



THE
Exchanged
LIFE

THE **NINE EXCHANGES**
MADE AT THE CROSS



Exchange #8

Jesus bore our shame, so we
might share His glory.



Study of Human Thought

- A study completed by the National Science Foundation in 2017 found that
 - Humans have 12k - 60k thoughts per day
 - Of those 80% are negative
 - Of that 95% are repetitive

What Is God's Glory

- Doxa (Greek) - magnificence, excellence, preeminence, dignity, grace
- a most glorious condition, most exalted state
- The Beauty of His Holiness
- God's glory is the perfection that is the culmination of all His attributes that intrinsically are His

Hebrews 12:2

- Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.

Punishment in the Roman Empire

- Whipping and fines were the most common
- Wooden shoes placed on prisoners feet
- Thrown into rivers, weighted
- Thrown off cliffs down slopes into sharp rocks and spikes
- Crucifixion was the worst form of punishment

Isaiah 53:3

- He was despised and rejected by mankind, a man of suffering, and familiar with pain. Like one from whom people hide their faces he was despised, and we held him in low esteem

The Cross

- Passersby mocked Him.
- The soldiers insulted Him.
- The Jewish leaders taunted Him.
- SHAME

Isaiah 53:3

- He was despised and rejected by men, a man of sorrows, and familiar with suffering. Like one from whom men hide their faces he was despised, and we esteemed him not.

Why people experience shame?

- Humiliating experiences in the past.
- Memories of things we did before we knew the Lord.
- Sins of commission as a Christian

Why people experience shame?

- Sins of omission as a Christian.
- Character flaws that you haven't yet grown out of.

Satan wants to keep you...

- Captured
- Convinced that you're not clean
- Feeling dirty
- Feeling ashamed and unworthy

But Jesus

- Endured our shame
- Past, present and future shame!
- Didn't just take it off, he ripped it off of you!
- He took it on himself.

Heisman Trophy



Job 11:14-15

- if you put away the sin that is in your hand and allow no evil to dwell in your tent, then you will lift up your face without shame; you will stand firm and without fear.

Job 22:26

- Surely then you will find delight in the Almighty and will lift up your face to God.

How do you get healed from the wound of shame?

- By faith.

Romans 9:33

- As it is written: "See, I lay in Zion a stone that causes men to stumble and a rock that makes them fall, and the one who trusts in him will never be put to shame."

Romans 10:11

- As the Scripture says, "Anyone who trusts in him will never be put to shame."

Revelation 12:11

- And they overcame him because of the blood of the Lamb and because of the word of their testimony...

How do you get healed from the wound of shame?

- By faith
- Thank Jesus
- Do it daily
- Sharing with others
- Giving thanks is the simplest form of faith

1 Peter 1:10-11

- Concerning this salvation, the prophets, who spoke of the grace that was to come to you, searched intently and with the greatest care,

1 Peter 1:10-11

- trying to find out the time and circumstances to which the Spirit of Christ in them was pointing when he predicted the sufferings of Christ and the glories that would follow.



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