



This IS US Pt. 7
Intimacy Journey Pt. 3 Courage

LifeGroup Discussion Guide
for the week of 6/23/2018

CONNECTION

- [1] What insight, principle or observation from this weekend's message did you find to be most helpful, eye opening or troubling?

Please explain.

OBSERVATION & INTERPRETATION

- [2] Why does it take courage to increase intimacy in relationships taking them from good to great?

- [3] What makes it hard to get out of our comfort zone and work towards positive change rather than stay stuck in old relational problems?



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APPLICATION

- [5] What would be the impact on your relationships if you view people the way God sees them rather than through your own expectations?

- [6] How would they respond to you if you spent more time finding out who they really are and allowing yourself to see them differently?

- [7] What role does changing who you are play in building relational intimacy?

- [8] Have you ever had someone text or talk on Cell phone while you were trying to connect with them? What did that feel like? What are some ways you can “be present” in your relationships?

- [9] Support includes verbalizing encouragement, helping them visualize a positive outcome, and providing a sense that you are in this together with them. Is there someone in your life that needs support right now? What can you do to help them?

REFLECTION

Read Proverbs 17:22 (NIV). Have you ever connected with someone through something that was funny or through a fun experience together? Are You adding more joy to your relationships or negativity? What attitude changes can you make to bring contagious joy and laughter to your relationships?



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