



just



SAY

NO

part 6 | february 21, 2024

1 corinthians 15:33; proverbs 13:20

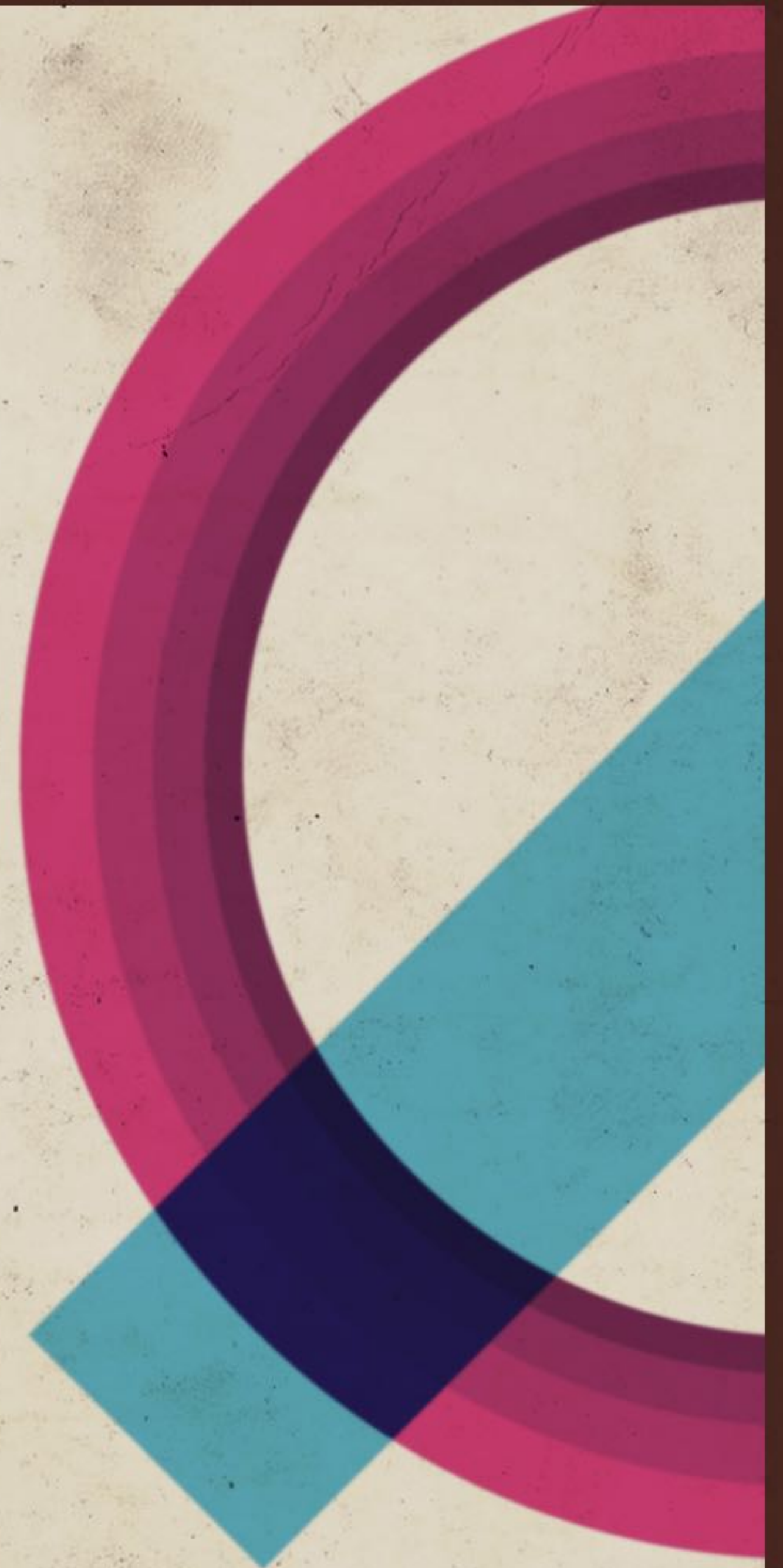


PRINCIPLE 1:

**Influence is not from
Your Position; it is
from Your Disposition**

1 SAMUEL 9:2

And he had a son whose name was Saul, a handsome young man. There was not a man among the people of Israel more handsome than he. From his shoulders upward he was taller than any of the people.



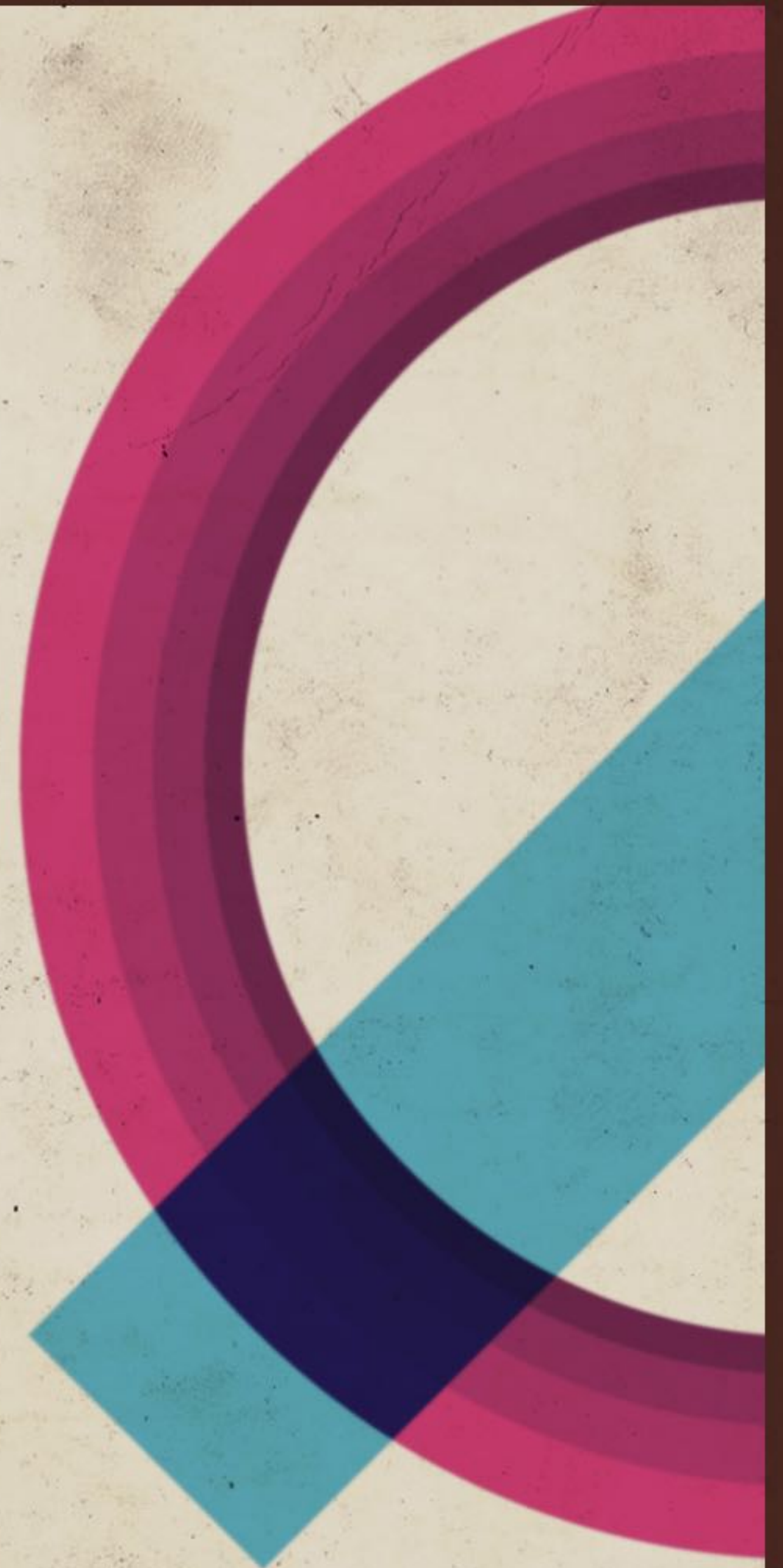


1 SAMUEL 9:21

Saul answered, "Am I not a Benjaminite, from the least of the tribes of Israel? And is not my clan the humblest of all the clans of the tribe of Benjamin? Why then have you spoken to me in this way?"

1 SAMUEL 10:9-10

When he turned his back to leave Samuel, God gave him another heart. And all these signs came to pass that day. 10 When they came to Gibeah, behold, a group of prophets met him, and the Spirit of God rushed upon him, and he prophesied among them. And when all who knew him previously saw how he prophesied with the prophets, the people said to one another, "What has come over the son of Kish? Is Saul also among the prophets?"



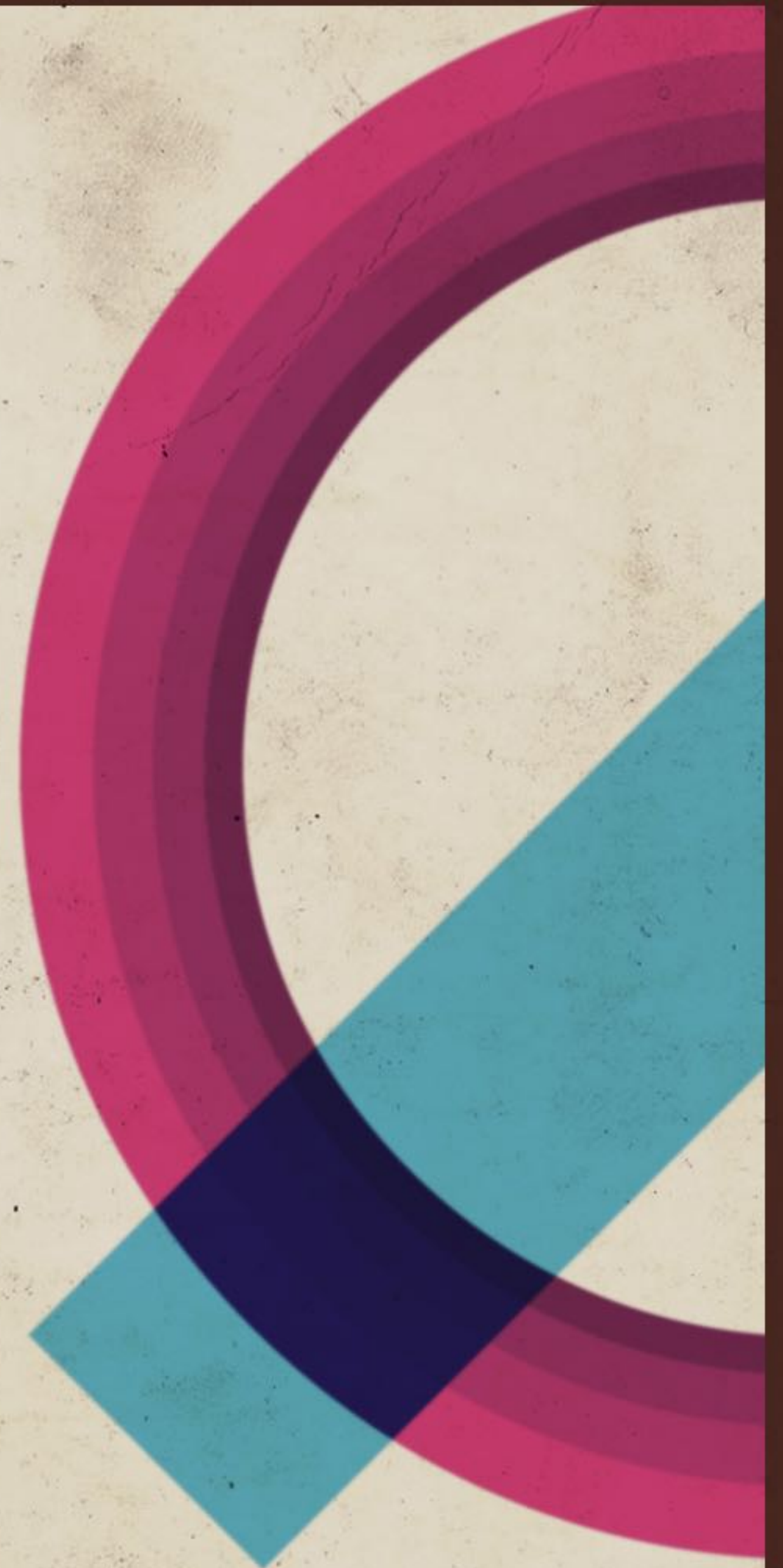


1 SAMUEL 10:21-22

He brought the tribe of Benjamin near by its clans, and the clan of the Matrites was taken by lot; and Saul the son of Kish was taken by lot. But when they sought him, he could not be found. 22 So they inquired again of the LORD, "Is there a man still to come?" and the LORD said, "Behold, he has hidden himself among the baggage."

1 SAMUEL 31:4, 6

Then Saul said to his armor-bearer, "Draw your sword, and thrust me through with it, lest these uncircumcised come and thrust me through, and mistreat me." But his armor-bearer would not, for he feared greatly. Therefore Saul took his own sword and fell upon it. ... 6 Thus Saul died, and his three sons, and his armor-bearer, and all his men, on the same day together.

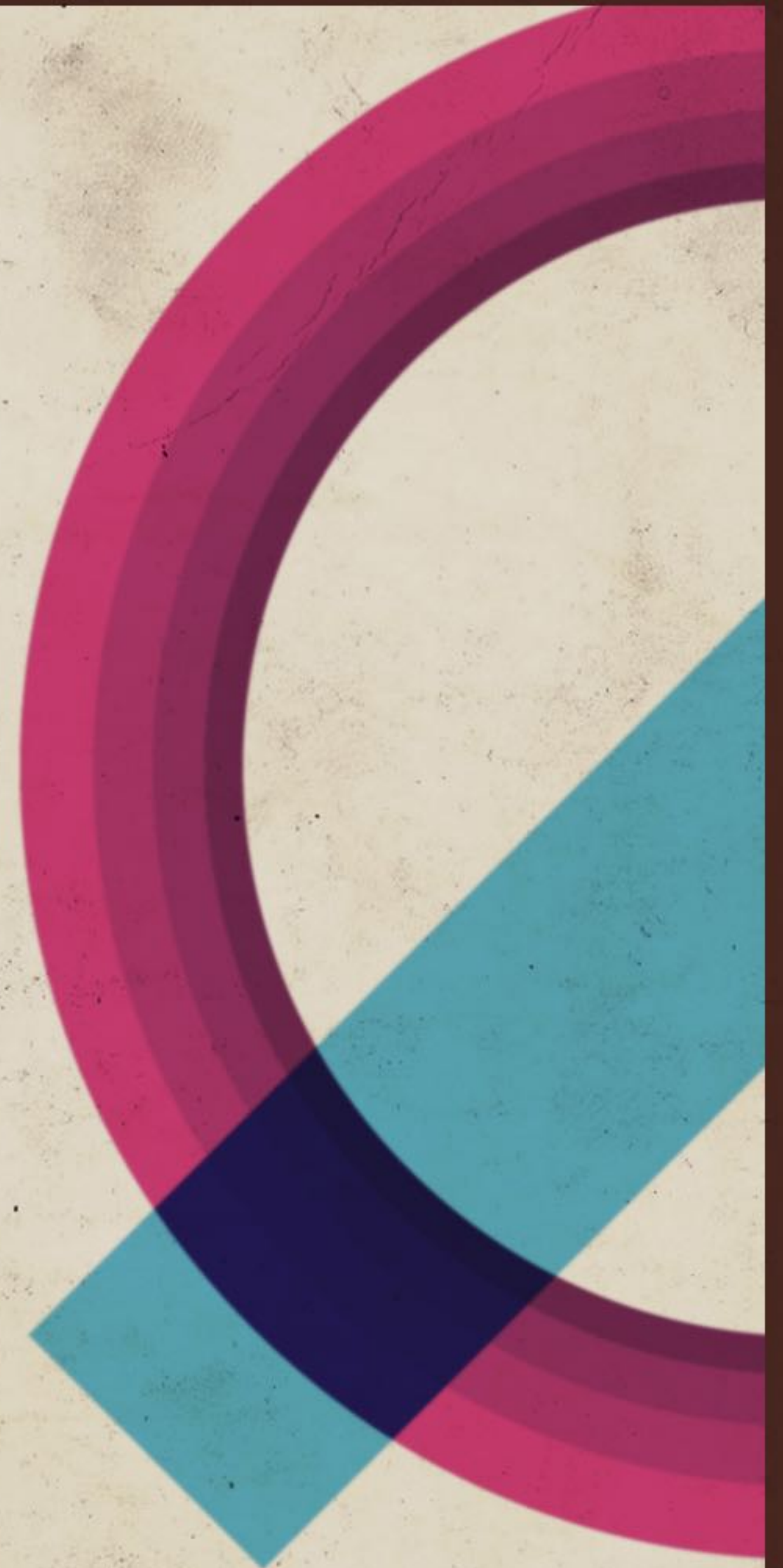




1 SAMUEL 31:8-10

8 The next day, when the Philistines came to strip the slain, they found Saul and his three sons fallen on Mount Gilboa. **9** So they cut off his head and stripped off his armor and sent messengers throughout the land of the Philistines, to carry the good news to the house of their idols and to the people. **10** They put his armor in the temple of Ashtaroth, and they fastened his body to the wall of Beth-shan.

**THE WORD
TOXIC MEANS
“POISONOUS.”**





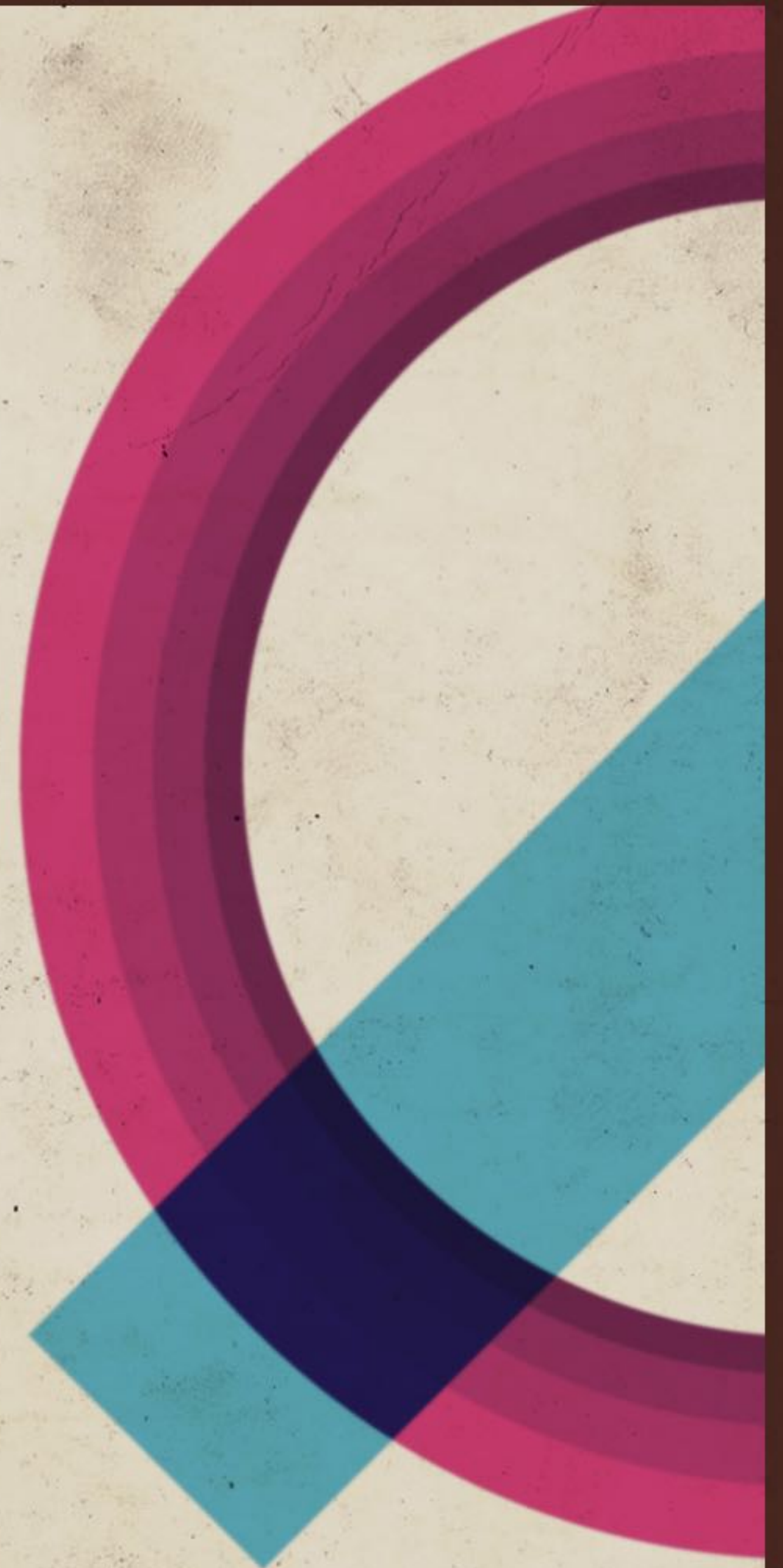
1 SAMUEL 13:8-10

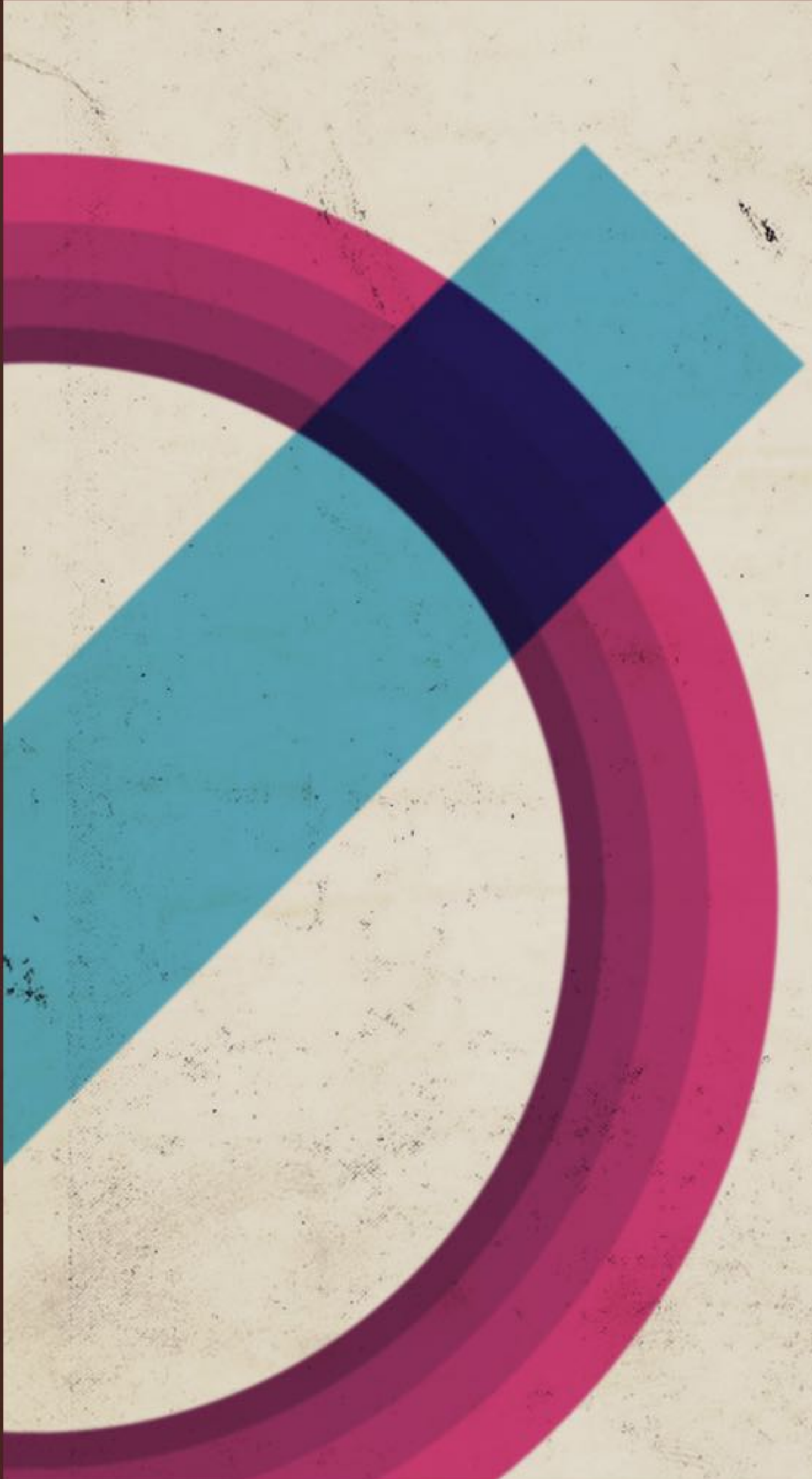
And he tarried seven days, according to the set time that Samuel [had appointed]: but Samuel came not to Gilgal; and the people were scattered from him. 9 And Saul said, Bring hither a burnt offering to me, and peace offerings. And he offered the burnt offering. 10 And it came to pass, that as soon as he had made an end of offering the burnt offering, behold, Samuel came; and Saul went out to meet him, that he might salute him.

PRINCIPLE 1:

Toxic People are

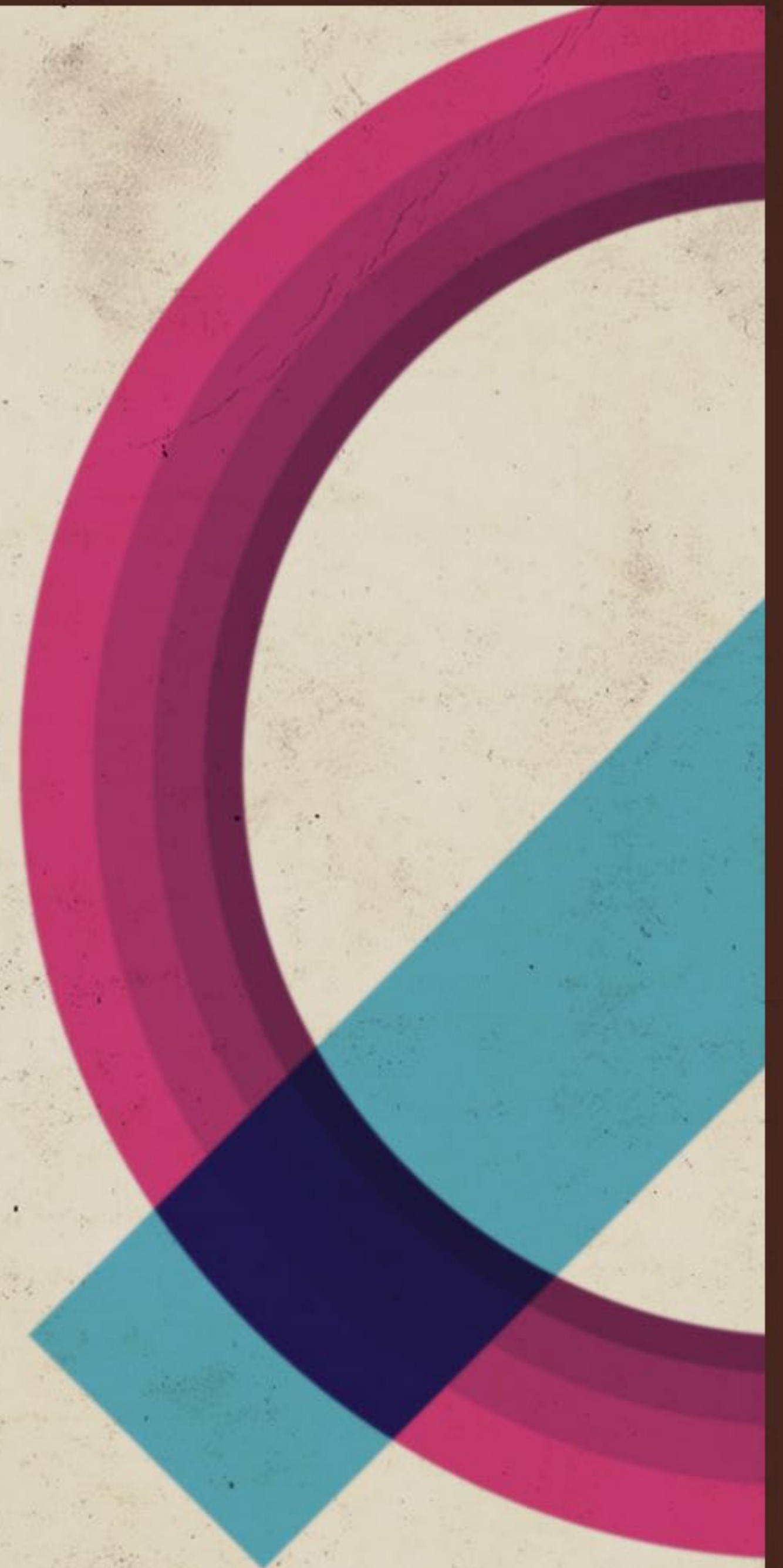
Narcissistic





Toxic people may pretend they are doing something for someone else, but always have an ulterior motive that will benefit them.

When you find yourself in a relationship with a person, where the relationship is completely one-sided and the other person is “always right” – you are probably in a toxic relationship



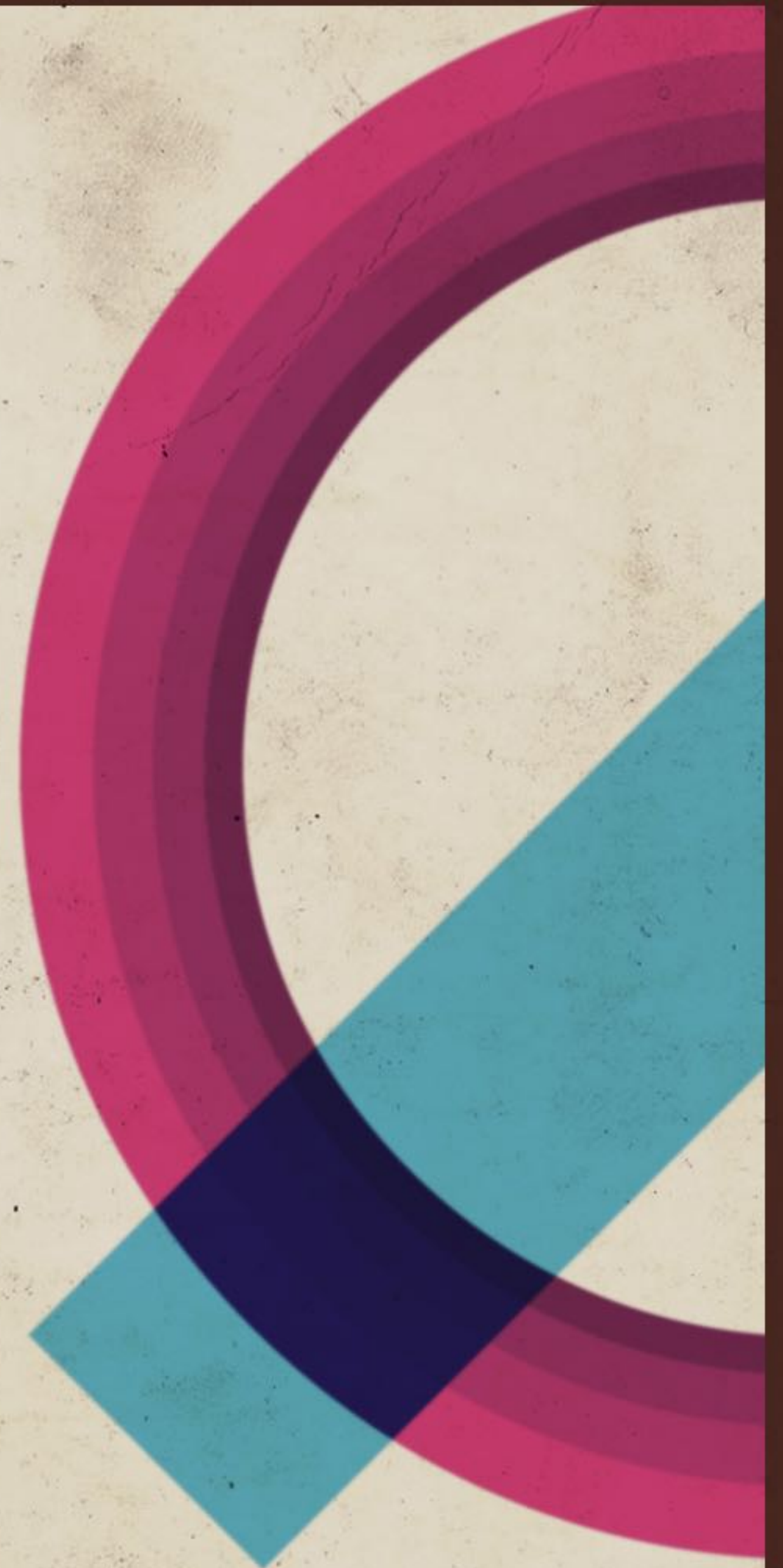


PROVERBS 16:18

**Pride goes before a fall
and a haughty spirit
before destruction**

PHILIPPIANS 2:3-4

Let nothing be done through strife or vainglory; but in lowliness of mind let each esteem other better than themselves. Look not every man on his own things, but every man also on the things of others.



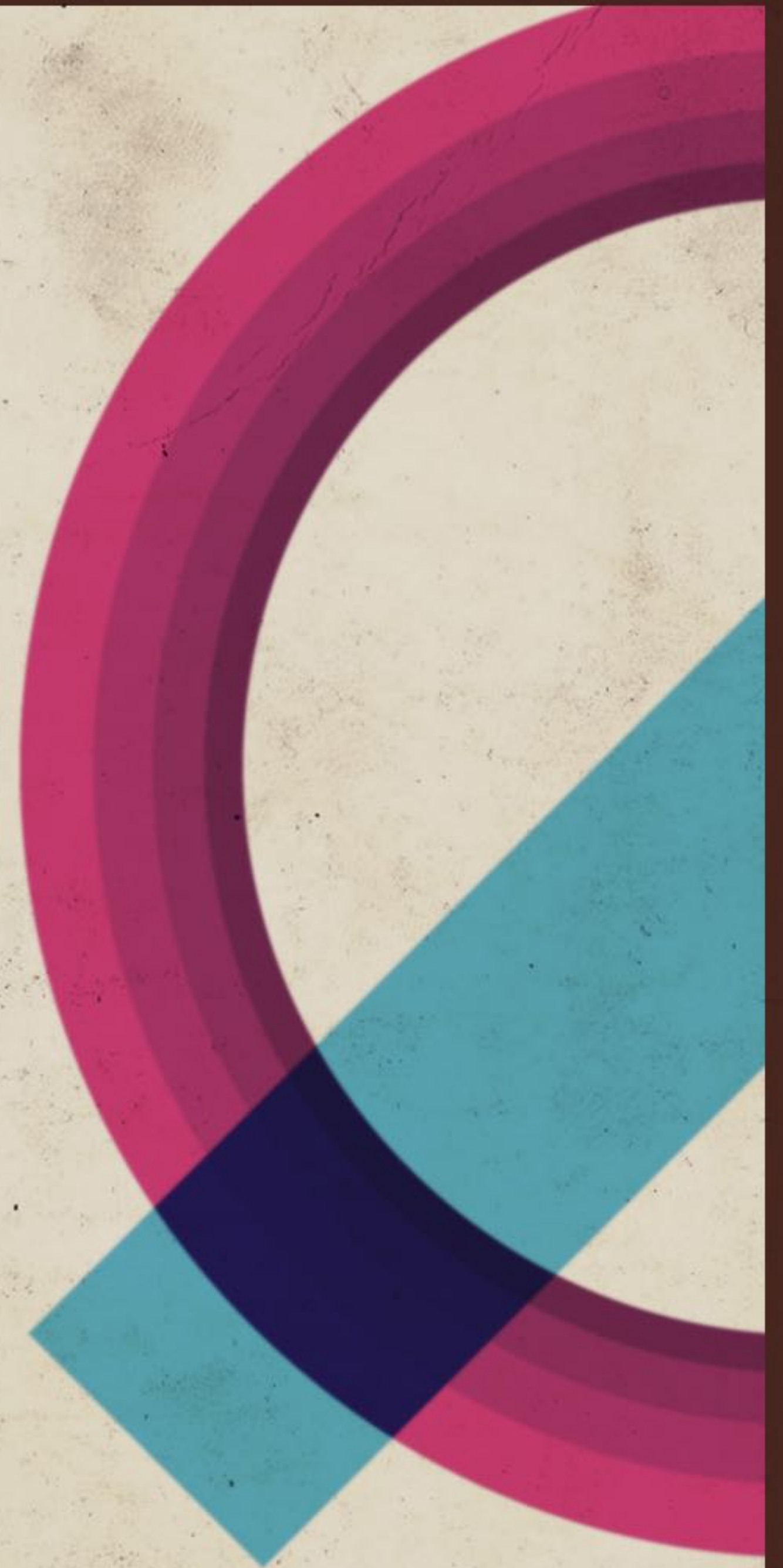


MATTHEW 5:37

**But let your communication
be, Yea, yea; Nay, nay: for
whatsoever is more than
these cometh of evil.**

JUDE 1:20

**But ye, beloved, building up
yourselves on your most
holy faith, praying in the
Holy Ghost,**





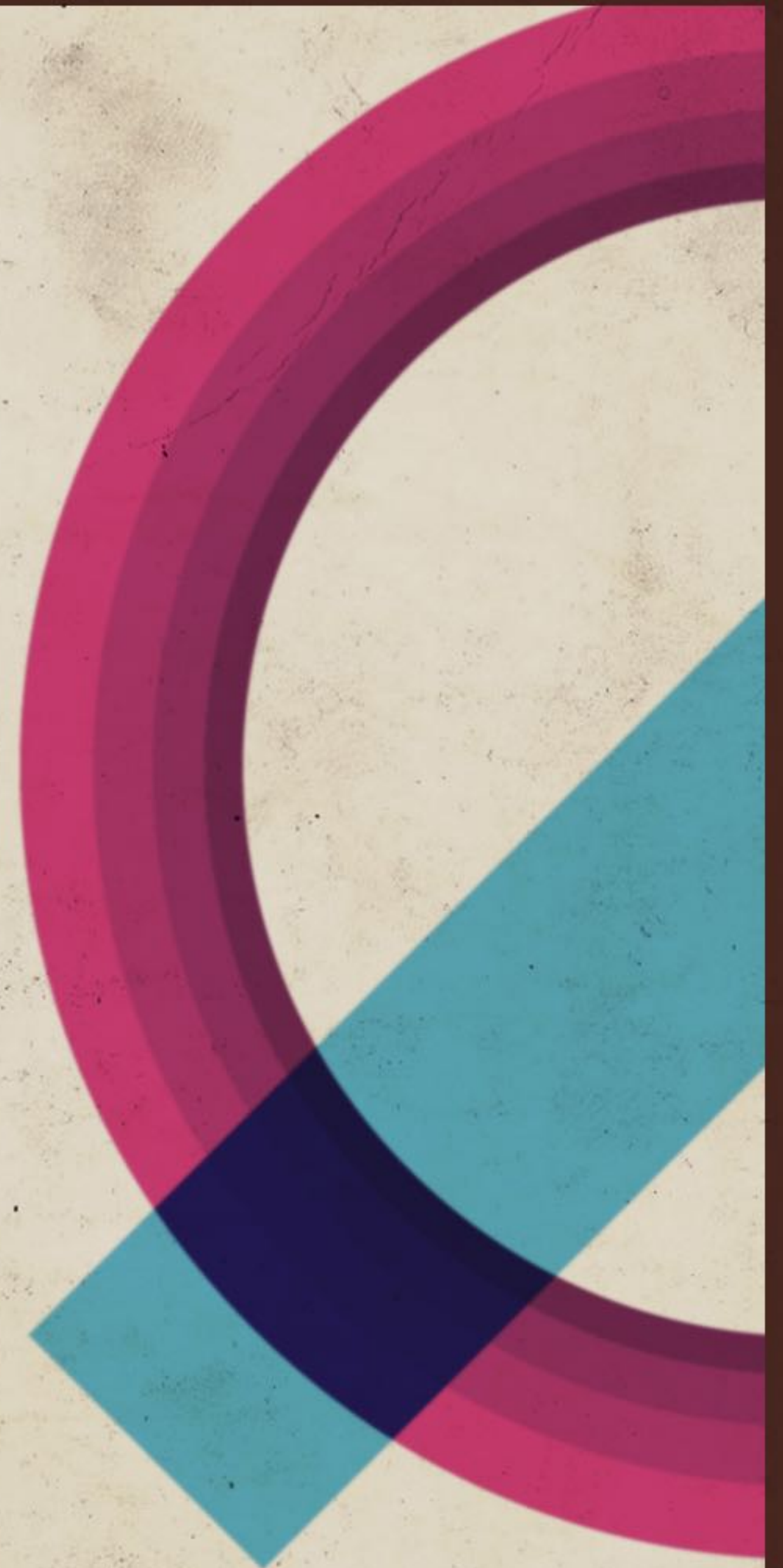
ECCLESIASTES 4:9, 12

**Two [are] better than one;
because they have a good reward
for their labour. ... 12 And if one
prevail against him, two shall
withstand him; and a threefold
cord is not quickly broken.**

PRINCIPLE 2:

Toxic People

Thrive on Drama





1 SAMUEL 14:24-30

And the men of Israel had been hard pressed that day, so Saul had laid an oath on the people, saying, "Cursed be the man who eats food until it is evening and I am avenged on my enemies." So none of the people had tasted food. 25 Now when all the people came to the forest, behold, there was honey on the ground. 26 And when the people entered the forest, behold, the honey was dropping, but no one put his hand to his mouth, for the people feared the oath.

1 SAMUEL 14:24-30

27 But Jonathan had not heard his father charge the people with the oath, so he put out the tip of the staff that was in his hand and dipped it in the honeycomb and put his hand to his mouth, and his eyes became bright. 28 Then one of the people said, "Your father strictly charged the people with an oath, saying, 'Cursed be the man who eats food this day.'" And the people were faint. 29 Then Jonathan said, "My father has troubled the land. See how my eyes have become bright because I tasted a little of this honey. 30 How much better if the people had eaten freely today of the spoil of their enemies that they found. For now the defeat among the Philistines has not been great."

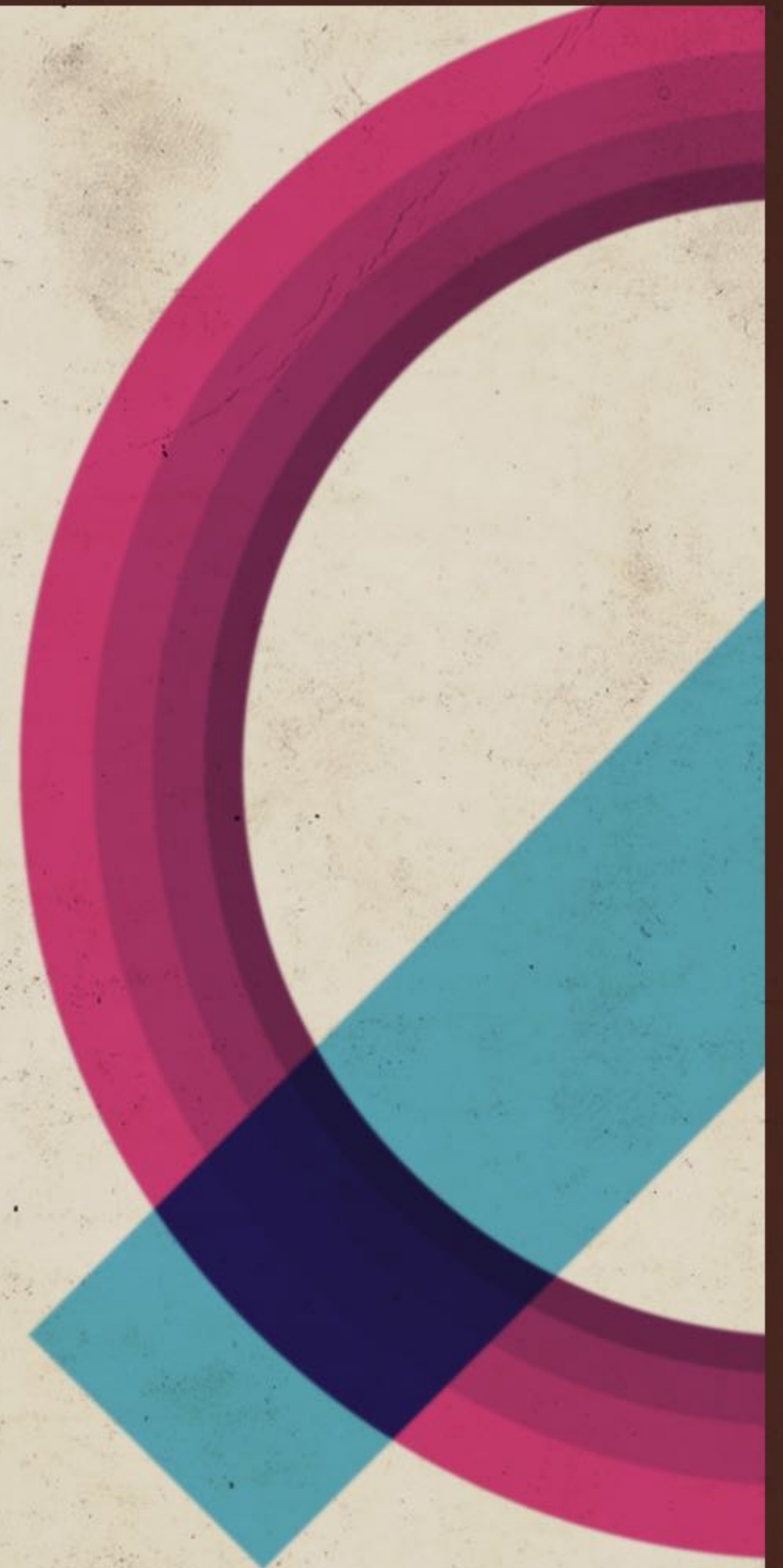


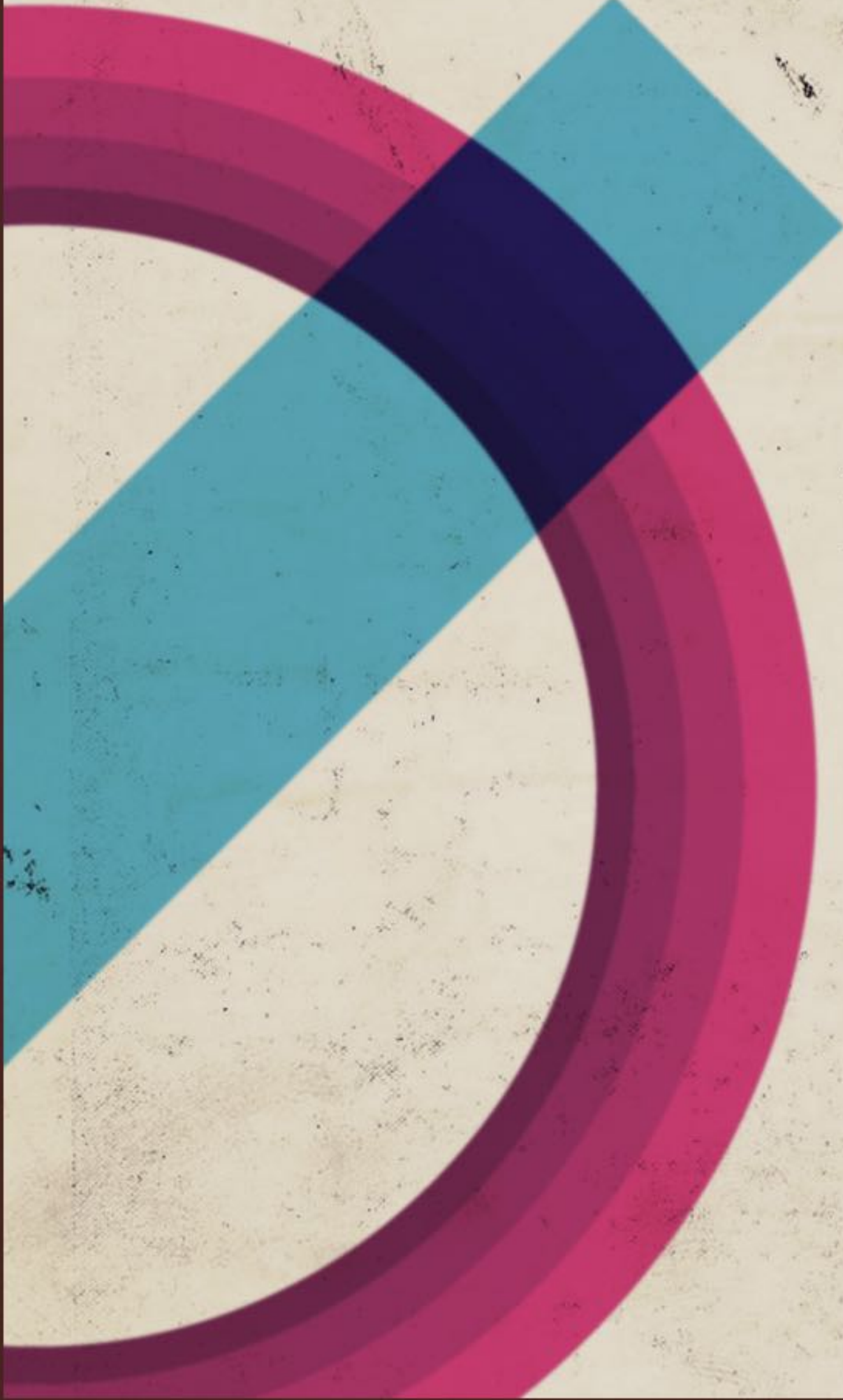


1 SAMUEL 14:43-46

Then Saul said to Jonathan, "Tell me what you have done." And Jonathan told him, "I tasted a little honey with the tip of the staff that was in my hand. Here I am; I will die." 44 And Saul said, "God do so to me and more also; you shall surely die, Jonathan." 45 Then the people said to Saul, "Shall Jonathan die, who has worked this great salvation in Israel? Far from it! As the LORD lives, there shall not one hair of his head fall to the ground, for he has worked with God this day." So the people ransomed Jonathan, so that he did not die. 46 Then Saul went up from pursuing the Philistines, and the Philistines went to their own place.

**Toxic people enjoy
complicating what
would otherwise be
simple situations
because it keeps
attention focused on
them.**

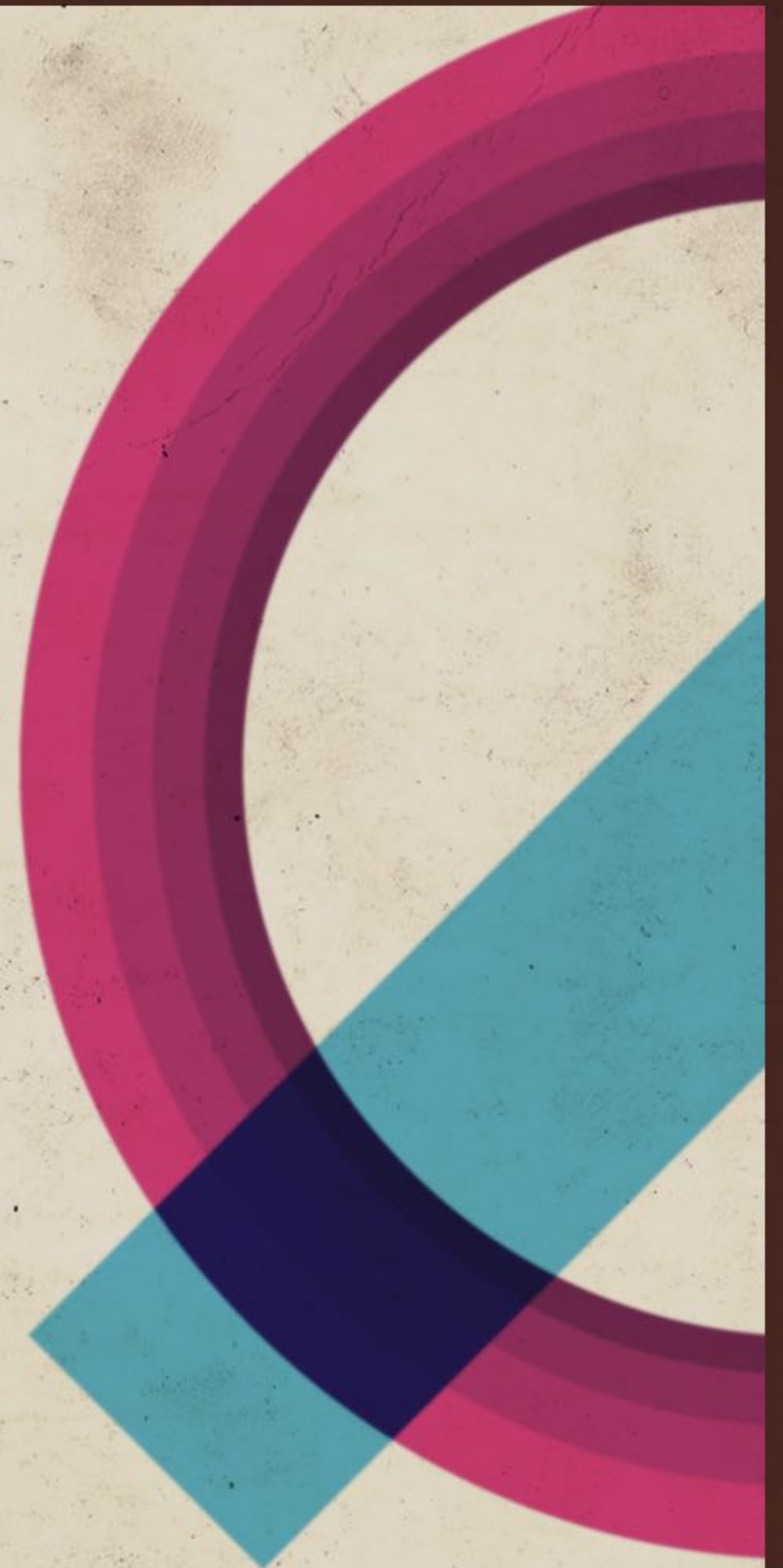


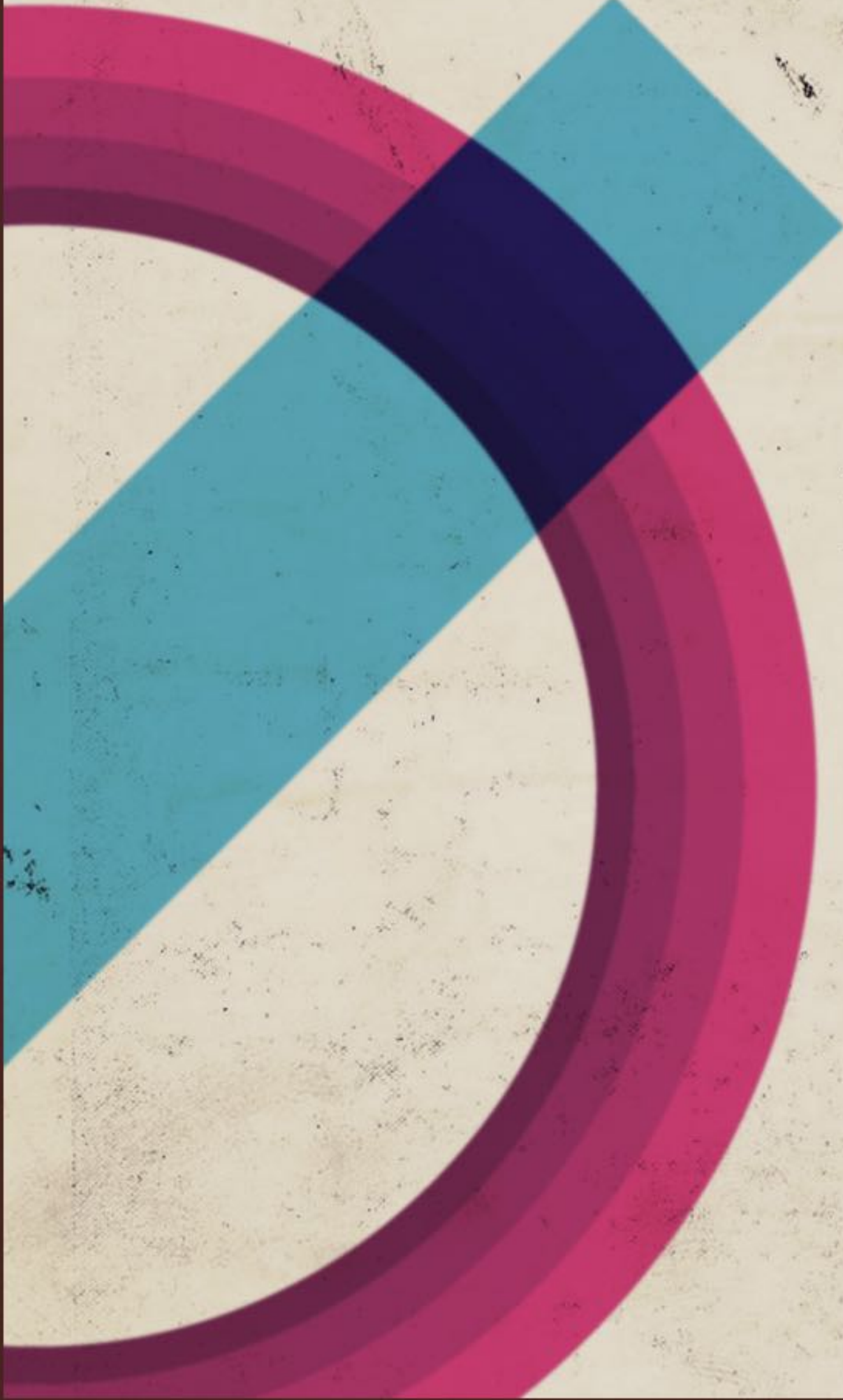


PRINCIPLE 3:
Toxic People
Play the Victim

1 SAMUEL 13:11-12

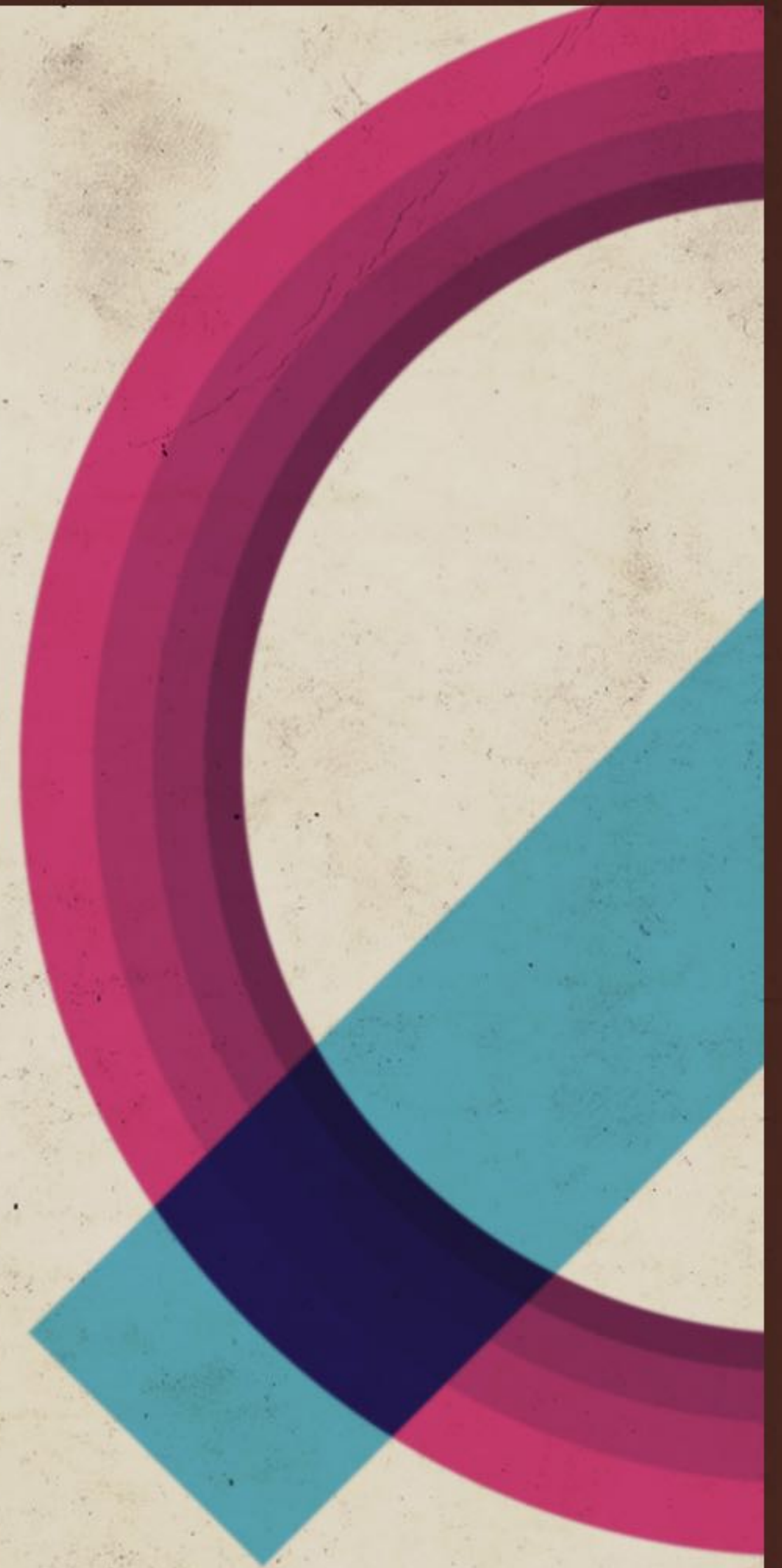
Samuel said, "What have you done?" And Saul said, "When I saw that the people were scattering from me, and that you did not come within the days appointed, and that the Philistines had mustered at Michmash, 12 I said, 'Now the Philistines will come down against me at Gilgal, and I have not sought the favor of the LORD.' So I forced myself, and offered the burnt offering."





**A VICTIM
MENTALITY BLAMES
EVERYONE ELSE FOR
WHAT HAPPENS IN
YOUR WORLD**

Toxic people love to appear as martyrs and will even make up situations that portray them in that light.

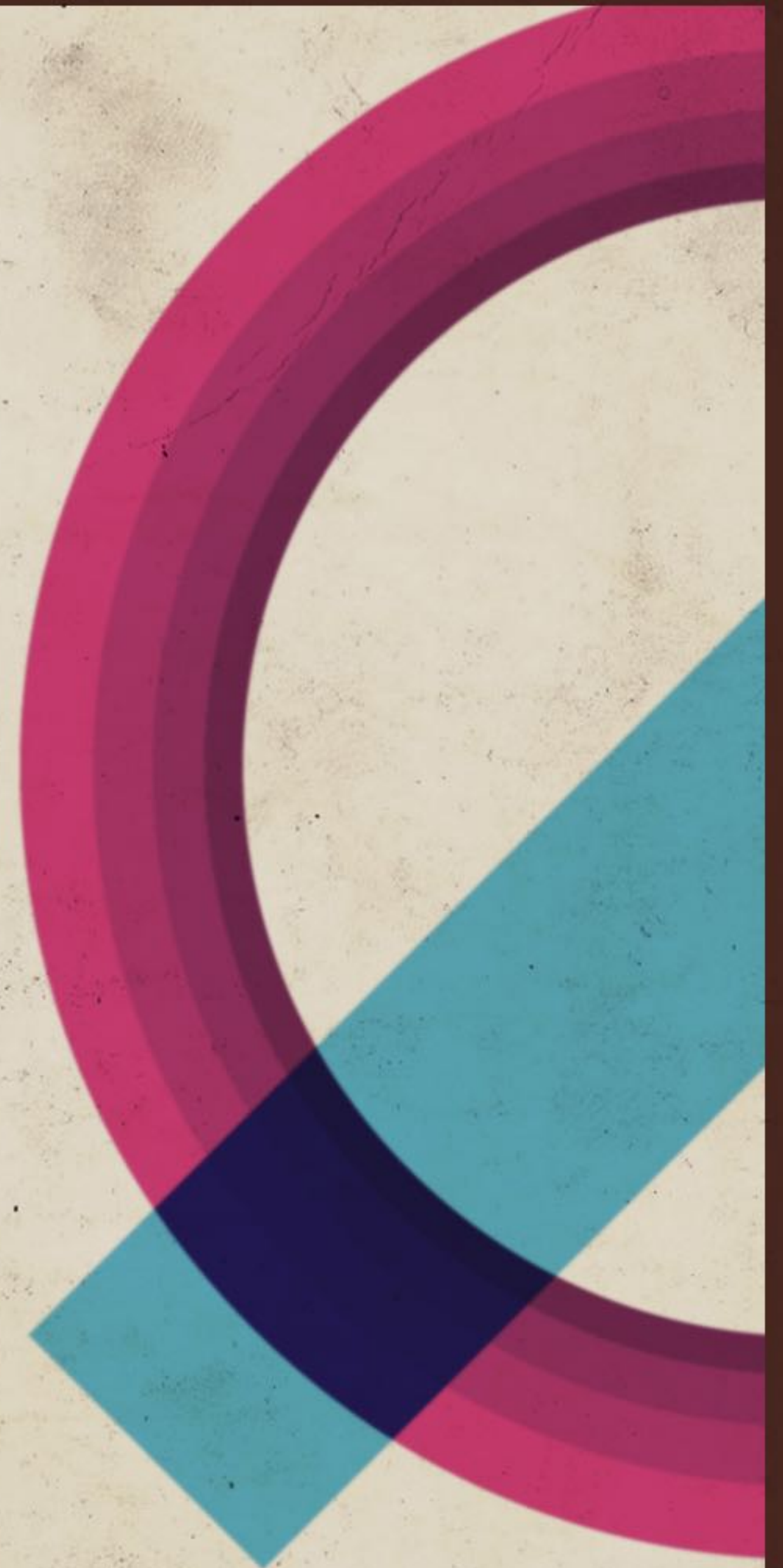




**A VICTIM MENTALITY
THINKS THE FUTURE
ONLY HOLDS BAD
THINGS FOR YOU**

1 SAMUEL 15:3

**Now go and smite Amalek,
and utterly destroy all that
they have, and spare them
not; but slay both man and
woman, infant and suckling,
ox and sheep, camel and ass**



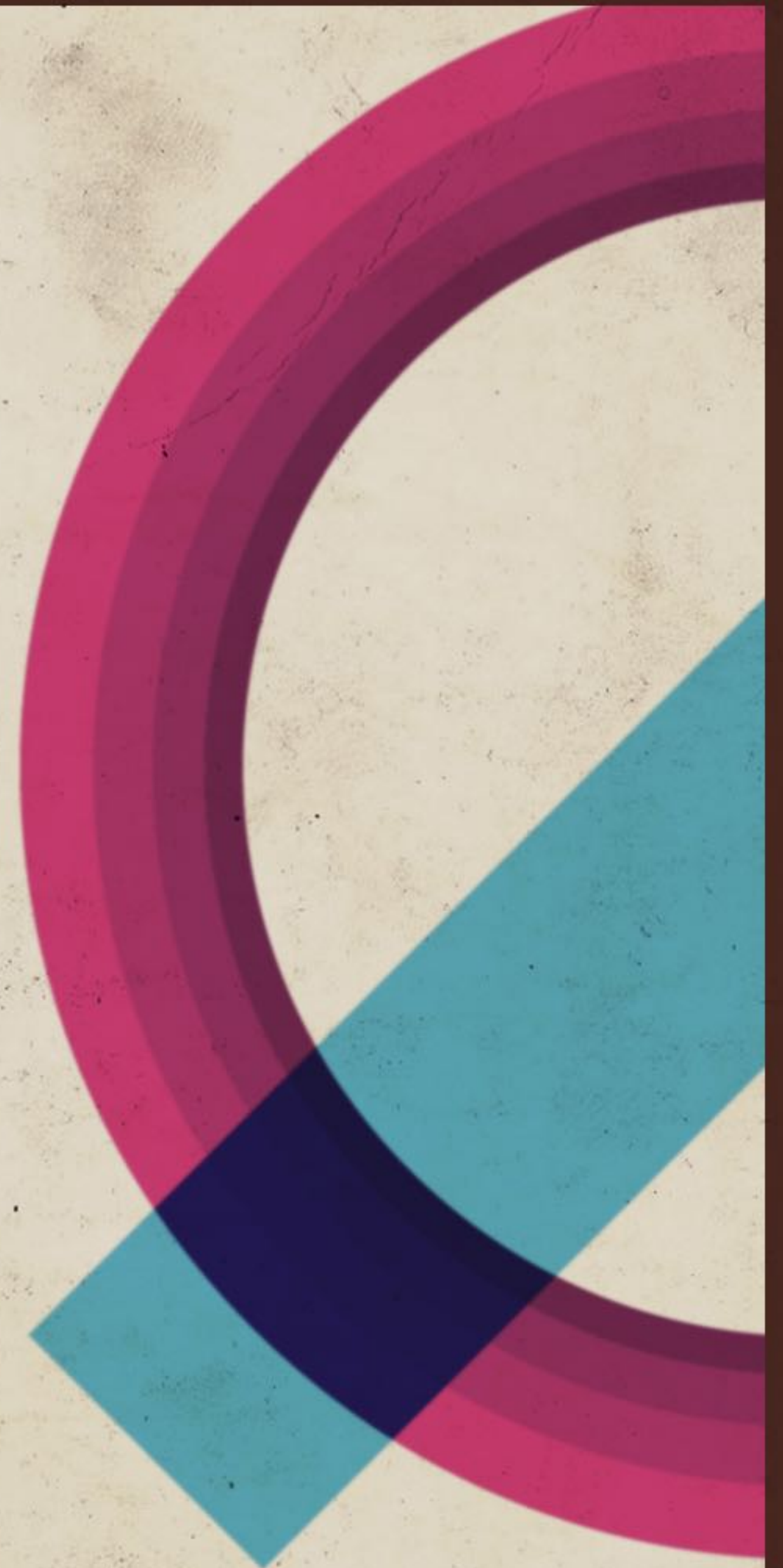


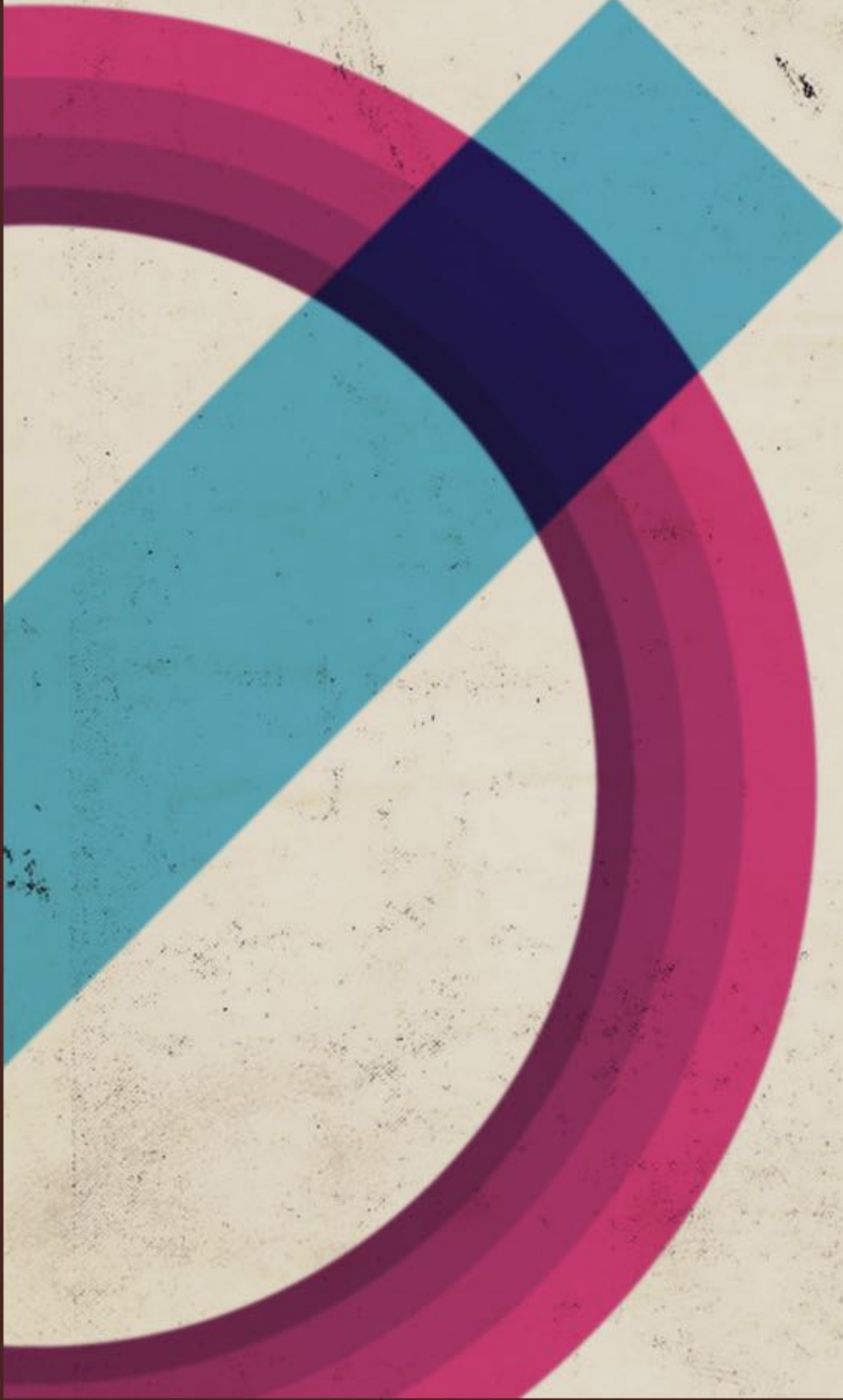
1 SAMUEL 15:9

But Saul and the people spared Agag, and the best of the sheep, and of the oxen, and of the fatlings, and the lambs, and all [that was] good, and would not utterly destroy them: but every thing [that was] vile and refuse, that they destroyed utterly.

1 SAMUEL 15:3

**And Samuel came to Saul:
and Saul said unto him,
Blessed [be] thou of the
LORD: I have performed the
commandment of the LORD.**

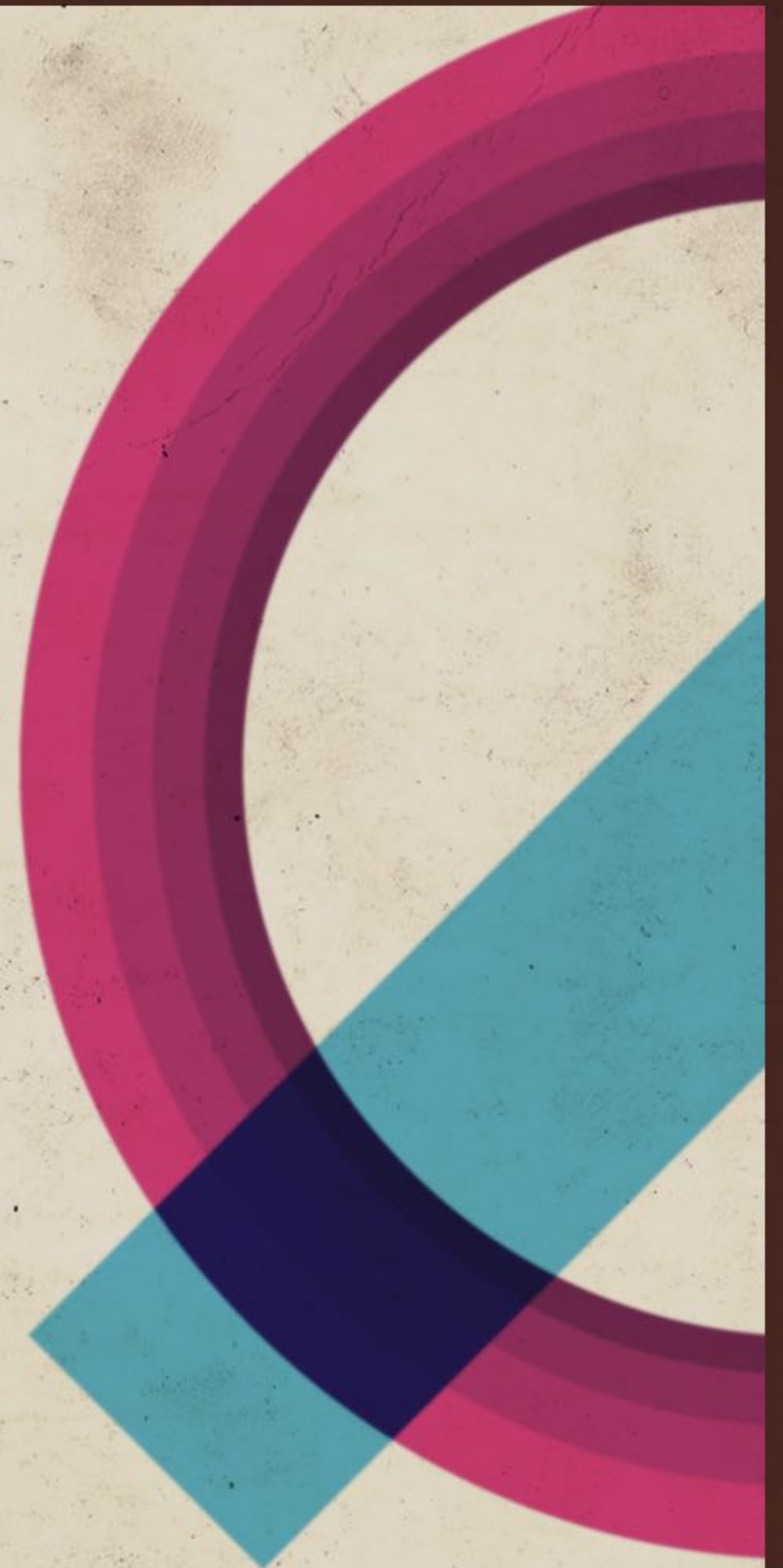




PRINCIPLE 4:
Toxic People Are
Chronic Liars

1 SAMUEL 15:14-15

And Samuel said, What [meaneth] then this bleating of the sheep in mine ears, and the lowing of the oxen which I hear? 15 And Saul said, They have brought them from the Amalekites: for the people spared the best of the sheep and of the oxen, to sacrifice unto the LORD thy God; and the rest we have utterly destroyed.





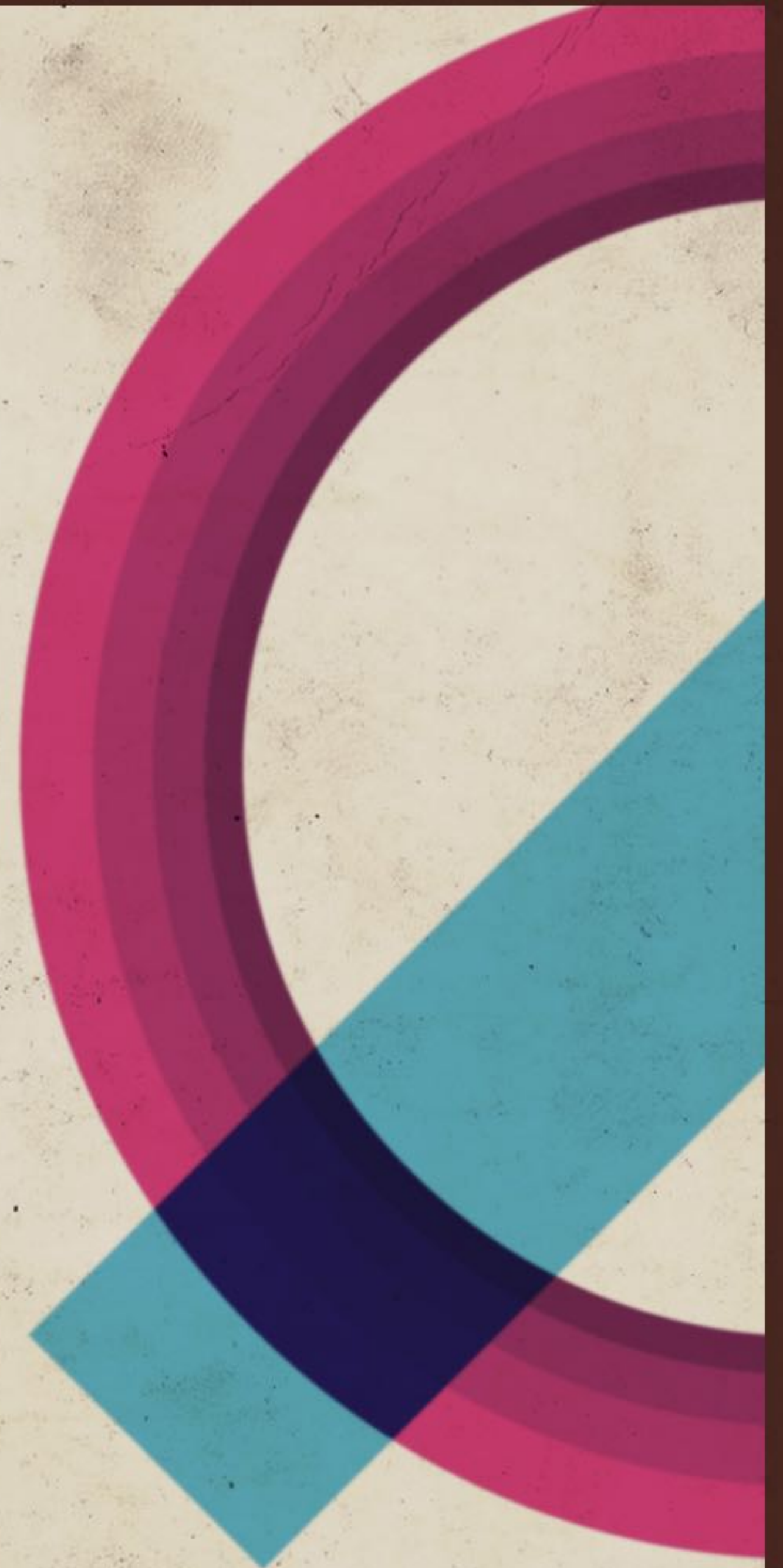
PROVERBS 6:16-19

**These six [things] doth the LORD hate:
yea, seven [are] an abomination unto
him: 17 A proud look, a lying tongue,
and hands that shed innocent blood, 18**

**An heart that deviseth wicked
imaginings, feet that be swift in
running to mischief, 19 A false witness
[that] speaketh lies, and he that
soweth discord among brethren.**

PRINCIPLE 5:

**Toxic People are
Unpredictable**



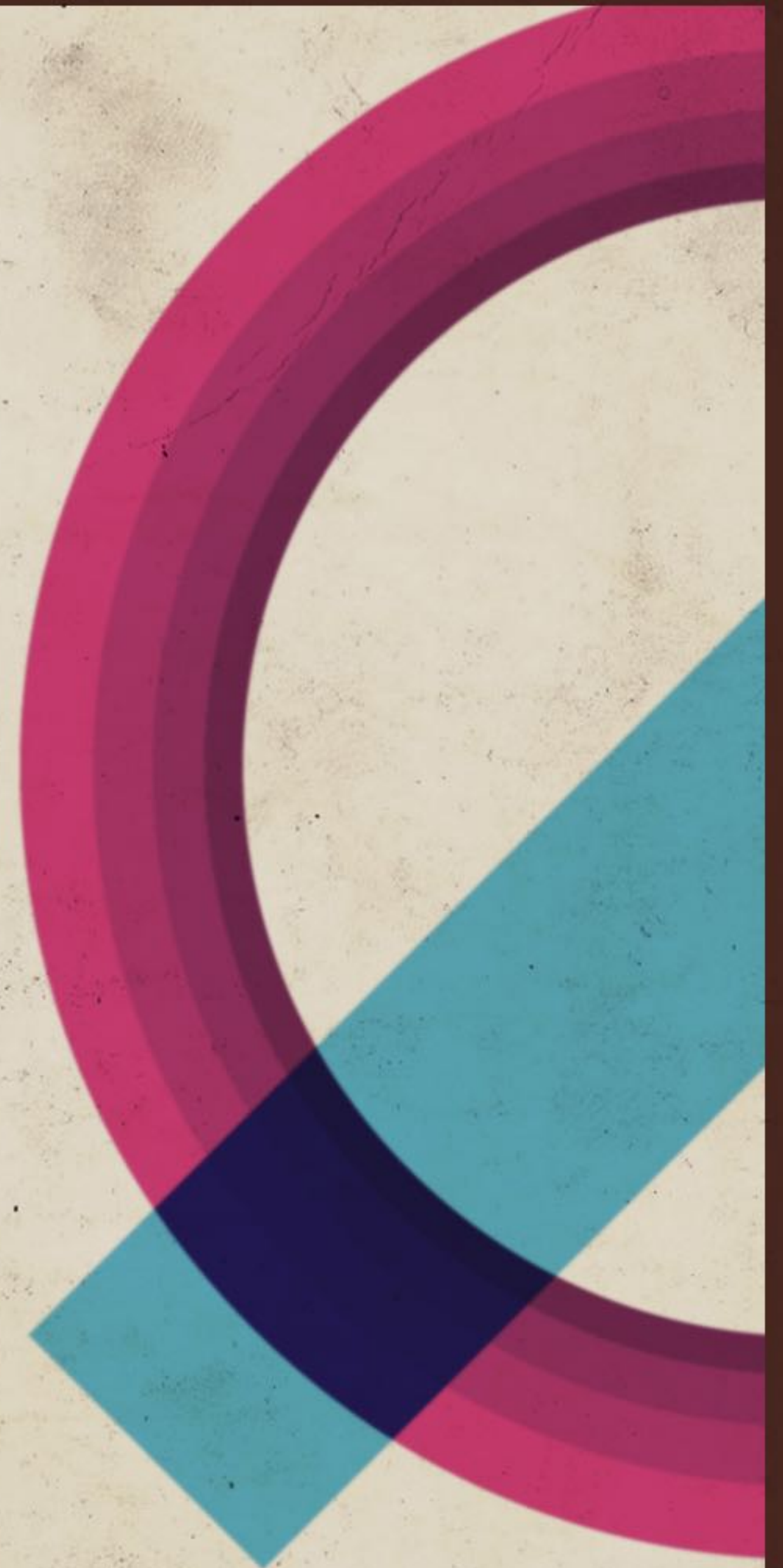


1 SAMUEL 19:9-10

And the evil spirit from the LORD was upon Saul, as he sat in his house with his javelin in his hand: and David played with [his] hand. 10 And Saul sought to smite David even to the wall with the javelin; but he slipped away out of Saul's presence, and he smote the javelin into the wall: and David fled, and escaped that night.

COLOSSIANS 3:15

**And let the peace of God
rule in your hearts, to the
which also ye are called in
one body; and be ye
thankful.**



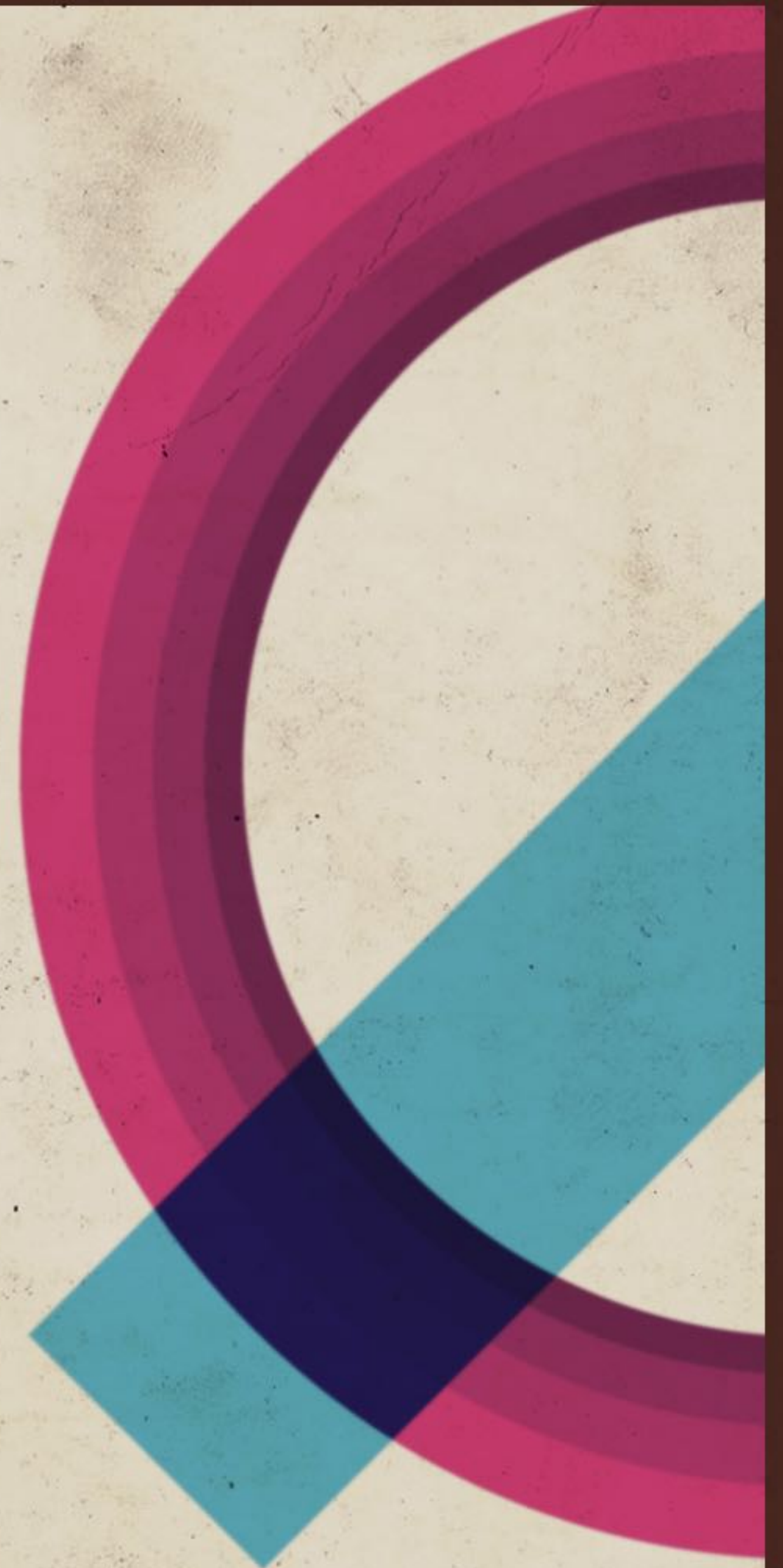


PROVERBS 22:24-25

Make no friendship with a man given to anger, nor go with a wrathful man, 25 lest you learn his ways and entangle yourself in a snare.

HEBREWS 4:16

**Let us therefore come
boldly unto the throne of
grace, that we may obtain
mercy, and find grace to
help in time of need**





1 PETER 5:7

**Casting all your
care upon him; for
he careth for you.**



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