

PAUSE
REJOICE



ASK
YES

ASK

BLIND BART (LUKE 10:46-52)

PSALM 63



***When we pray,
we ask Jesus to help us and others.***



MEMORY VERSE

Always be full of joy in the Lord. I say it again—rejoice! Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand.

Philippians 4:4,6-7

FAMILY NOTES

- Reminder that these come out every second Sunday when our River Kids Video is out
- Check out the app Lectio for Families for more great opportunities for family discipleship

We have some exciting things coming up at Christmas to bring Jesus into your homes [including a Advent prayer resource and host a Christmas party initiative.](#)

PRAYER EXERCISE

ASK - Hands Down, Hands Up

Take the time to set the kids up to get comfortable and slow the pace down. You may want to get them to spread out, lie down on their stomach to help them not be distracted.

Have them go to a place they love in their imagination and picture Jesus in front of them.

Explain that just like Jesus asked Blind Bart, he asks us, 'What do you want from me?'

With their hands facing down to symbolising they are ASKING JESUS to take their worries and giving over their needs, give them 2 mins of silence to just ask Jesus for help.

Then prompt them to flip their hands to face upward, as a symbol of receiving from Jesus. Remind them He has heard all our requests.

In this receiving time, they might think of bible verses that remind them of what Jesus gives, or picture Him giving them a present.

Don't forget to chat it out!

EXPLAINING ASK

TARTER OBJECT LESSON - OUT OF REACH

You will need a \$1 coin or a lolly.

Ask for a volunteer to hop up. Explain that they need to get the coin/lolly from you but they aren't allowed to touch any part of your body. Proceed to stand up and hold it high over your head. If you are only a little bit taller than your kids and they they would be able to reach, also stand on a chair. The trick is all they have to do is ASK, and you will give it to them. They might get this straight away or you can keep picking volunteers.

Read out the truth bomb together.

Explain that when we prayer we get to ask Jesus for help. He loves to help us and wants us to ask.

Sometimes we forget that and how powerful prayer is! *Then head to your bibles to read the bible story and discuss what it says about ASKING in prayer.*

LECTIO ON THE PSALM

Let's look at our ASK Psalm! Psalm 17

Lead them through Lectio Divina steps:

1. Pray that God would speak to us
2. Read through once
3. Pause and be quiet for 10 seconds and then go around the circle and each person share the word or phrase that stood out to them without explaining why (they could all highlight it too)
4. Read it through again
5. Have 30 seconds - 1 minute of quiet for the kids to 'ponder' what their phrase might mean. *You may want to use the calm jar you made to act like a timer.* Explain its okay if they think of other verses / concepts and things. That is Holy Spirit making connection.
6. Thank Jesus for speaking and this time.
7. Share about what God drew their attention too.
8. Have everyone fill in the question at the bottom of the booklet, 'What does this bible passage tell me about ASKING in prayer?'