



### **CONNECTION**

[1] What encourages you the most to have a heart of hope and trust?

### **OBSERVATION & INTERPRETATION**

[2] Read Samuel 22:1-5. What kind of followers does a leader in bondage to negative strongholds or mindsets attract? How can this impact the health of the leader's organization?

[3] Read Psalm 9:9, 27:1, and 144:2. Humans have a tendency to run to strongholds when we are afraid, hurting or stressed. What's God's answer to our desire for protection?

### **APPLICATION**

[4] What are strongholds and what forms do they take in our lives? How do we battle against them?

[5] What did Pastor Rich mean when he said, "The Key of David opens the door to a future and locks the door to hopelessness"? (See Revelation 3:7, NIV).

[6] In the story of Jacob, Rachel, and Leah, Leah tried to gain love through having children with Jacob. Naming her last child Judah (Praise) spoke of finding her hope in trusting God with her life. Can you share an example of trusting God in some area or problem in your life? How did turning it over to God bring you hope?

### **REFLECTION**

Zechariah 4:6-7 Then he said to me, "This is the word of the LORD to Zerubbabel saying, 'Not by might nor by power, but by My Spirit,' says the LORD of hosts. 'What are you, O Great Mountain? Before Zerubbabel you will become a plain; and he will bring forth the top stone with shouts of "Grace, grace to it!"'"

According to these verses, where do we find strength to face and overcome strongholds? What stronghold do you need to shout "Grace, Grace to it"? Will you do that? What might God be trying to show you through shouting his praise at your problem?