

“The Prayer Dance”

Now from the sixth hour darkness fell upon all the land until the ninth hour. About the ninth hour Jesus cried out with a loud voice, saying, “Eli, Eli, lama sabachthani?” that is, “My God, My God, why have You forsaken Me?”

Matthew 27:45,46

1. Let _____ and _____ dance together.

(Job 7:11,20; 13:5; Lk. 22:44; Mt. 27:46)

2. You don’t dance _____. The _____
_____ dances with you! (Rom. 8:34,35,37)



The Prayer Dance
Prayer: Why Bother?
Perry Alexander
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Discussion Questions

1. Review your sermon notes
2. What most “struck” you in this sermon? Why?
3. When have you been most moved to pray? Why?
4. In what ways has God used suffering in your life?
5. The Holy Trinity partners (“dances”) with you in prayer. How does that make you feel?
6. In what other areas of your life is the Holy Trinity involved?
7. Many of the Psalms are “prayers of lament” where prayer and suffering “dance” together. See if you can find one or two of these Psalms and read them out loud. What do you learn from them?