order that you may know the hope to which He has called you, the riches of His glorious inheritance in His holy people, and His incomparably great power for us who believe.



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