

Covenant Church

Outline - December 14, 2025

True Peace: A state of quietness in my spirit that transcends circumstances, and comes from a right relationship with God.

What we dwell on matters.

Romans 8:5-6

Every anxious thought is an invitation to trust Christ and His Word.

- Matthew 11:28**

Pursuing Peace for Our Anxious Minds

- 2 Corinthians 10:3-5**

- Strongholds = Thought Patterns that**

Don't Align With God's Word

- Read the Word**

- Replace the Lies With Truth**

- Take Action**

- Recite Scriptures**

- Write It Out**

- Rely on Your Community**

- Pray**

- Worship**