

PAUSE
REJOICE

prayer



ASK
YES

YES!

MARY AND JOSEPH (LUKE 1:26-38)

PSALM 25



**When we pray,
we say YES! to Jesus and His ways**



MEMORY VERSE

Always be full of joy in the Lord. I say it again—rejoice! Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand.

Philippians 4:4,6-7

FAMILY NOTES

- Reminder that these come out every second Sunday when our River Kids Video is out
- Check out the app Lectio for Families for more great opportunities for family discipleship

We have some exciting things coming up at Christmas to bring Jesus into your homes including a Advent prayer resource and host a Christmas party initiative.

PRAYER EXERCISE

YES/YIELD - Jesus' Path

Take the time to set the kids up to get comfortable and slow the pace down. You may want to get them to spread out, lie down on their stomach to help them not be distracted.

I want you to imagine you are walking on a path.

This path is to represent how you feel life is going right now. What does your path look like? Is it windy or straight? What are your surroundings? Are you in an open space or going through something?

Now I want you to imagine Jesus. He is definitely there. Can you see Him? Where is He? Is He walking with you? Are you walking to Him?

Jesus stops walking and you notice there are a few branches to the path! Jesus chooses one path and invites you to follow him. What path is this? where does it go? Is it easy or hard to say yes?

To finish: No matter what is happening in life, Jesus is always with us and he guides us down the paths he wants our lives to take. All we have to do is say YES!

CHAT IT OUT

Don't forget to always create a space for sharing with these. Ask them what they imagined doing with Jesus.

EXPLAINING ASK

OBJECT LESSON - Invitation

Fold up [this invitation](#) and ask the kids what they think this is!? Have one kid open and read out the invitation...

Explain: Every time we pray, it's like Jesus give us this invitation, he invites us to follow him and say 'YES!' to his way of doing things. When we pray about something in particular it's important for us to listen to Jesus and see what he is inviting us into!

Read through Luke 1:26-38

Ask them to highlight where Mary says "I am the Lord's servant. May everything you have said about me come true"

SAY: Mary says yes to God's incredible plan even though it will change her life forever. Because of Mary's obedience, Jesus came into the world to save us! When we say Yes to Jesus like Mary and Joseph, God will do incredible stuff through us!

LECTIO ON THE PSALM

Let's look at our YES Psalm! Psalm 25

Lead them through Lectio Divina steps:

1. Pray that God would speak to us
2. Read through once
3. Pause and be quiet for 10 seconds and then go around the circle and each person share the word or phrase that stood out to them without explaining why (they could all highlight it too)
4. Read it through again
5. Have 30 seconds - 1 minute of quiet for the kids to 'ponder' what their phrase might mean. *You may want to use the calm jar you made to act like a timer.* Explain its okay if they think of other verses / concepts and things. That is Holy Spirit making connection.
6. Thank Jesus for speaking and this time.
7. Share about what God drew their attention too.
8. Have everyone fill in the question at the bottom of the booklet, 'What does this bible passage tell me about saying YES to Jesus in prayer?'