

## “Is It Helping?”

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus. Phil. 4:6,7

1. Your \_\_\_\_\_ isn't helping!  
(Mt. 6:27; Phil. 4:6a)
2. \_\_\_\_\_ is Satan's counterfeit to \_\_\_\_\_.  
(Phil, 4:6; Jn. 8:44; 2 Cor. 4:4; Eph. 2:2; 1 Jn. 5:19; Gen. 1:26-28; Jn. 14:30; Mt. 4:8; Jn. 18:36; 2 Pet. 3:7; Rev. 21:1; 2 Tim. 2:12; Rev. 20:16; Col. 1:13)
3. Prayer changes \_\_\_\_\_.  
(Exod. 32:7; 1Tim. 2:1,2)
4. Prayer changes \_\_\_\_\_.  
(Rom. 8:29; 2 Cor. 12:7-10)

## Discussion Questions

1. Review your sermon notes. What stood out the most to you? Why?
2. Describe a time when you prayed and the circumstances changed.
3. Describe a time when you prayed and YOU were changed.
4. Why is it so much easier to worry than to pray?
5. What can/should be done to turn worries into prayers?
6. Why is it so hard for Christians to pray regularly for their government leaders, and yet so easy to criticize them. What should be done about this?
7. What is one thing from this message that you will share with someone else?

