

WHY CAN'T I LET GO
OF THIS?

Eduardo Primo De Carli - Levico
Foto De Carli

RIPR. V. F.T. - R.D.L. - N. 1950

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MOST PEOPLE FAIL TO MOVE INTO THE
NEXT SEASON OF THEIR LIFE BECAUSE
THEY CANNOT LET GO OF SOMETHING
FROM THE LAST SEASON

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RIPARAZIONI - R.D.L. 7-11-1926 - N. 1950

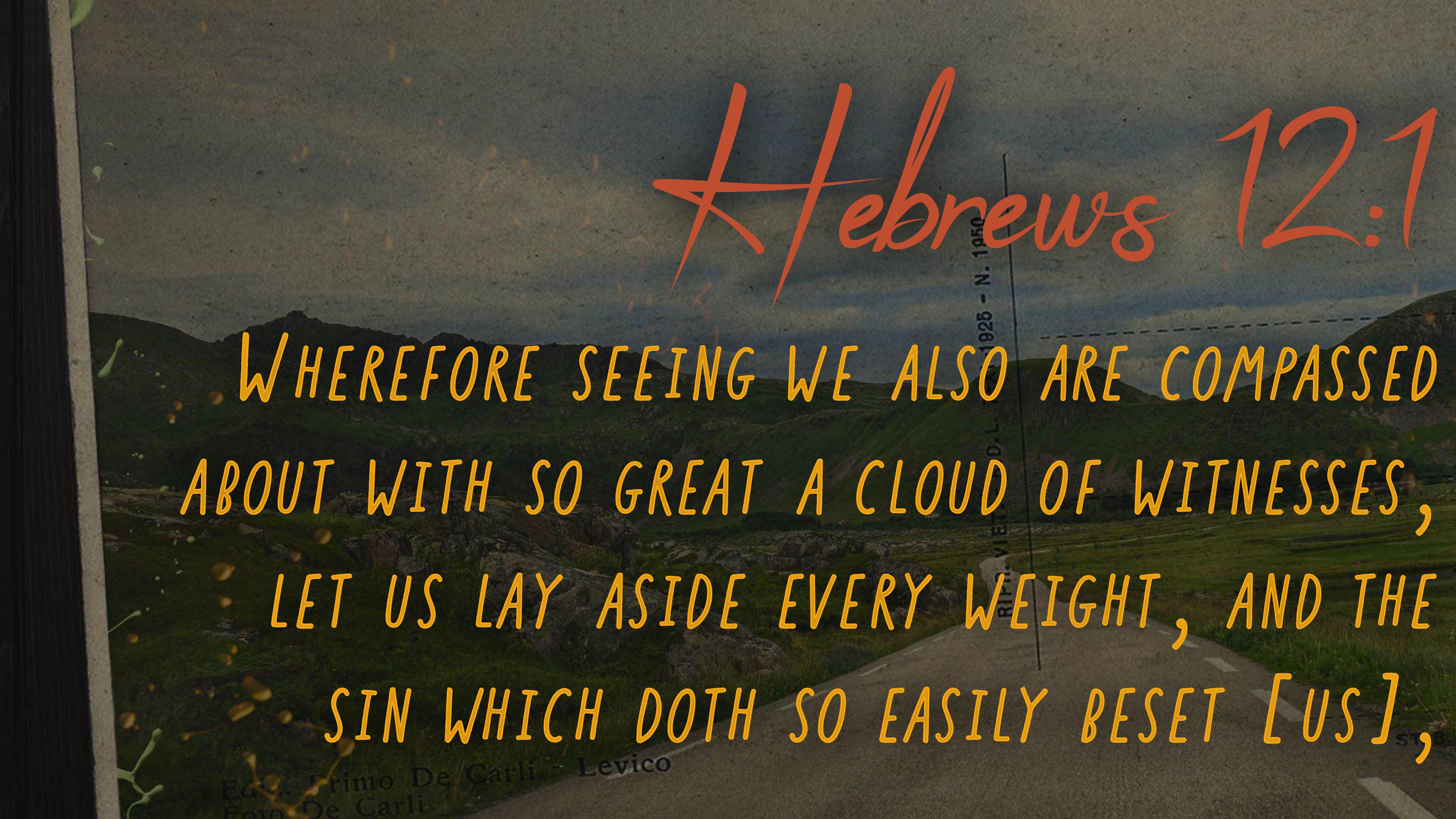
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 Hebrews 12:1

WHEREFORE SEEING WE ALSO ARE
COMPASSED ABOUT WITH SO GREAT A CLOUD
OF WITNESSES

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Hebrews 12:1

WHEREFORE SEEING WE ALSO ARE COMPASSED
ABOUT WITH SO GREAT A CLOUD OF WITNESSES,
LET US LAY ASIDE EVERY WEIGHT, AND THE
SIN WHICH DOTHE SO EASILY BESET [us],

Principle 1: WHAT IS A WEIGHT?

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A WEIGHT IS ANYTHING
THAT DRAINS YOUR
SPIRITUAL STAMINA

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GOD CANNOT REMOVE WHAT
YOU WILL NOT RELEASE

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Principle 2:

WHAT DOES THIS MEAN TO ME?

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YOU CANNOT MOVE AHEAD
UNTIL YOU LET GO OF WHAT
KEEPS PULLING YOU BACK

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Psalm 139:14

I WILL PRAISE THEE; FOR I AM
FEARFULLY [AND] WONDERFULLY MADE:
MARVELLOUS [ARE] THY WORKS; AND
[THAT] MY SOUL KNOWETH RIGHT WELL.

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WHEN YOU CARRY EMOTIONAL
AND MENTAL WEIGHT LONG-
TERM - IT CHANGES YOU

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WHEN YOU LIVE TRYING TO CARRY
UNNECESSARY EMOTIONAL AND
MENTAL WEIGHT - YOUR BRAIN
SHIFTS INTO SURVIVAL MODE.

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2 Timothy 1:7

FOR GOD HATH NOT GIVEN US
THE SPIRIT OF FEAR; BUT OF
POWER, AND OF LOVE, AND OF
A SOUND MIND

Isaiah 26:3

THOU WILT KEEP [HIM] IN
PERFECT PEACE, [WHOSE] MIND
[IS] STAYED [ON THEE]: BECAUSE
HE TRUSTETH IN THEE

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Philippians 4:6-7

BE CAREFUL FOR NOTHING; BUT IN EVERY THING BY PRAYER AND SUPPLICATION WITH THANKSGIVING LET YOUR REQUESTS BE MADE KNOWN UNTO GOD. 7 AND THE PEACE OF GOD, WHICH PASSETH ALL UNDERSTANDING, SHALL KEEP YOUR HEARTS AND MINDS THROUGH CHRIST JESUS.

GOD KNOWS THAT YOU CANNOT
LIVE IN FAITH AND CHRONIC
STRESS AT THE SAME TIME

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Hebrews 11:6

BUT WITHOUT FAITH [IT IS] IMPOSSIBLE
TO PLEASE [HIM]: FOR HE THAT COMETH
TO GOD MUST BELIEVE THAT HE IS, AND
[THAT] HE IS A REWARDER OF THEM
THAT DILIGENTLY SEEK HIM.

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Psalm 32:3-4

WHEN I KEPT SILENCE, MY BONES WAXED
OLD THROUGH MY ROARING ALL THE DAY
LONG. 4 FOR DAY AND NIGHT THY HAND WAS
HEAVY UPON ME: MY MOISTURE IS TURNED
INTO THE DROUGHT OF SUMMER. SELAH.

NEURONS THAT FIRE
TOGETHER WIRE TOGETHER

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Romans 12:2

AND BE NOT CONFORMED TO THIS WORLD:
BUT BE YE TRANSFORMED BY THE RENEWING
OF YOUR MIND, THAT YE MAY PROVE WHAT
[IS] THAT GOOD, AND ACCEPTABLE, AND
PERFECT, WILL OF GOD.

THE SAME BRAIN THAT
LEARNED THE LIE CAN
RELEARN THE TRUTH.

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Principle 3:
LETTING GO STARTS WITH
UNDERSTANDING WHAT YOU ARE
HOLDING ON TO

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Proverbs 4:23

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KEEP THY HEART WITH ALL
DILIGENCE; FOR OUT OF IT
[ARE] THE ISSUES OF LIFE.

-1926 - N. 189

PEOPLE HAVE A HARD TIME LETTING
GO OF THE PAST BECAUSE IT IS
FAMILIAR. IT MAY BE PAINFUL -
BUT AT LEAST IT IS FAMILIAR

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Exodus 16:3

AND THE CHILDREN OF ISRAEL SAID UNTO THEM, WOULD TO GOD WE HAD DIED BY THE HAND OF THE LORD IN THE LAND OF EGYPT, WHEN WE SAT BY THE FLESH POTS, [AND] WHEN WE DID EAT BREAD TO THE FULL; FOR YE HAVE BROUGHT US FORTH INTO THIS WILDERNESS, TO KILL THIS WHOLE ASSEMBLY WITH HUNGER.

SOMETIMES PEOPLE WOULD RATHER
LIVE IN PREDICTABLE BONDAGE THAN
TRUST GOD IN UNFAMILIAR FREEDOM.

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RIF. 1028 - N. 1950 - R.D.L. 7-1950

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Isaiah 43:18-19

REMEMBER YE NOT THE FORMER THINGS, NEITHER
CONSIDER THE THINGS OF OLD. 19 BEHOLD, I
WILL DO A NEW THING; NOW IT SHALL SPRING
FORTH; SHALL YE NOT KNOW IT? I WILL EVEN
MAKE A WAY IN THE WILDERNESS, [AND] RIVERS
IN THE DESERT.

YOU CANNOT MOVE FORWARD WHILE
CONSTANTLY REHEARSING WHAT GOD
HAS ALREADY REDEEMED.

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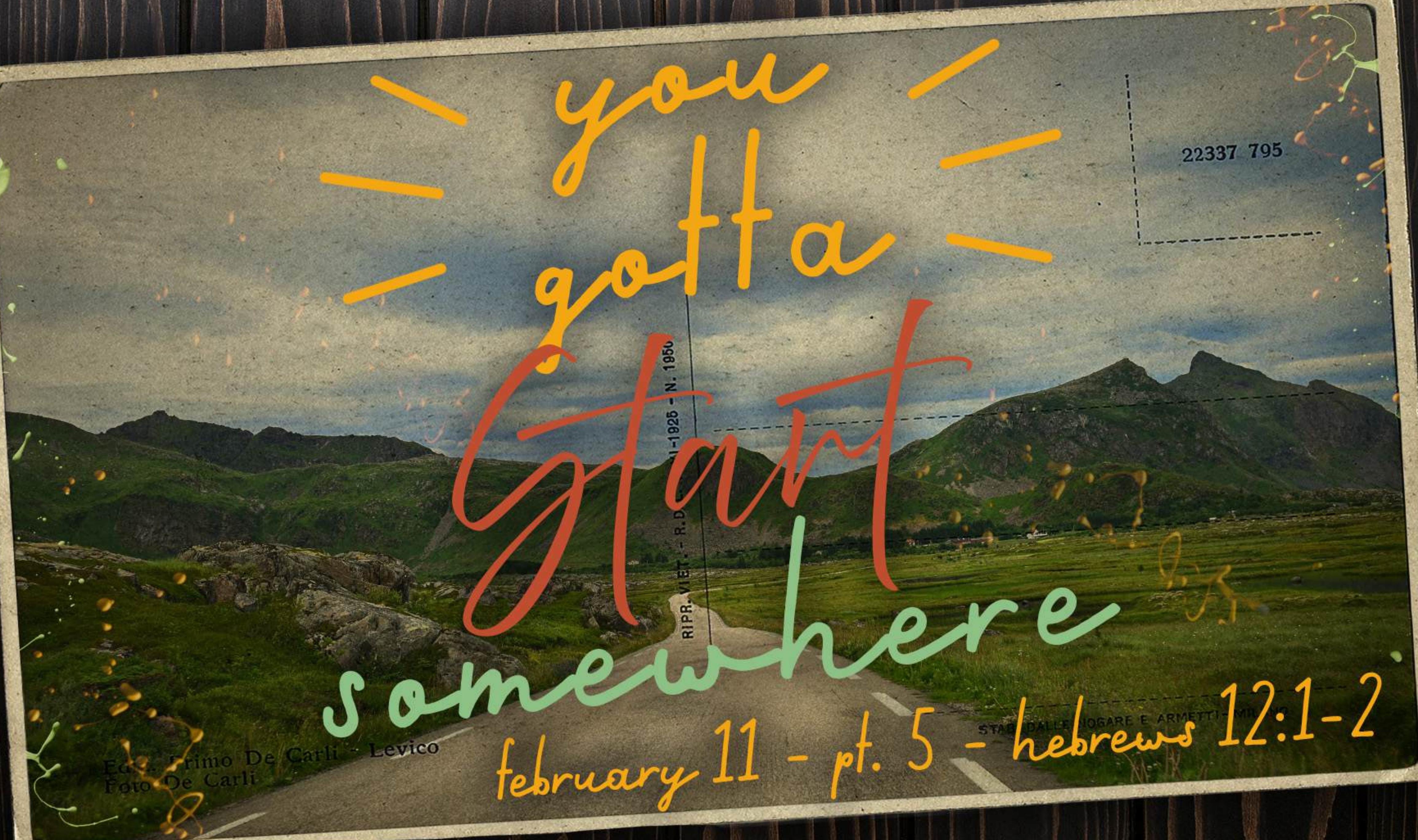
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Philippians 3:13

BRETHREN, I COUNT NOT MYSELF TO HAVE APPREHENDED: BUT [THIS] ONE THING [I DO], FORGETTING THOSE THINGS WHICH ARE BEHIND, AND REACHING FORTH UNTO THOSE THINGS WHICH ARE BEFORE,



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12:1-2