



# SEVEN STRONG

Seven Strong is an 8-week discipleship journey designed to move us from simply believing in Jesus to truly following Him. Beginning with an introduction to what it means to be a disciple, we will then explore seven essential spiritual dimensions—Bible, Holy Spirit, Mission, Prayer, Worship, Service, and Generosity. Each week helps us grow deeper, live stronger, and become more like Christ as we build a faith that lasts.

## Seven Strong — Week 2

### Dimension #1: BIBLE

**“Strong Disciples Are Rooted in God’s Word”**

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#### BIG IDEA

**The Bible is more than the world’s best-selling book — it is God’s inspired Word that tells His redemptive story and shapes who we become.**

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#### WHY THE BIBLE MATTERS

- God revealed Himself through Scripture
- Written over 1,500 years, yet unified by one story
- Inspired by God (2 Timothy 3:16–17)

*The Bible teaches, corrects, and equips us to live for God.*

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## WHY PEOPLE DON'T READ THE BIBLE

### 1. They are intimidated

It feels overwhelming, confusing, or hard to understand

### 2. They don't understand it

*"My people are being destroyed because they don't know me."* — Hosea 4:6

### 3. They don't know its purpose

God uses Scripture to shape, train, and prepare us (2 Timothy 3:16–17)

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## WHY THIS MATTERS NOW

Many people are walking away from truth — but God is stirring hunger for His Word again (2 Timothy 4:1–4)

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## HOW TO ENGAGE THE BIBLE WELL

### 1. Let the Bible speak for itself

Read for what God meant, not what we want it to say

### 2. Read in context

Don't twist Scripture to fit opinions

### 3. Apply it to today

God's Word is timeless — its truth still speaks to our lives now

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## LIVE OUT WHAT YOU READ

Healthy Bible habits include:

- Choose a translation you understand
- Ask the Holy Spirit for insight

- **Read systematically, not randomly**
- **Journal using S.O.A.P.**
  - *Scripture*
  - *Observation*
  - *Application*
  - *Prayer*
- **Stay consistent and accountable**

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## NEXT STEPS

- **Pick a Bible reading plan**
- **Read the Bible 4 days a week for 90 days**
- **Read through the Gospel of Mark**
- **Write down what God shows you**

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## BOTTOM LINE

**The Bible isn't just a book — it is God's voice for your life.  
If you will engage with it consistently, it will change you.**

**Will you commit to growing stronger in God's Word this week? **