

# LIVING IT OUT

Term 1 & 2 (2021)

## **SERMON SERIES GOALS**

- Paint a vision of just how good the gospel is because it is about the King, His kingdom, and our participation within that kingdom through discipleship.
- Be captured/re-captured by this vision, and compelled to wholeheartedly follow Jesus.
- Equip each of us as we disciple others.

#### **READ**

Read the gospel of Matthew at least once during each term. As you read, ask yourself:

• Where do you see Jesus' Kingdom challenging other 'kingdoms' (e.g. the Roman Empire, Israel, the temple) as well as people's personal kingdoms (e.g. the Pharisees, the disciples, the rich, the poor, the Jews, the Gentiles)?

## Consider:

•	My personal kingdom is what I have say over, what's under my control – including my time, finances, thoughts, attitudes, beliefs, as well as my behaviour).

#### **PRAY**

Prayer happens in all different ways. One example is a reflective practice called 'SEE'.

God is present in, and working through, the ordinary experiences of our everyday lives. We must learn how to discover God in those experiences. For most of us, most of the time, we are too busy; our environment is too noisy, and we are distracted. Silence is rare. Focus is difficult.

Awareness and discernment are at a premium. 'SEE' is an intentional practice to bring more awareness of God's action in our life, which is His grace.

#### HOW:

- 1. Get yourself into a comfortable position (sitting upright with hands on your knees, feet flat on the floor), and close your eyes.
- 2. Recall that you are in God's presence. Invite the Holy Spirit to guide you as you review the events of your day.
- 3. Walk through the events of the day, a bit like watching the day in fast forward. What happened in the morning? [Pause] What happened in the afternoon? [Pause] What happened in the evening? Try to recall both the experiences of the day and your responses to the day (your inner responses and your external responses).
- 4. Pay attention to where God was at work and speaking but you did not notice 'in the moment': God, what were you doing when this \_\_\_\_\_ was taking place? God, what were you saying to me about \_\_\_\_\_ but I missed it in the moment? End with a prayer of gratitude to be more aware of God's presence and his activity.
- 5. When we take time, when we pause to look back we position ourselves to be more aware of where God is already at work in our own life, in the lives of those around us (including those people who don't yet know Christ), and in our world.

If it helps you to focus during this practice, we have recorded an audio version of these steps to help guide you as you reflect: **CLICK HERE** 

NHY:
Because where we live, where we work or study, the family and community that God has blaced us in is not a mistake, it's not random. God has placed us in these environments for
lis purpose.

## **REFLECT**

As you **WATCH** or **LISTEN** to the sermon each fortnight, consider the following questions:

- 1. <u>How</u> is your understanding of the gospel expanding through the 'Kingdom' series?
- 2. What part of your life is God inviting or challenging you to put Jesus as King? (*Put another way:* Which area of your life is yet to yield to Jesus' rule?)
- 3. How are you participating or cooperating with God in expanding His kingdom (e.g. in your home/family, school/workplace, community/neighbourhood?

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#### **PRACTICE**

#### WHAT?

Spend some time intentionally noticing the world around you (including people). Where do you see reflections of God's kingdom? It might be when you see a parent tenderly caring for their child; it could be a selfless act of kindness; something you notice in nature; even a piece of artwork or music...

## HOW?

A journal or notebook is a great way to become more intentional by writing down what you notice and reflecting on the impact of the practice. Another way to do this is to keep a photo journal – perhaps you can take photos of what you see (be careful not to photograph people without their consent), or take photos of things that remind you of what you saw.

WHY?	
When we observe these things, they are meant to point us to someone and something ele – God and his Kingdom!	se
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If you have any questions or would like to talk to someone about any of the 'Living It Out' activities, please email us at <u>careagrlc.org.au</u>