

Necessary Nourishment

You are worried and distracted by many things; but only one thing is necessary...”

Luke 10:41b-42a

WHAT IS ETERNAL LIFE?

Eternal life is _____ Jesus.
(Jn. 17:3; Matt. 6:21)

HOW TO HAVE ETERNAL LIFE:

_____ Jesus into your life.
(Lk. 10:1,17,25-38)

Don't let God's _____ distract you from God's _____.
(Lk. 8:7,14; 10:39-41; 20:1)

Be nourished by God's Word, _____.
(Lk. 10:39-42; Jn. 6:27; 11:27,32; 12:1-3; Acts 22:3; Mt. 4:4)

What is one way the Holy Spirit is inviting you to be nourished more fully by God's Word?



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August 6 & 7, 2022
Necessary Nourishment
Meals with Jesus Series

Discussion Questions

1. Read Luke 10:38-42 aloud. What stands out to you?
2. Calculate how many hours/dollars you spend on food a month (grocery store, prep, eating, cleaning, etc.).
3. Why do you think God made our bodies so dependent on consistent physical nourishment?
4. Calculate how often you are nourished by the Word of God (His Created, Incarnational (communion), and Written Word).
5. Why do you think God made our spirit so dependent on consistent spiritual nourishment?
6. It is said that the best way to make a Christian feel like they aren't a good Christian is to ask them if they pray or read the Bible enough—clearly we can't ever do so enough. How does Romans 8:1 speak to this?
7. Read John 17:3. How does Jesus' definition of eternal life impact how you live now?
8. Is it easier for you to welcome Jesus how Martha or Mary did?
9. Does the Work of God ever distract you from the Word of God? If so, when/how/why?
10. What structures/schedules of your life allow you to have the time/space to sit at the Lord's feet and listen to His Word?
11. What structures/schedules of your life hinder you from having the time/space to sit at the Lord's feet and listen to His Word?
12. What is your favorite way to "sit at the Lord's feet" and listen to His Word?
13. Pray for one another to be nourished by God's Word, consistently.