



Let's Talk Part 2
Let's Talk Expectations

LifeGroup Discussion Guide
for the week of 2/9/20

CONNECTION

[1] What insight, principle or observation from this weekend's message did you find to be most helpful, eye opening or troubling? Please explain.

OBSERVATION & INTERPRETATION

[2] List some expectations spoken and unspoken that might be operating in one of your relationships. How are they impacting this relationship?

[3] Think back to your family, life experiences, and religious upbringing: How is your past reflected in these expectations?

[4] What types of feelings get stirred up when thinking about someone's expectations toward you or your expectations towards someone else?

APPLICATION

[5] Why is it so important to express both spoken and unspoken expectations in our relationships? Please explain.

[6] What happens when we bring unrealistic expectations into our relationships? Share an example when you brought unrealistic expectations to a relationship or someone had unrealistic expectations towards you...what was the consequence of these expectations?

[7] Explain the power of negotiated expectations: What makes them so important to healthy relationships?

REFLECTION

[8] God is often at the center of our expectations and how we feel about our life and relationships. What are your expectations toward God? Are they realistic (line up with scripture)? What does Romans 12:1-2; Hebrews 13:20-22; and Philippians 2:13 teach us about aligning our expectations with God's?