

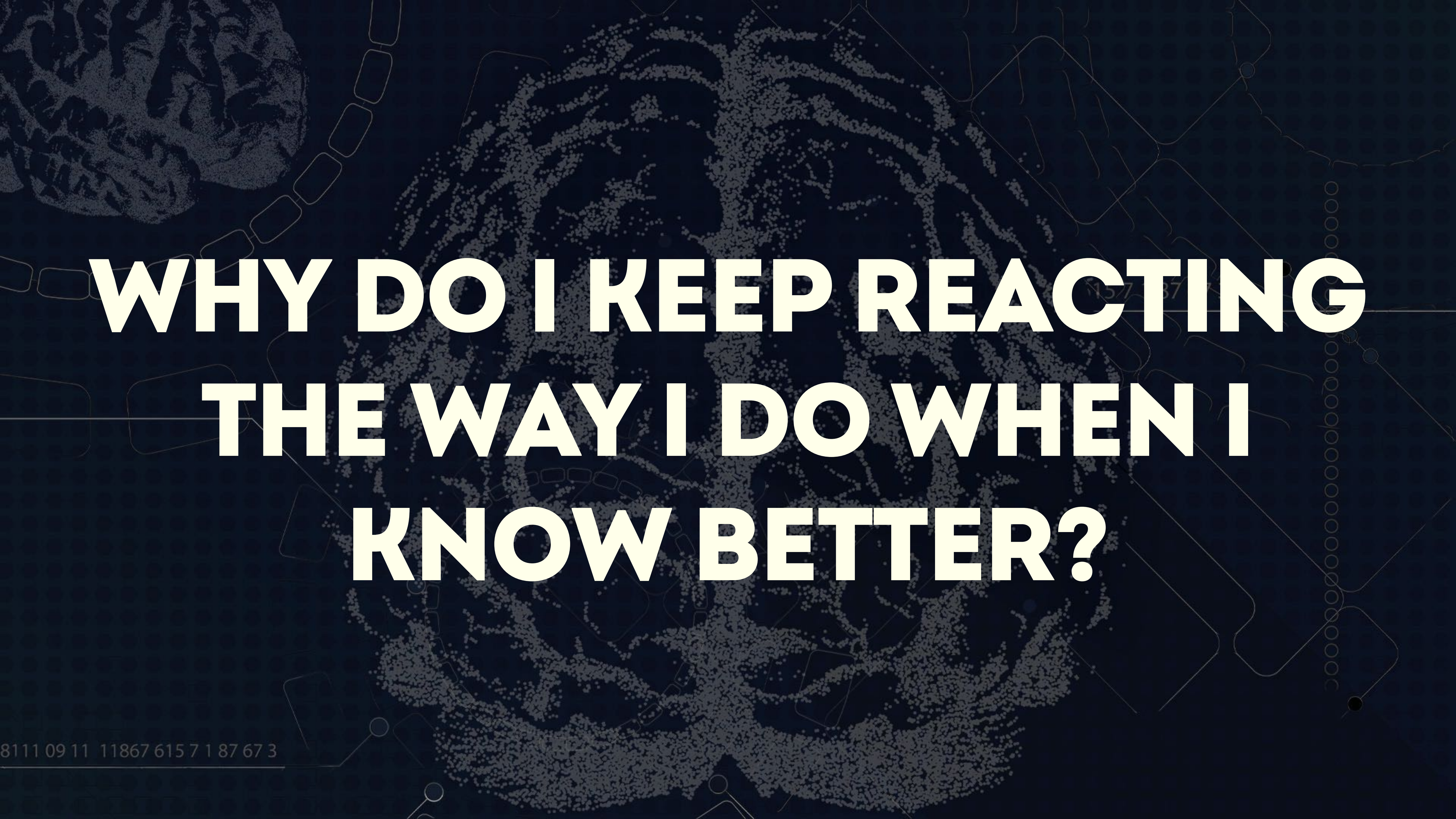


resilient
MINDS

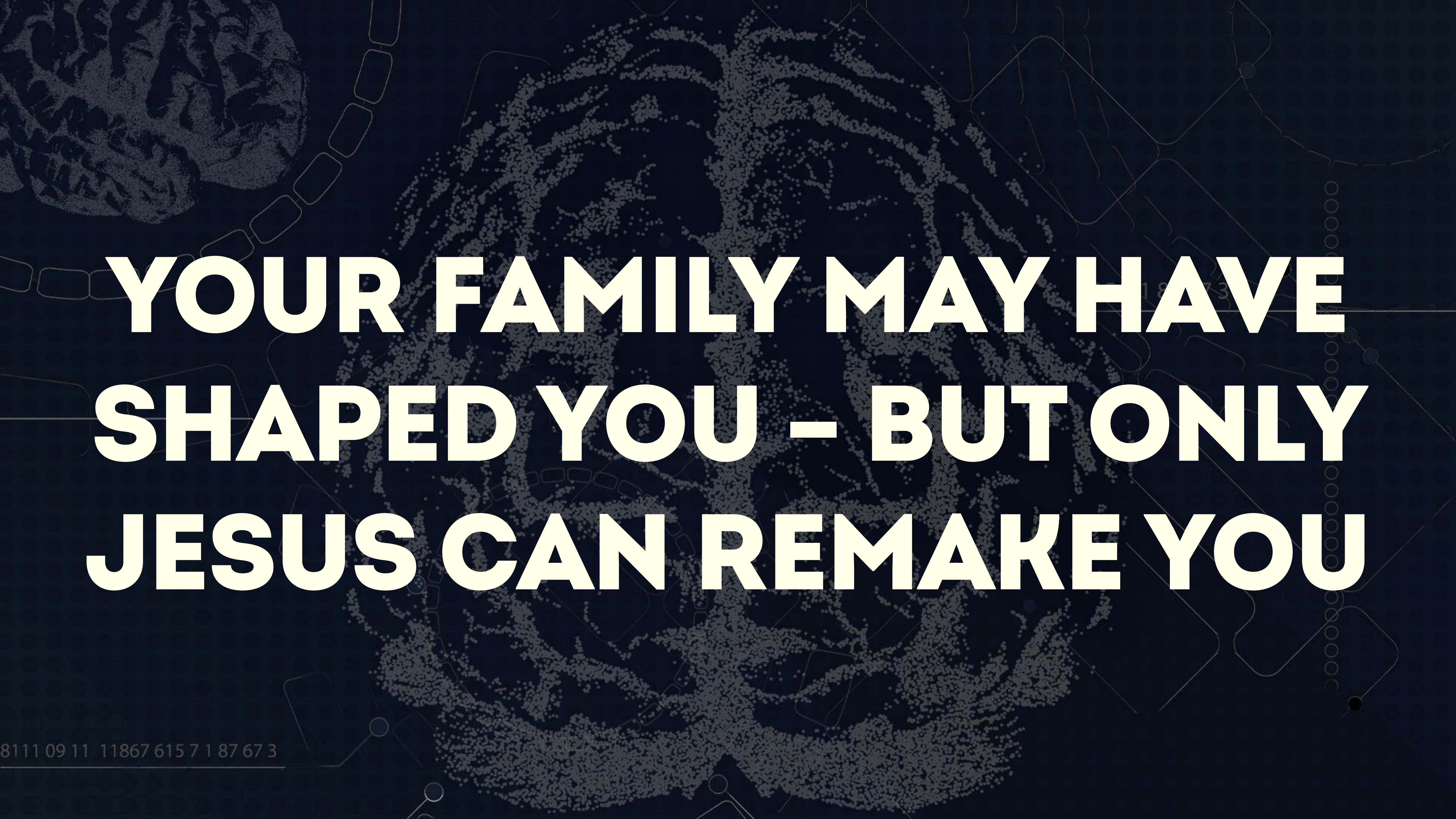
pt. 4
july 22th
exodus 20:5-6

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**WHY DO I KEEP REACTING
THE WAY I DO WHEN I
KNOW BETTER?**



**YOUR FAMILY MAY HAVE
SHAPED YOU – BUT ONLY
JESUS CAN REMAKE YOU**

ROMANS 12:2

And be not conformed to
this world: but be ye
transformed by the
renewing of your mind...



PSALM 139:13-16

For thou hast possessed my reins: thou hast covered me in my mother's womb... Thine eyes did see my substance, yet being unperfect; and in thy book all my members were written... when as yet there was none of them

**YOUR FAMILY HISTORY MAY
EXPLAIN PART OF YOUR
JOURNEY – BUT IT NEVER
HAS THE AUTHORITY TO
DEFINE YOUR DESTINY**

GENESIS 37:3

Now Israel loved Joseph more
than all his children, because
he [was] the son of his old age:
and he made him a coat of
[many] colours.





**UNHEALED PATTERNS
OFTEN BECOME
REPEATED PATTERNS**

GENESIS 37:4

And when his brethren saw that their father loved him more than all his brethren, they hated him, and could not speak peaceably unto him.



GENESIS 50:20

But as for you, ye thought evil against me; [but] God meant it unto good, to bring to pass, as [it is] this day, to save much people alive.



**SOMEWHERE BETWEEN THE PIT AND
THE PALACE...JOSEPH STOPPED
INTERPRETING HIS LIFE THROUGH
WHAT HIS BROTHERS HAD DONE
AND INSTEAD STARTED
INTERPRETING HIS LIFE THROUGH
WHAT GOD WAS DOING.**

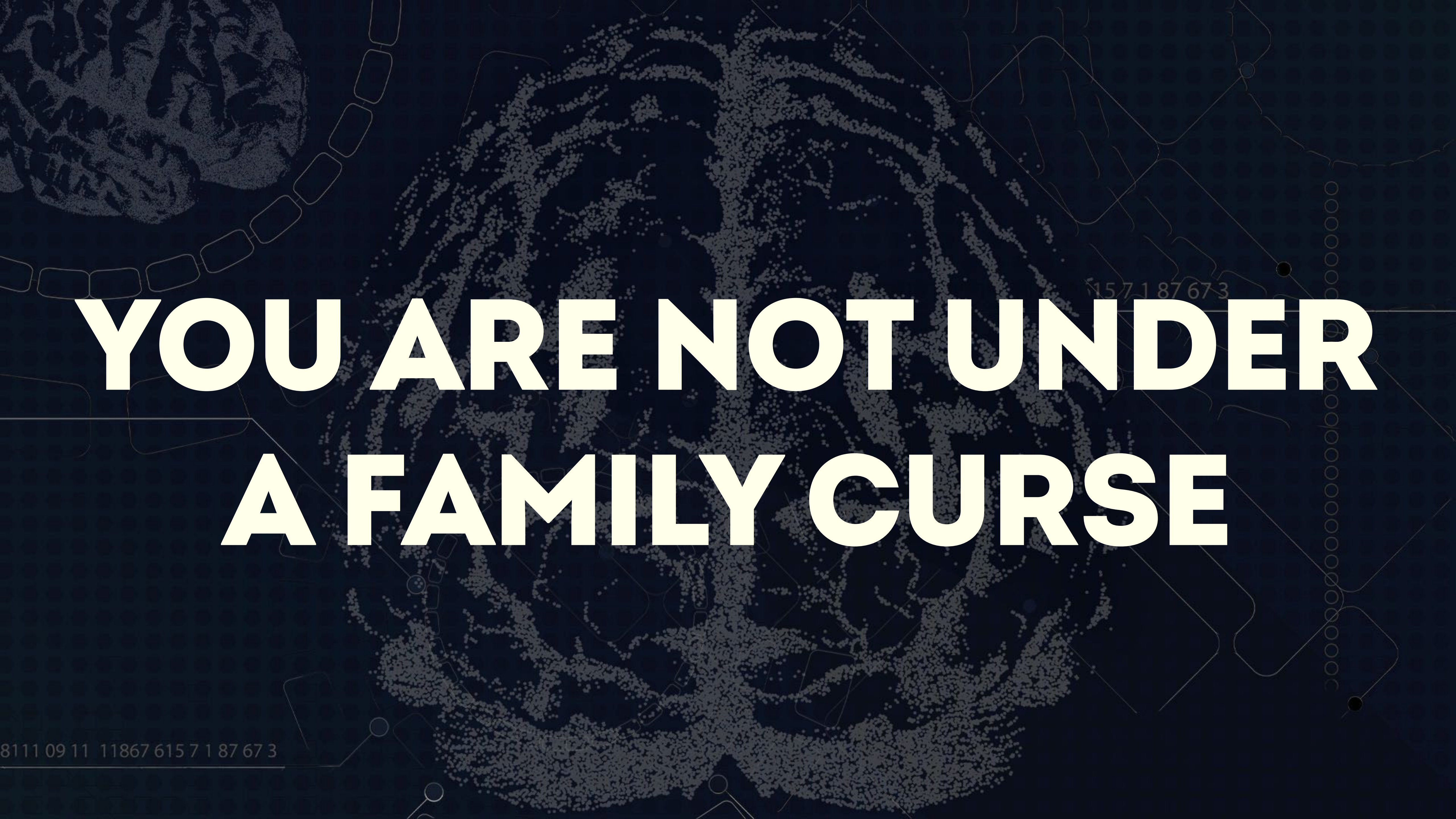
ROMANS 12:2

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what [is] that good, and acceptable, and perfect, will of God.



EXODUS 20:5-6

Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And shewing mercy unto thousands of them that love me, and keep my commandments

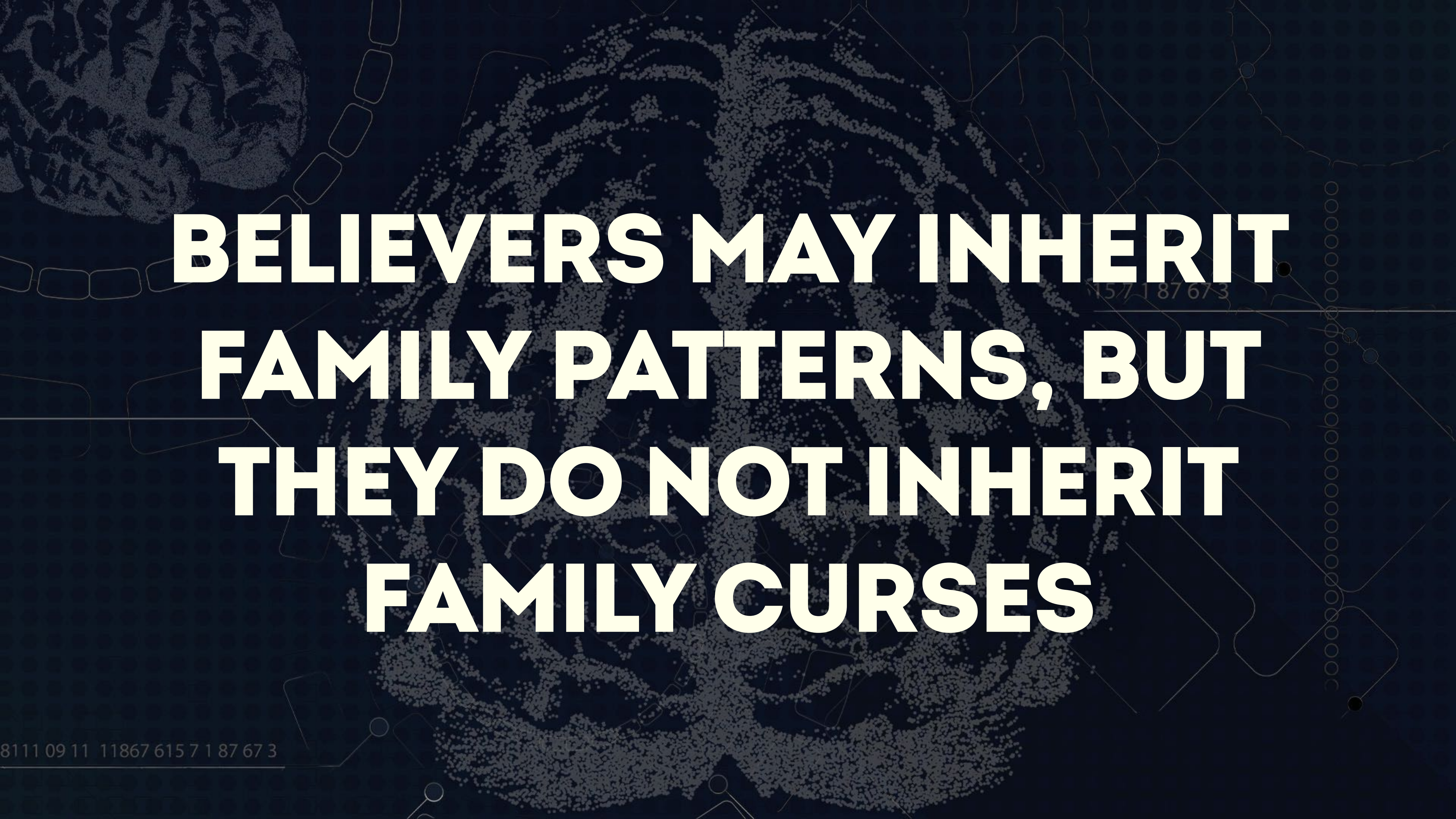


**YOU ARE NOT UNDER
A FAMILY CURSE**

GALATIANS 3:13

Christ hath redeemed us
from the curse of the law,
being made a curse for us: for
it is written, Cursed [is] every
one that hangeth on a tree:



The background is a dark blue-grey color. It features a large, faint, circular fingerprint pattern in the center. To the left, there is a partial view of a DNA double helix structure. Scattered throughout the background are various geometric shapes, including rectangles and circles, some of which are connected by thin lines, suggesting a network or circuitry. The text is centered and written in a bold, white, sans-serif font.

**BELIEVERS MAY INHERIT
FAMILY PATTERNS, BUT
THEY DO NOT INHERIT
FAMILY CURSES**

EXODUS 20:5-6

...visiting the iniquity of the
fathers upon the children unto
the third and fourth generation
of them that hate me

JEREMIAH 31:29-30

In those days they shall say no more,
The fathers have eaten a sour grape,
and the children's teeth are set on edge.
30 But every one shall die for his own
iniquity: every man that eateth the sour
grape, his teeth shall be set on edge.

EZEKIEL 18:20

01 54 28 11 09 11 11 86 7 61 5 7 1 87 67 3

The soul that sinneth, it shall die. The son shall not bear the iniquity of the father...



01 54 28 11 09 11 11 86 7 61 5 7 1 87 67 3

GALATIANS 3:13

01 54 28 11 09 11 11 86 7 61 5 7 1 87 67 3

Christ hath redeemed us from the curse of the law, being made a curse for us: for it is written, Cursed [is] every one that hangeth on a tree:

8111 09 11 11 86 7 61 5 7 1 87 67 3

**THE GREEK WORD FOR
REDEEMED LITERALLY
MEANS "TO PURCHASE
COMPLETELY OUT OF
SLAVERY."**

**WHILE YOU ARE NOT UNDER A
FAMILY CURSE – YOU CAN INHERIT
AND CONTINUE IN UNHEALTHY
FAMILY PATTERNS IF THEY ARE NEVER
CONFRONTED AND REPLACED BY
THE TRUTH OF GOD'S WORD**

EXODUS 20:5-6

Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me





**EVERY FAMILY HAS A
BENT TOWARDS
CERTAIN BEHAVIOR**

GENESIS 12:11-13

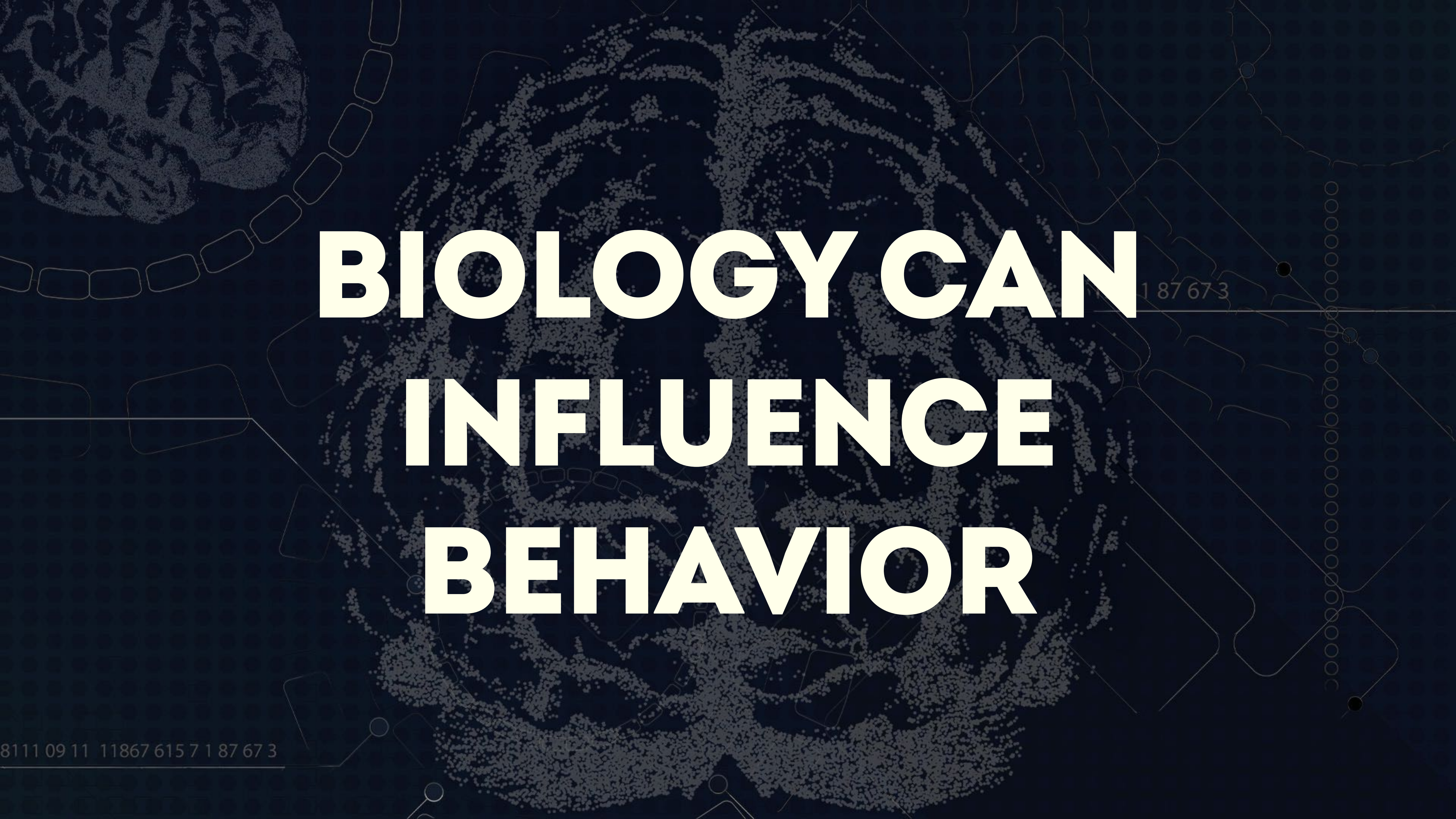
And it came to pass, when he was
come near to enter into Egypt, that he
said unto Sarai his wife, Behold now, I
know that thou [art] a fair woman to
look upon: 12 Therefore it shall come
to pass, when the Egyptians

GENESIS 12:11-13

shall see thee, that they shall say, This [is] his wife: and they will kill me, but they will save thee alive. 13 Say, I pray thee, thou [art] my sister: that it may be well with me for thy sake; and my soul shall live because of thee.

GENESIS 26:7

And the men of the place asked [him] of his wife; and he said, She [is] my sister: for he feared to say, [She is] my wife; lest, [said he], the men of the place should kill me for Rebekah; because she [was] fair to look upon.

The background is a dark blue-grey color. It features several faint, stylized patterns: a brain scan (MRI) in the center, a chain of rectangular cells on the left, and various geometric shapes and lines on the right. The text is centered and reads:

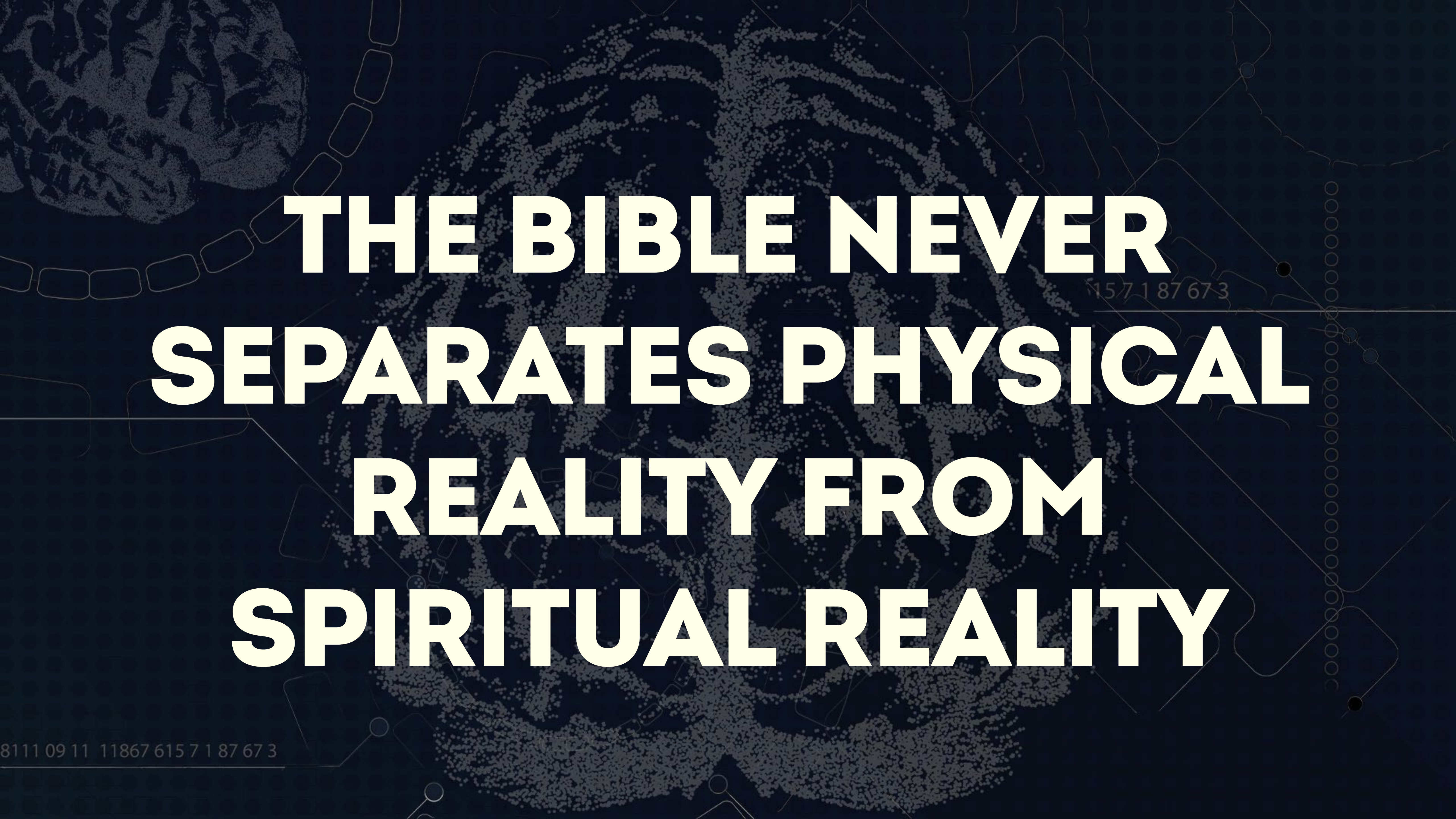
BIOLOGY CAN INFLUENCE BEHAVIOR

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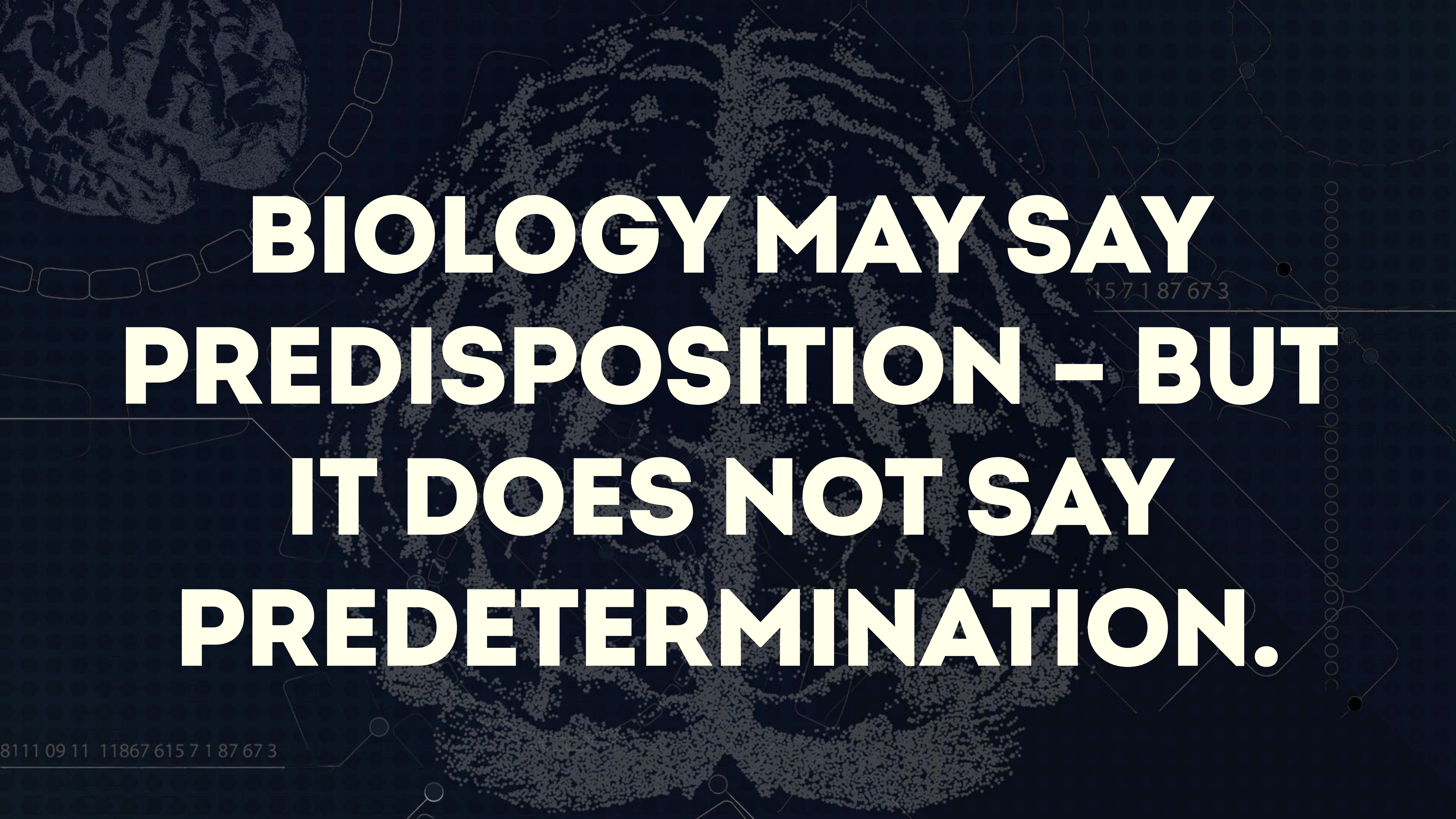
PSALM 139:13-14

For thou hast possessed my reins:
thou hast covered me in my mother's
womb. 14 I will praise thee; for I am
fearfully [and] wonderfully made:
marvellous [are] thy works; and [that]
my soul knoweth right well.





**THE BIBLE NEVER
SEPARATES PHYSICAL
REALITY FROM
SPIRITUAL REALITY**

The background is a dark blue-grey color. It features a large, faint, circular fingerprint pattern in the center. To the left, there is a vertical chain of rectangular shapes, resembling a DNA helix or a molecular structure. In the bottom left corner, there is a small, faint, circular pattern. The text is written in a bold, white, sans-serif font, centered horizontally and vertically.

**BIOLOGY MAY SAY
PREDISPOSITION – BUT
IT DOES NOT SAY
PREDETERMINATION.**

2 CORINTHIANS 5:17

Therefore if any man [be] in
Christ, [he is] a new creature:
old things are passed away;
behold, all things are
become new.



**WHATEVER CAME TO YOU
THROUGH YOUR EARTHLY
FAMILY IS NO MATCH FOR WHAT
HAS COME TO YOU THROUGH
YOUR HEAVENLY FATHER**

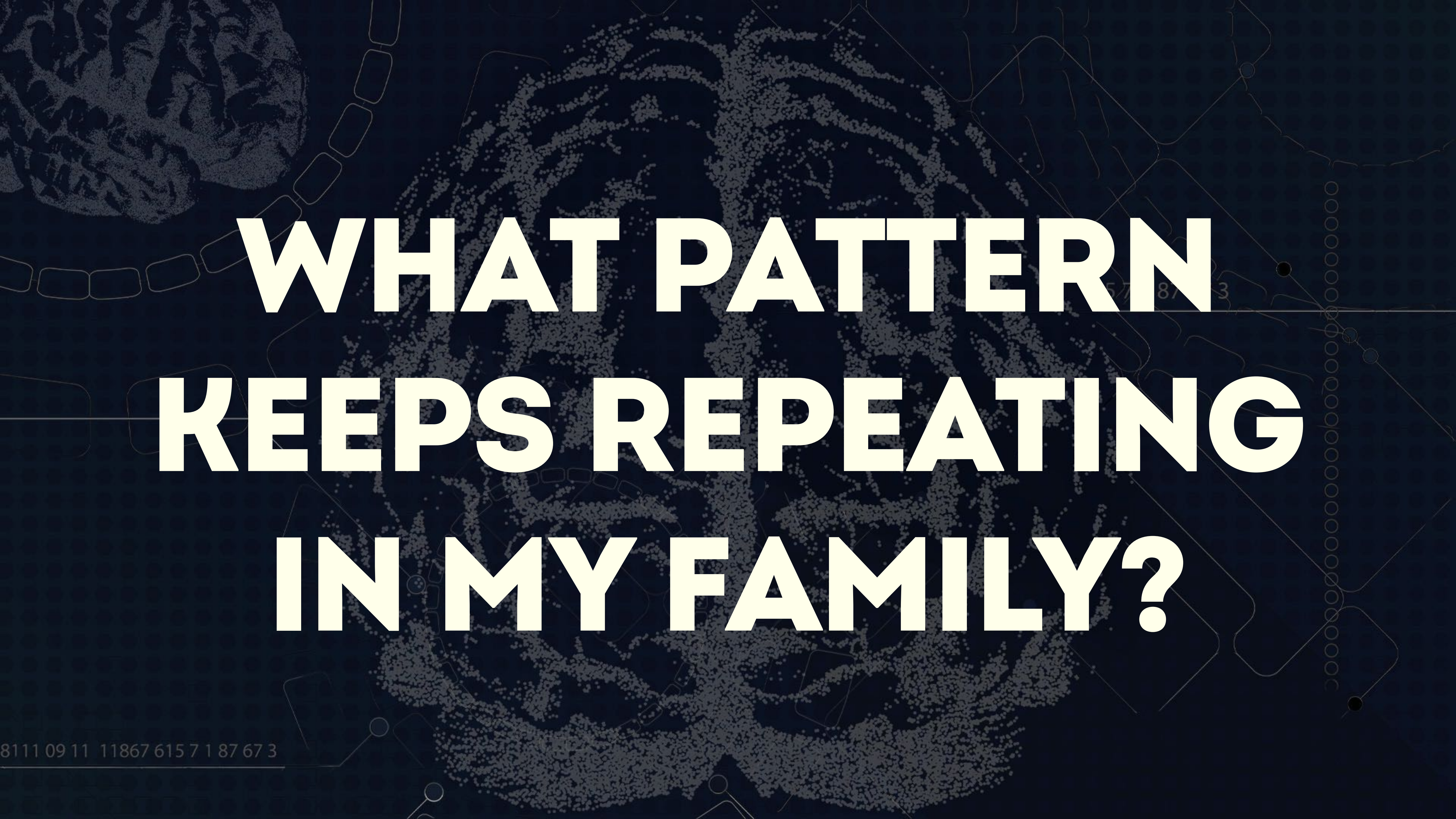
STEP 1:

Be Honest Enough
to Identify the Pattern

PSALM 139:23-24

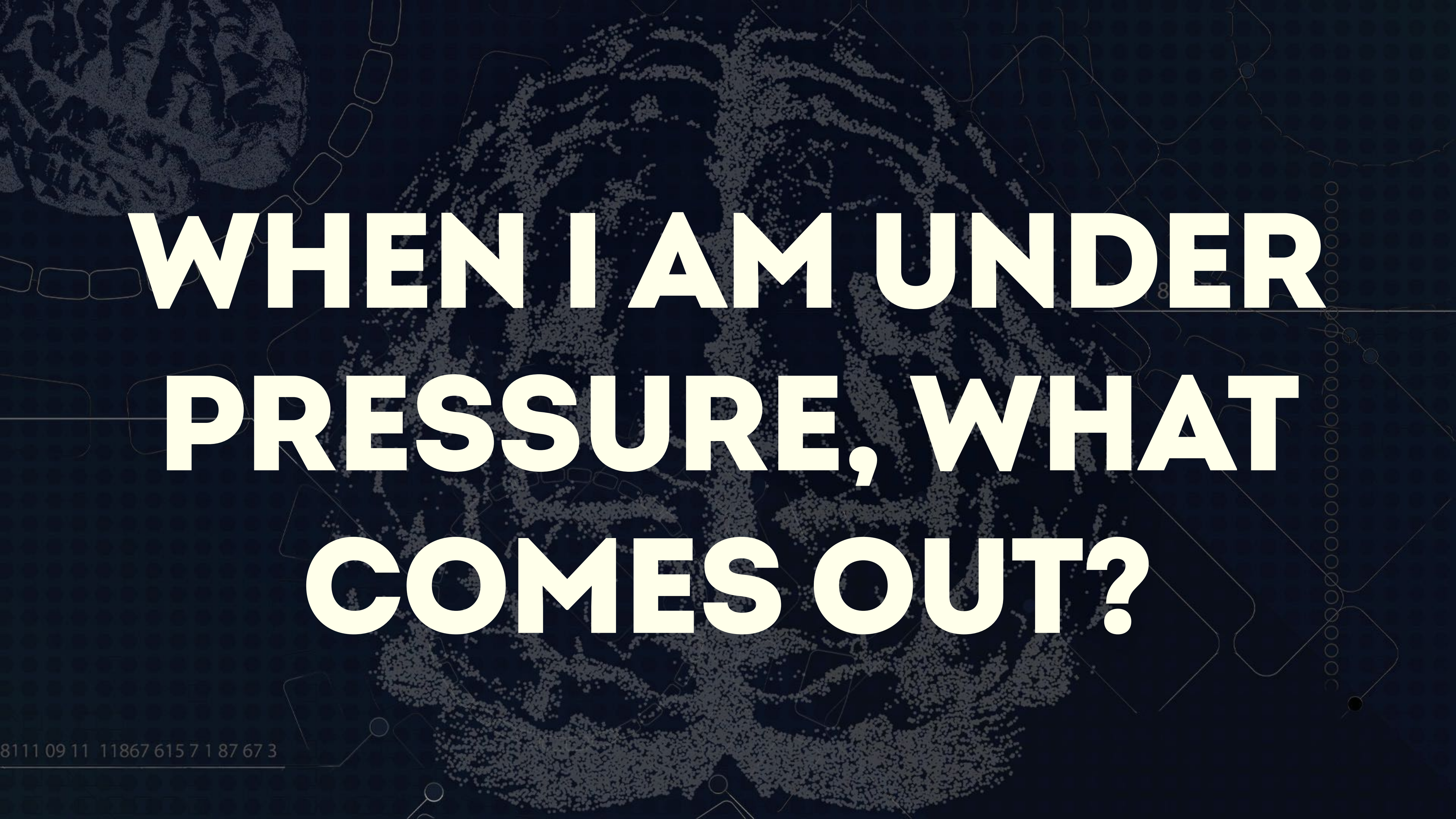
Search me, O God, and know my heart: try me, and know my thoughts: 24 And see if [there be any] wicked way in me, and lead me in the way everlasting

**YOU WILL NEVER
CHANGE WHAT YOU
REFUSE TO
ACKNOWLEDGE**

The background is a dark blue-grey color. It features a large, faint, light-grey DNA double helix structure that spans the width of the image. Overlaid on this are several fingerprint patterns, also in a light-grey tone. Some of these patterns are complete, while others are partial, showing ridges and valleys. The overall aesthetic is scientific and technological.

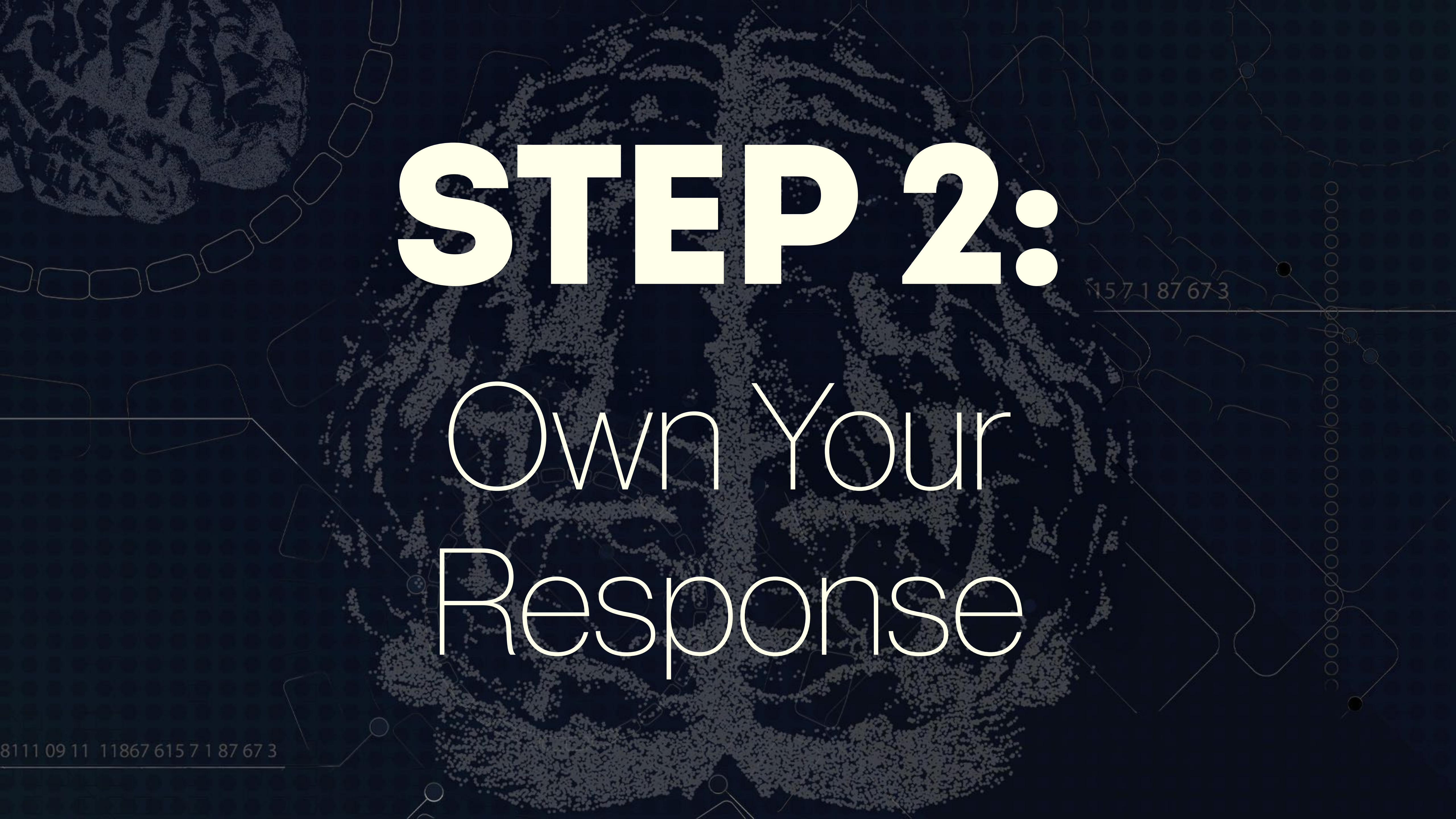
**WHAT PATTERN
KEEPS REPEATING
IN MY FAMILY?**

**AM I CURRENTLY
DOING SOMETHING
THAT I SWORE I WOULD
NEVER DO?**



**WHEN I AM UNDER
PRESSURE, WHAT
COMES OUT?**

**WHAT REACTIONS
HAVE BECOME
"NORMAL" IN MY
FAMILY?**



STEP 2:

Own Your
Response

**THE MOMENT YOU STOP
BLAMING SOMEONE FOR HOW
YOU ARE RESPONDING IS THE
MOMENT YOU ARE FREE TO
CHOOSE HOW TO RESPOND**

EZEKIEL 18:20

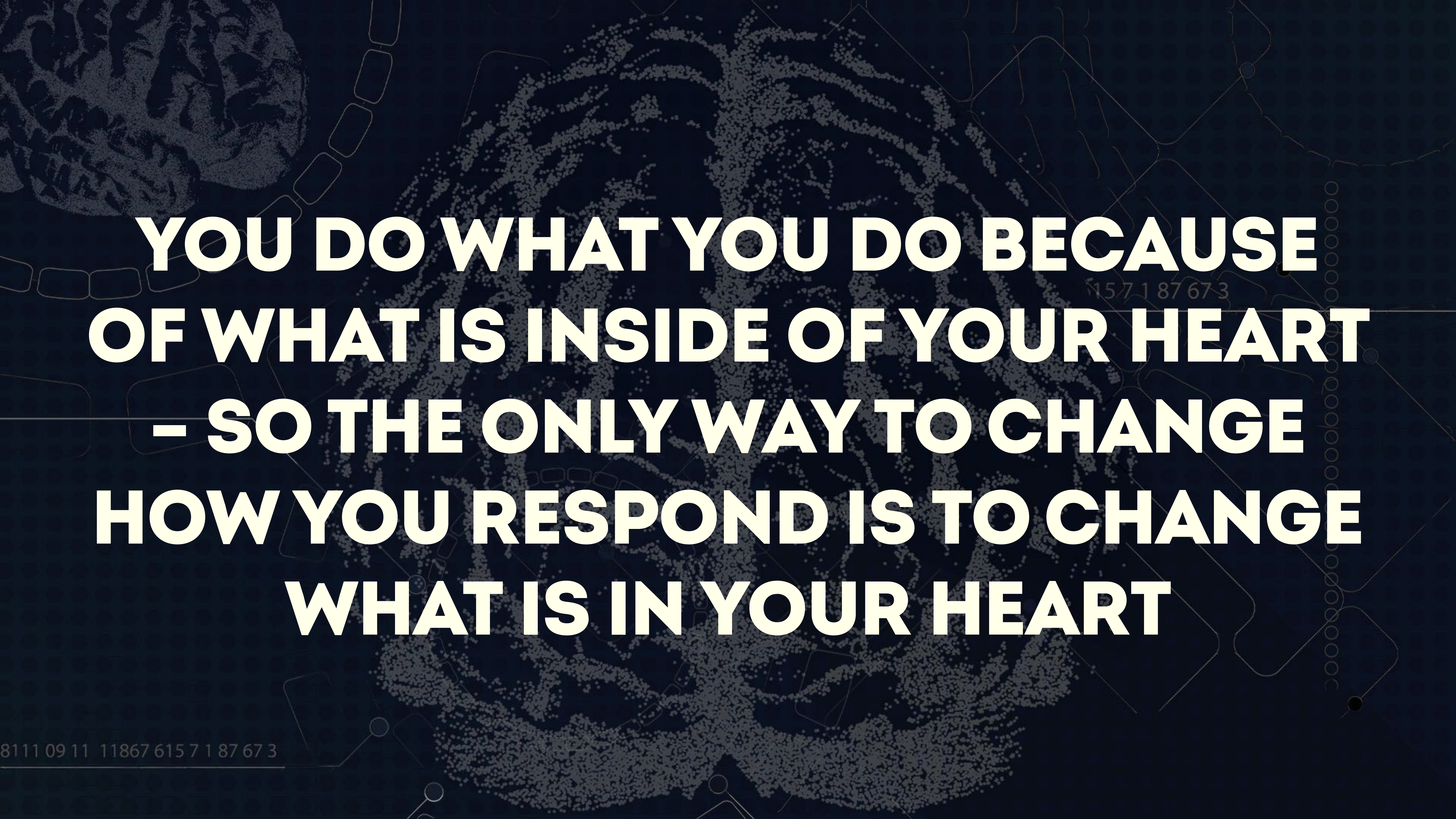
The soul that sinneth, it shall die. The son shall not bear the iniquity of the father, neither shall the father bear the iniquity of the son: the righteousness of the righteous shall be upon him, and the wickedness of the wicked shall be upon him.



LUKE 6:45

A good man out of the good treasure of his heart bringeth forth that which is good; and an evil man out of the evil treasure of his heart bringeth forth that which is evil: for of the abundance of the heart his mouth speaketh.





**YOU DO WHAT YOU DO BECAUSE
OF WHAT IS INSIDE OF YOUR HEART
– SO THE ONLY WAY TO CHANGE
HOW YOU RESPOND IS TO CHANGE
WHAT IS IN YOUR HEART**

STEP 3:

Renew the Thought
Pattern that Got Your
Family Here

ROMANS 12:2

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what [is] that good, and acceptable, and perfect, will of God.



**EVERY UNHEALTHY
PATTERN IS
SUPPORTED BY AN
UNHEALTHY BELIEF.**

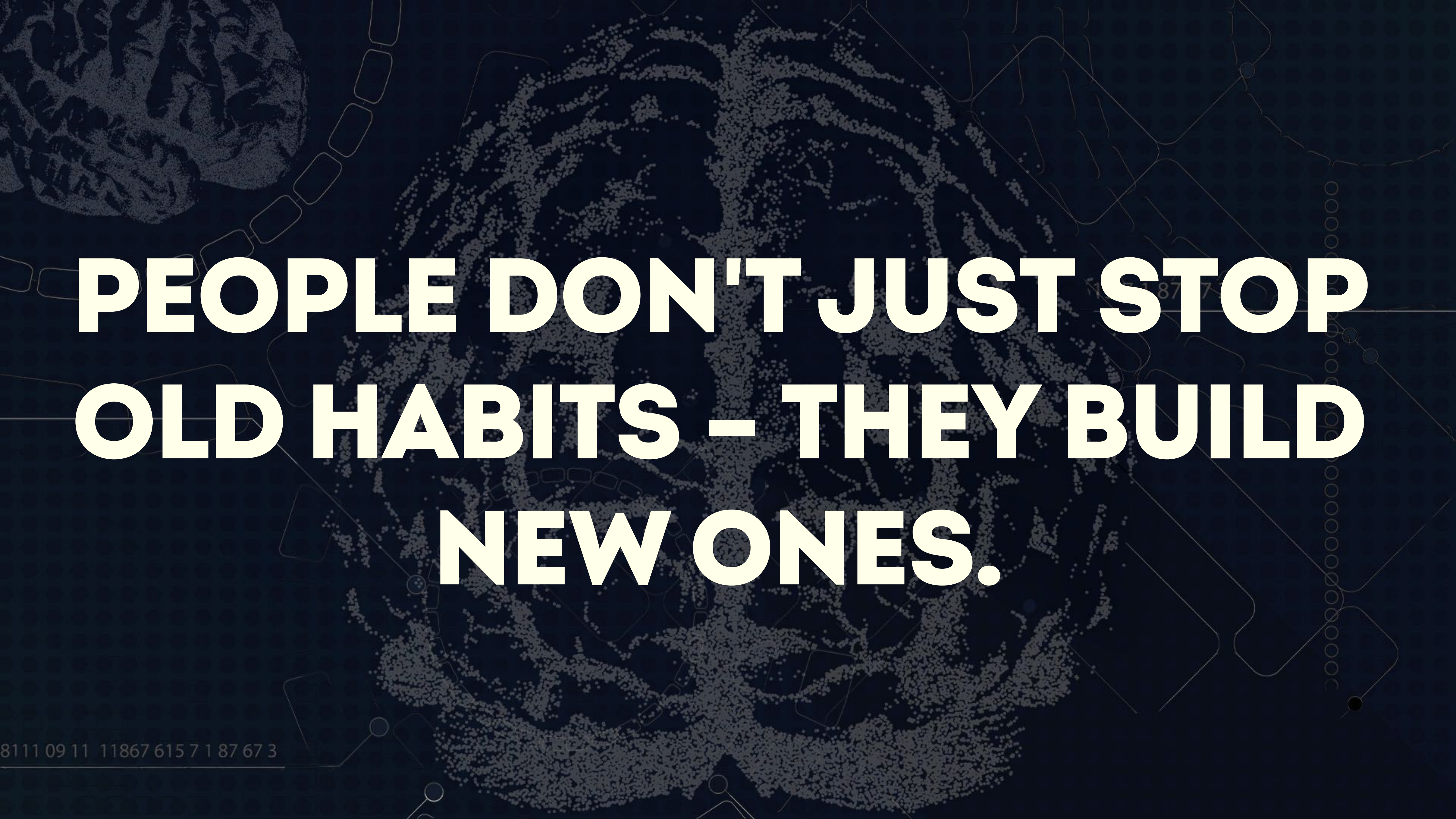
STEP 4:

Practice the
Replacement
Principle

EPHESIANS 4:22-24

That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; 23 And be renewed in the spirit of your mind; 24 And that ye put on the new man, which after God is created in righteousness and true holiness.





**PEOPLE DON'T JUST STOP
OLD HABITS – THEY BUILD
NEW ONES.**

JOSHUA 24:15

And if it seem evil unto you to serve the LORD, choose you this day whom ye will serve; whether the gods which your fathers served that [were] on the other side of the flood, or the gods of the Amorites, in whose land ye dwell: but as for me and my house, we will serve the LORD.

STEP 5:

Forgive your
Family

EPHESIANS 4:32

And be ye kind one to another,
tenderhearted, forgiving one
another, even as God for
Christ's sake hath forgiven you.

**FORGIVENESS IS THE KEY THAT
UNLOCKS THE DOOR TO THE
FREEDOM YOU NEED TO NOT
REPEAT WHAT YOU HAVE
RECEIVED**



resilient
MINDS

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exodus 20:5-6