

Psalm 16

I will not be shaken

Image Church // Summer in the Psalms// Week 3

Intro

Good morning...

Great trip to Honduras- really excited about all that God's doing there!

- Training and equipping pastors
- Self-sustaining ecosystem
- Coffee is a key to this- you had their coffee on the way in!

We are looking to take a trip next Spring, the big thing we need to knock out is the construction side of things! So, if you're interested, reach out to Pastor Bryson!

This morning, we're continuing our series called series called **Summer in the Psalms**- grateful to my good buddy Nathan for stepping in for me last weekend, he had a great word for us...

Here's what I'm excited about- what you're going to see as we travel through the book of Psalms, is that we will constantly be pointed to pressing deeper into **knowing and experiencing God by leaning into who He is**...

If you have your Bibles go ahead and turn to Psalm 16...

I am a germaphobe...

This is really challenging when I go to the airport... Some places I am forced to comply like security... touching the bins walking with no shoes- I plan for this in what I wear...

But one place I'm not forced to comply is the Tram... *What do you mean?!?* Well everyone gets on there and they hold the rail... Not me...

- Plant my feet and pretend I am surfing...
- Determined though for it not to backfire and fall all over the place (batting .1000)... ***I will not be shaken***...

The thing is, life is a lot like the Tram ride, you can't see where you're going or what's ahead in this life, but we all desire to allow it not to shake us... The problem is it so often does...

What we're going to see this morning is a Psalm written by David that's going to give us the key to not being shaken as he points us to an incredible **confidence** in this life and beyond this life that keeps us **unshakeable**...

This is the beauty of Christianity is that it opens us up so much more...

One other thing, as we walk through this together, **this Psalm is also going to expose some gaps in our lives**... Some places where you're missing who God is, places where you're lacking confidence in God... Some reasons why you get so shook...

Psalm 16

1 Protect me, God, for I take refuge in you.

He starts off with a request for God to protect Him...

- **Protect:** to keep, watch over, guard... ESV uses the word **preserve**...

David has either been through something or is in the midst of something that's led him to a place where it leads him to write this **Psalm of where he lifts his eyes from desperation to declaring, as he places his confidence in the Lord**...

What you're going to see, in these first **6 verses**... David's going to **anchor his faith** in God by declaring his **loyalty** to God by exalting God based on who he knows Him to be...

- *And he's not just reciting a magic spell here... He's allowing the truths of God to shape His heart...*

Then in **verse 7-11** you're going to see the **blessings** that come as a result of who God is...

So, David starts with a desire for protection... But here's what I want you to see, he grounds his desire in the statement right after is... **for I take refuge in you**...

- **Refuge is a safe place**...

David's **hope** for **protection/preservation** is based on the reality that God is His refuge...

- This isn't lip service, this is the reality of his life...
- See, David's confidence rests in the fact that God is his refuge... The rest of this Psalm is true for him because of that...

Here's why this is so important:

- We all want confidence to go through this life... None of us want to be shook...
- The problem is that we want to just call out when it's convenient for us...

For some of you, what you're going to see is that **you're missing the blessings that David is going to hold up because you don't have the loyalty that he has!**

- The good news is that can change today...

Verse 2:

2 I said to the Lord, "You are my Lord; I have nothing good besides you."

God is his greatest treasure above everything else!

Question: *Is that true for you?*

- Really? Could you be convicted based on the evidence in your life?
- Does how you use your **time, talent and treasure** show that to be true?
 - **Appeal:** Serve, give...

For some of you, there's a disconnect here- there is a miss on who God is and what this actually means for your life...

The people that often get the most shook in this life are the people who are **Christians by affiliation**...

Example: Greg H.

- **Christians by affiliation:** feel like they have to run back to religion...

Some of you need to reorient... God is not your greatest treasure- He is not the foundation... And this is a hard place to be...

- When whatever it is you treasure fails you have nothing...
- God will never fail...

David saw God as his greatest treasure; it is where all of his loyalty layed... Is the same true for you?

Verse 3:

3 As for the holy people who are in the land, they are the noble ones. All my delight is in them.

4 The sorrows of those who take another god for themselves will multiply; I will not pour out their drink offerings of blood, and I will not speak their names with my lips.

David is saying he will not turn to other Gods during his time of need...

The reality is though you and I turn to other gods:

- Job
- money/success/comfort
- Sexual fulfilment- in a person or a screen (Aphrodites- Greek Goddess)
- Substances- Alcohol/drugs
- Social media...

Rather than turning to other gods David says this is **verse 5**:

**5 Lord, you are my portion
and my cup of blessing;
you hold my future.**

Think of a table with food on it¹...

You satisfy, you sustain...

Is this true for you? Do you see God as the only things that can truly satisfy and sustain you?

Here's a big one: Do you really believe that God's the one that holds your future? We are good at saying this, but we're not good at believing this...

- We don't want to get let down...
- But we have to change the way that we see God- He's not after our harm- He's a good daddy- Everything He does through love- for our good and His glory!

Verse 6:

**6 The boundary lines have fallen for me
in pleasant places;
indeed, I have a beautiful inheritance.**

David's talking about the faithfulness of God... In the past, present and future...

Can you look back in your life and see the hand of God?

**7 I will bless the Lord who counsels me—
even at night when my thoughts trouble me.**

He says, it's God who counsels me...

It is Google who counsels me!

God is who Counsels!

How does the Lord counsel you?

- Word of God, people of God, Spirit of God...

Talk about post-COVID inconsistencies...

**8 I always let the Lord guide me.
Because he is at my right hand,
I will not be shaken.**

Statement of confidence...

How did David get here? Rehearsing the realities of who God is and his loyalty to God...

We need to learn from this...

Example: personally this is true for me...

Verse 9:

**9 Therefore my heart is glad
and my whole being rejoices;
my body also rests securely.**

¹ Influenced by John Piper, *The Path to Full and Lasting Fulfillment*.

The Joy here is based off the confidence expressed in verse 8.

You see how this is all linked together...

Heart is glad: some of you need to be reminded of this...

Rest securely

Verse 10: *all linked together here ... I will not be shaken, my heart is glad, I rest securely...*

10 *For you will not abandon me to Sheol;
you will not allow your faithful one to see decay.*

Now we have to think about this for a second...

Acts 2:29-32

29 "Brothers and sisters, I can confidently speak to you about the patriarch David: He is both dead and buried, and his tomb is with us to this day. **30** Since he was a prophet, he knew that God had sworn an oath to him to seat one of his descendants on his throne. **31** Seeing what was to come, he spoke concerning the resurrection of the Messiah: **He was not abandoned in Hades, and his flesh did not experience decay.**

32 "God has raised this Jesus; we are all witnesses of this.

Verse 11:

11 You reveal the path of life to me;
in your presence is abundant joy;
at your right hand are eternal pleasures.

Flesh out the beauty of this- the hope in this- in light of Christ!

John Piper: God will bring you—body and soul—through life and death to full and everlasting pleasure, if he is your safest refuge, and your supreme treasure, and your sovereign Lord, and trusted counselor.

Conclusion [VAMP]

Some of you need...

Appeal to Christian...

Appeal to non-Christian...

Pray time down front...