

THE BLESSING OF RECEIVING COMMUNION

NEW BLOOD COVENANT RIGHTS

1 Corinthians 11:23-32 NLT

For I pass on to you what I received from the Lord himself. On the night when he was betrayed, the Lord Jesus took some bread [24] and gave thanks to God for it. Then he broke it in pieces and said, "This is my body, which is given for you. Do this in remembrance of me." [25] In the same way, he took the cup of wine after supper, saying, "This cup is the new covenant between God and his people—an agreement confirmed with my blood. Do this in remembrance of me as often as you drink it." [26] For every time you eat this bread and drink this cup, you are announcing the Lord's death until he comes again. [27] So anyone who eats this bread or drinks this cup of the Lord unworthily is guilty of sinning against the body and blood of the Lord. [28] That is why you should examine yourself before eating the bread and drinking the cup. [29] For if you eat the bread or drink the cup without honoring the body of Christ, you are eating and drinking God's judgment upon yourself. [30] That is why many of you are weak and sick and some have even died. [31] But if we would examine ourselves, we would not be judged by God in this way. [32] Yet when we are judged by the Lord, we are being disciplined so that we will not be condemned along with the world.

3 COMPONENTS OF THE LORD'S SUPPER / COMMUNION

1. BREAD- BODY OF JESUS . WITH HIS STRIPES WE ARE HEALED
2. WINE- HIS BLOOD . HIS LIFE GIVEN FOR OUR LIVES. WE RECRECEIVE FORGIVENESS OF SINS. HIS LIFE IN US
3. BELIVERS - RECEIVE THE ELEMENTS IN FAITH. REFLECTING ON THE BLESSINGS WE RECEIVE BECAUSE OF JESUS CHRIST .

COMMUNION IS A TIME TO REMEMBER ALL THE AMAZING BENEFITS WE RECEIVE BECAUSE OF JESUS CHRIST.

3 REASONS WE MUST REMEMBER

1. WE HAVE A REAL SPIRITUAL ENEMY. WE MUST KEEP HIS THOUGHTS OUT OF OUR HEAD
2. WE MUST REMBER BECAUSE JESUS SAID WE WILL HAVE CHALLENGES IN THIS LIFE BUT HE HAS OVERCOME ALL OF THEM FOR US

John 16:33 AMPC

I have told you these things, so that in Me you may have [perfect] peace and confidence. In the world you have tribulation and trials and distress and frustration; but be of good cheer [take courage; be confident, certain, undaunted]! For I have overcome the world. [I have deprived it of power to harm you and have conquered it for you.]

3. WE MUST MAINTAIN A WINNING ENTHUSIASTIC ATTITUDE BY REMEMBERING THE PROMISES DURING THE CHALLENGES IN LIFE

James 1:2-4 TPT

My fellow believers, when it seems as though you are facing nothing but difficulties, see it as an invaluable opportunity to experience the greatest joy that you can! [3] For you know that when your faith is tested it

stirs up in you the power of endurance. [4] And then as your endurance grows even stronger, it will release perfection into every part of your being until there is nothing missing and nothing lacking.

4 KEY TRUTHS TO REMEMBER IN DIFFICULT SITUATIONS

1. GOD IS ALWAYS WITH ME BECAUSE HE LIVES IN ME
2. GREATER IS THE HOLY GHOST IN ME THAN THE FORCES OF EVIL IN THE WORLD
3. JESUS HAS DEFEATED THE ENEMY. IT'S A FIXED FIGHT. THE WINNER HAS ALREADY BEEN DETERMINED AND DECLARED. YOU WON BEFORE THE CHALLENGE .

Colossians 2:15 NLT

In this way, he disarmed the spiritual rulers and authorities. He shamed them publicly by his VICTORY over them on the cross.

2 Corinthians 2:14 KJV

Now thanks be unto God, which always causeth us to triumph in Christ

4. WE NEED TO REMEMBER BECAUSE WHATEVER WE CONSISTENTLY THINK ABOUT BECOMES OUR REALTY

Proverbs 23:7 KJVS

For as he thinketh in his heart, so is he:

WE MUST FLOOD OUR MINDS WITH THE WINNING WORD OF GOD TO WIN WHEN WE ARE CHALLENGED.

THE PROMISES ANCHORS OUR SOUL.

Hebrews 6:18-19 GW

God did this so that we would be encouraged. God cannot lie when he takes an oath or makes a promise. [19] We have this confidence as a sure and strong anchor for our LIVES (OUR THOUGHTS & EMOTIONS)

KING DAVID REMEMBERED THE BENEFITS HE RECEIVED FOR SERVING GOD

Psalms 103:2 KJVS

Bless the Lord, O my soul, and forget not all his benefits: