

IRRESISTIBLE

— The Church God Can't Resist —

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"I REFUSE to get stuck in a rut! Today is a new day. My God has fresh revelation for me. What comes from God produces LIFE! I desire fresh life from the Lord, and so today I open up my heart to receive the Word of God that WILL bear the fruit of irresistibility in my life."

Encourages Self-Feeding

The Standard American Diet

The Standard American Diet (SAD) is a modern dietary pattern afflicting American adults and children across the United States with long-term, damaging health consequences. By definition, the Standard American Diet consists of ultra-processed foods, added sugar, fat, and sodium. Consumption of fruits, vegetables, whole grains, legumes, and lean protein is greatly lacking in this diet.

The John 10:10 Diet

- "I came so that they would have life, and have it abundantly."
- God's Living Abundantly Diet
- GLAD

A Self-Feeder Stays Self-Motivated

- A self-feeder lives a life of self-motivated discipline, with a goal to become the man or woman of God that He has predestined you to become!

Psalm 119:32-35

I shall run the way of Your commandments,
For You will enlarge my heart.

Teach me, the way of Your statutes, LORD,
And I shall comply with it to the end.

Give me understanding, so that I may comply with Your Law
And keep it with all my heart.

Make me walk in the path of Your commandments,
For I delight in it.

A Self-Feeder Stays Self-Motivated

- A self-feeder lives a life of self-motivated discipline, with a goal to become the man or woman of God that He has predestined you to become!
- Schedule times of self-feeding
- Welcome accountability
- Show up ready to play!

A Self-Feeder Savors Solitude

- Psalm 46:10 - "Be still and know that I am God"
- Solitude renews a tired heart and brings healing to a wounded spirit.
- Solitude provides the opportunity to scrub out our souls and recalibrate our compass.
- Solitude is not isolation.

A Self-Feeder Hungers for Hearty Meals

- Don't be satisfied with spiritual snack food

“The absence of fasting is the measure of our contentment with the absence of Christ.” Piper adds, “If we don’t feel strong desires for the manifestation of the glory of God, it is not because we have drunk deeply and are satisfied. It is because we have nibbled so long at the table of the world. Our soul is stuffed with small things, and there is no room for the great.”

John Piper

A Self-Feeder Hungers for Hearty Meals

- Don't be satisfied with spiritual snack food
- When was the last time you got the "Bible sweats"?
- Matthew 5:6 - "Blessed are those who **hunger** and **thirst** for righteousness, for they will be satisfied."
- God-sized dreams

A Self-Feeder Stores Up to Share

- Tie self-feeding to a soul
- You can't give away what you don't have.
- Get so good at fishing... that you can feed a village!

A Self-Feeder Stores Up to Share

“God doesn’t comfort us to make us comfortable,
but to make us comforters.”

- Billy Graham

“God doesn’t feed us to make us fat and happy,
but to make us **hungry** to feed others.”

Characteristics of a Self-Feeder

- A self-feeder stays motivated
- A self-feeder savors solitude
- A self-feeder hungers for hearty meals
- A self-feeder stores up to share

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