



## The Sweet Life Pt. 1

*Stay Free*

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### Crossroads LifeGroup Discussion Guide

*for the week of 3/16/2019*

#### CONNECTION

[1] Have you ever experienced legalism—trying to earn God’s favor (or people in a church) through keeping religious rules and following lists of do’s and don’ts? How did this impact your relationship with God? Feelings about yourself?

#### OBSERVATION & INTERPRETATION

[2] What is the purpose of the law (Romans 7:7)?

[3] Jesus said he came not to destroy the law but to fulfil it. What did he mean by this and how does it change our relationship to the Old Testament law (Mathew 5:17; Galatians 5:7-15)?

#### APPLICATION

[4] What does it mean to fall from grace? How does this put us back into bondage to the law?

[5] What does it mean to walk in the Spirit? How does this help us overcome the lust of the flesh?

[6] In Christ we are righteous by faith and are called to liberty which leads us to love and serve one another as we love our neighbors as ourselves. When we are set free from the law into grace what changes in our motivation to move away from sin into Spirit empowered love and service?

#### REFLECTION

[7] John 1:17 (NIV) states that grace and truth came through Jesus. Does grace mean that we can ignore the truth about our lives and how God wants us to live or does grace mean we can face truth about ourselves in the light of scripture without judgement? What are your thoughts on the relationship between grace and truth and how they work together?