

**“Blessed”**  
Ephesians 1:3

**An overview of Ephesians:**

The major theme of the book of Ephesians is

“ \_\_\_\_\_ ” (Eph. 1:3; 4:15).

Chapters 1-3 are \_\_\_\_\_.

Chapters 4-6 are \_\_\_\_\_.

**Some key lessons from Ephesians:**

1. Read the book of Ephesians like it was written for \_\_\_\_\_,  
because it \_\_\_\_\_ (Eph. 1:1,2).

2. God’s plan is to \_\_\_\_\_ you down to the deepest  
\_\_\_\_\_ of your being, \_\_\_\_\_  
(Eph. 1:3).



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Pastor Perry Alexander  
Real Christianity

New to Kailua Community Church? Let’s get acquainted!



**Discussion Questions**

1. What is one of the best letters you have ever received? Why was it the best?
2. Do you FEEL blessed? Why or why not? What would it take to make you feel blessed if you don’t already feel that way?
3. Would you rather have physical blessings or spiritual blessings? Be honest. :-) Why did you answer the way you did?
4. Read Matt. 5:10,11. Some blessings don’t “feel” like blessings. Why is that? How are the things mentioned in this passage blessings?
5. Not all of God’s blessings come with a “good feeling” or an easy life. How can one have a more eternal view of such blessings?
6. The Apostle Paul felt very blessed in spite of very difficult circumstances. How is that possible?  
(Hint: Read 2 Cor. 4:16-18.)
7. Would you rather be a blessing or receive a blessing? Why?