

## Intimacy

Pt 4: Achy Breaky Heart—Pastor Dustin Ludwig

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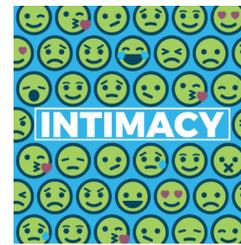
**LifeGroup Discussion Guide**  
for the week of 2/25/2017

### CONNECTION

- [1] Let's have some fun and share a few stories from the past! Can you remember the first time you experienced "heartbreak?" Maybe it was your first crush, you received a bad grade, didn't make the cut, etc. – let's keep it lighthearted.

### OBSERVATION & INTERPRETATION

- [2] Let's read together Genesis 3:6 as well as Genesis 6:1-2. What pattern do you see within these two passages?
- [3] Dustin mentioned that man's pattern for sin and heartbreak can be found in the passages we read together. That man *saw good* and *took*. Would you agree that "good" is not always God's best? Why or why not? Share your experiences.
- [4] God created a new pattern in this, where man *saw good* and *took* – God *saw bad* and *gave (best)*. As a group, take turns reading through Isaiah 53 (read in The Message Version if possible) to help us have a better perspective of God's plan for healing and the heartbreak that He endured.
- [5] Which part of Isaiah 53 stands out to you the most? What does this make you think? How does this make you feel?



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## APPLICATION

- [6] Dustin mentioned “Our *healing* is rooted in His *heartbreak*.” The heartbreak being the sacrifice of God’s own son, Jesus, on the cross for each of us. How does this change your perspective on trials and difficulties, knowing that your healing is available because of the finished work of the cross?

## REFLECTION

- [7] Romans 5:20 declares, *Now the law came in to increase the trespass, but where sin increased, grace abounded all the more.* You could put it this way, where *heartbreak* increased, grace abounded all the more.

With that said, have you ever experienced God’s grace and peace even in the midst of your most difficult heartbreak? Maybe you’re crying out to God to experience that peace in the midst of heartbreak today. Would you share your story with your life group?

- [8] Take some time to pray for one another. Remember 1 Thessalonians 4:13, *that we do not grieve as others who have no hope*, but where our heartbreak increases, God’s grace abounds all the more through the finished work of the cross.



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