



JESUS + THE PARALYSED MAN (LUKE 5:17-26)

+

'GIVE US EACH DAY OUR DAILY BREAD AND FORGIVE OUR SINS...'



Jesus is our provider and forgiver, so I can trust him



FAMILY NOTES

- Reminder that these come out every second Sunday when our River Kids Video is out
- Check out the app Lectio for Families for more great opportunities for family discipleship

DATES OF INTEREST:

Baptisms - Sunday 17 March

Good Friday - Friday 29 March at 10am

Easter Sunday - Sunday 31 March at 10am



TEACHING

READ THE BIBLE STORY - LUKE 5:17-19

Read it together and ask everyone to share what this story shows them about Jesus. For example they might say kind, powerful, caring, special.

I would suggest you go around the circle and ask everyone to say one.

OBJECT LESSON - FORGIVENESS

Take a piece of plain A4 paper and have one of the kids scrunch it up as much as they can! (keep a fresh page with you for the end)

Explain: When we sin or do things that hurt our relationship with God it's like we're scrunching up piece of paper!

It's the same if someone does something to hurt us...

We can try and un-scrunch the paper but there will still be lots of crinkles and maybe even tears. Our relationship might be ok but it might not be fully healed.

In the Lord's prayer it tells us to ask God for forgiveness for the things we do that separate us from him; sin. When we ask for forgiveness Jesus doesn't just smooth out the crumpled paper, he replaces it with one that's all new, completely fresh, no bumps, ridges or tears. Jesus restores our relationship so that it is brand new. We get a fresh start every time with Jesus because he loves us so much that he was willing to die for us.

PRAYER EXERCISE

THE LORD'S PRAYER - Forgive us and give us our daily bread

Ask: What does it mean to ask God for our daily bread? Do you think he means our literal food?

Explain: Jesus is teaching us is to ask for the things we need for the day. For some people struggling this might literally be a prayer for bread! But for most of us It might not be physical objects that we need, instead it could be peace, comfort, joy, patience etc

Ask: What even is forgiveness?

Explain: Forgiveness is letting go of hurt feelings and wanting revenge on someone when they hurt you. When we sin it hurts our relationship with God yet he forgives us because he loves us and doesn't want anything to come between us. He asks us to do the same for others too when they do things to hurt us.

POWER TO... Prayer activity

Explain: Jesus give us everything we need and forgives us, we trust him knowing he saves us, forgives us, helps us and heals us.

Using [this sheet](#) (A3) have the kids write or draw down something for each section: Power to Heal, Power to Save, Power to Help, Power to Forgive.