

Seven Gifts for a Healthy Family: Biblical Wisdom for Marriage and Family Life

#1 — A loving _____:

Make this relationship a priority! (Eph. 5:22–23; 5:33)

#2 — A _____ team:

Stand together; speak as one! (Gen. 2:18)

#3 — Spiritual _____:

Be real, not perfect. (Deut. 6:5–7)

#4 — Respect for _____:

At home and beyond. (Eph. 6:1–3)

#5 — Focus on _____

over performance. (1 Jn. 4:7)

#6 — Let each child _____:

Let them learn and grow. (Rom. 12:3–5)

#7 — Give _____!

We all need it. (Eph. 4:32)

Closing:



February 22, 2026
Dr. Dale and Becky Burke

New to Kailua Community Church? Let's get acquainted!



Discussion Questions

Review:

- Loving marriage
- A unified team
- Spiritual authenticity
- Respect for authority
- Focus on character over performance
- Let them be unique and normal
- Give grace freely!



1. Read Deuteronomy 6:1–7 and reflect on your family's future legacy and your desire to build a healthy family now (or prepare for one as a single adult).
2. Are you modeling an "authentic personal faith" for your children or friends to observe?
And how are you making your children's spiritual life a priority and valuing character over performance?
3. Review the 7 Gifts from your notes or the list above and reflect on the questions below:
 - * Which are you currently giving freely and consistently to your children?
 - * Which do you need to begin doing more, or giving to them more consistently?
4. When your children struggle or fail, and need discipline, do you give it with loving GRACE and a sense of HOPE?
5. What are one or two changes you want to make this week to help you begin building a healthier marriage or family?