



Fixer Upper Pt. 3
Demo Day

LifeGroup Discussion Guide
for the week of 10/21/2017

CONNECTION

- [1] If you have been involved in a remodeling project, what was it like doing the “demo” part of the project? How do you relate your experience to this weekends message?

OBSERVATION & INTERPRETATION

- [2] Pastor Rich talked about removing barriers by knocking down walls that hinder our relationships. One way to break down a relational barrier is to move in the “opposite” spirit. For the acrostic CLEAN, what would be an “opposite” way to respond to each barrier?

<u>Barriers</u>	<u>Opposite Behavior</u>
Critical spirit	_____
Lying spirit	_____
Envyng spirit	_____
Accusing spirit	_____
Negative spirit	_____

- [3] If you could change these barriers into positive behaviors, how might these changes impact your relationships? Which barrier do you find the most difficult to overcome?



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APPLICATION

To make changes in a relationship we need support beams to hold the structure up as we make necessary changes. Our support beams (load bearing walls) in relationships are: Grace, Respect, Encouragement, Accountability and Trust.

- [4] How does our ability to understand our own shortcomings and need for grace impact our ability to give grace to others?

- [5] What happens to a relationship that loses respect or trust? What are some ways to regain respect or trust if they are lost?

- [6] Encouragement can be a powerful tool in building and strengthening relationships, what are some ways we can encourage each other?

- [7] A building inspector brings accountability to the worksite, what can be the consequence of a lack of accountability in a relationship?

TAKING IT HOME

Pastor Rich stated that a natural human spirit believes only what it sees and a supernatural spirit believes what it has not seen. With God's help, choose to focus on a positive trait each day of someone you are in relationship with and dwell on that positive trait throughout the day. Notice how this exercise changes your perspective on this person and your attitudes towards them.



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