



Can You Relate Part 2
Forgiveness

LifeGroup Discussion Guide

For the week of 3/19/2023

- [1] What insight, principle or observation from this weekend's message did you find to be most helpful, eye opening or troubling? Please explain.
- [2] What does it mean to forgive someone from your heart?
- [3] Does forgiving someone mean you will no longer have difficult emotions related to the pain of the incident? What are your thoughts?
- [4] Why do we need God's help to truly forgive some people?
- [5] According to Pastor Rich, how does forgiveness "release"? What did he mean by that?
- [6] What does forgiveness "reveal" according to Pastor Rich?
- [7] Does forgiveness mean the offense didn't matter or that we should automatically let someone who hurt us back into our lives? Please share your thoughts?
- [8] How does personal repentance and salvation through faith in Jesus relate to forgiving others?
- [9] What are the spiritual and psychological consequences of unforgiveness?
- [10] Who do you need to forgive? Why?