

Let's Talk Part 4 Let's Talk Connection

LifeGroup Discussion Guide

for the week of 2/22/20

CONNECTION

[1] What insight, principle or observation from this weekend's message did you find to be most helpful, eye opening or troubling? Please explain.

OBSERVATION & INTERPRETATION

- [2] How would you define "intimacy" using non-sexual terms?
- [3] Read about David and Jonathan (1 Samuel 18:1-4; 1 Samuel 19:1-6; 1 Samuel 20), what made this an intimate relationship?
- [4] Have you ever experienced a close connected relationship? What was it like?

APPLICATION

- [5] What types of life experiences make it hard for people to be vulnerable in their close relationships?
- [6] How would you respond to someone who says, "I have God, I don't need people"?
- [7] What are some ways we can create deeper connection in our relationships?

REFLECTION

[8] Many people struggle with deeply connected relationships because they fear that if they are fully known by another person they will be rejected and abandoned yet one of our deepest longings as human beings is to be fully loved and fully known. How might taking a step of trust by letting someone know something about you help you overcome your fear of intimacy? Is there someone you feel safe enough with to start this process?