



**Imperfect Pt. 1**  
*Imperfect Self*

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**LifeGroup Discussion Guide**  
*for the week of 3/6/2021*

**CONNECTION**

[1] What is perfectionism? Do you think you struggle with it? Please explain your thoughts.

**OBSERVATION & INTERPRETATION**

[2] Is perfectionism the same as the pursuit of excellence or personal growth? How do the lines get blurred?

[3] Read Matthew 5:48, 5:17, and Hebrews 10:14. What did Jesus do to free us from the need to be perfect?

**APPLICATION**

[4] What encouragement does Jesus give us in 2 Corinthians 12:9 when we are confronted with our imperfections?

[5] How can letting go of perfectionism change your attitude towards others?

[6] According to Pastor Rich, what is the impact of focusing on who you are rather than who you think you are?

**REFLECTION**

[7] The Bible nowhere encourages us toward perfectionism. It promises us perfection: God “sees us” as perfect now (2 Corinthians 5:21) and in actuality we will be in age to come (Revelation 21:3) as a free gift of God’s grace. How does knowing this change your perspective on perfectionism? What thoughts towards yourself do you need to change to be freer of perfectionistic tendencies?