



**Renewed Part 4**  
*Renewed Strength*

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**LifeGroup Discussion Guide**  
*for the week of 1/19/2020*

**CONNECTION**

[1] What in creation speaks the most to you of God's strength?

**OBSERVATION & INTERPRETATION**

[2] Isaiah 40:28-31 speaks of renewed strength, what do these scriptures mean to you?

[3] Do you notice a different in your spiritual walk when you spend more time in His presence, His word, and when you take time to thank and praise God?

**APPLICATION**

[4] Spending time in God's presence can refresh and renew us. Strength comes when we wait upon the Lord. How do you plan to intentionally set aside time for God to renew your strength this year?

**REFLECTION**

[6] What areas of your life have you leaned on your own strength? How can you get God involved in those areas?