

## Book 2 of Psalms

### Exodus

We are looking at the 5 books of Psalms and how they mirror the first 5 books of the Bible in message and theme, as well as how they tie us to the new testament and point us to Jesus, for the purpose of growing and in enhancing how we worship God in spirit and in Truth.

If book 2 then, mirrors Exodus, what are the themes or messages that we are looking for?

#### **Captivity, and a cry to God-**

We find the children of Israel in a state of bondage and captivity to the nation of Egypt. They cry out to God in desperation and he hears them.

#### **Exodus 2:23-25**

*Then the children of Israel groaned because of the bondage, and they cried out; and their cry came up to God because of the bondage. <sup>24</sup> So God heard their groaning, and God remembered His covenant with Abraham, with Isaac, and with Jacob. <sup>25</sup> And God looked upon the children of Israel, and God acknowledged them.*

#### **Exodus 3:9**

*<sup>9</sup> Now therefore, behold, the cry of the children of Israel has come to Me, and I have also seen the oppression with which the Egyptians oppress them.*

- We worship God because he hears us in our distress.

#### **Deliverance-**

God does not leave his people in suffering, he sends them a deliverer, not just from their captivity in Egypt, but from his justice against their sin. Through the blood of the lamb, the angel of death passes over the Israelites.

#### **Exodus 3:8**

*<sup>8</sup> So I have come down to deliver them out of the hand of the Egyptians, and to bring them up from that land to a good and large land, to a land flowing with milk and honey, to the place of the Canaanites and the Hittites and the Amorites and the Perizzites and the Hivites and the Jebusites.*

#### **Exodus 12:13**

*<sup>13</sup> Now the blood shall be a sign for you on the houses where you are. And when I see the blood, I will pass over you; and the plague shall not be on you to destroy you when I strike the land of Egypt.*

- We worship God because he rescues and deliver us.

### **The Mighty Works of God-**

Exodus contains some of the most incredible acts of God recorded in the Bible and demonstrates God's sovereignty and authority over all the gods of men or kingdoms of the world.

### **Exodus 3**

*<sup>19</sup> But I am sure that the king of Egypt will not let you go, no, not even by a mighty hand. <sup>20</sup> So I will stretch out My hand and strike Egypt with all My wonders which I will do in its midst; and after that he will let you go.*

- We worship God because he is able to do what only he can do.

### **Our need for total Redemption-**

shortly after the Israelites were delivered from Egypt, they made a golden calf in the wilderness and worshipped it, giving it the credit for getting them out of Egypt. This proved that even though they had been taken out of Egypt, Egypt had not been taken out of the Israelites. They would have to learn what it meant to worship God and God alone, they would have to be made new, and given new hearts.

### **Exodus 32:1-5**

*Now when the people saw that Moses delayed coming down from the mountain, the people gathered together to Aaron, and said to him, "Come, make us gods that shall go before us; for as for this Moses, the man who brought us up out of the land of Egypt, we do not know what has become of him."*

*<sup>2</sup> And Aaron said to them, "Break off the golden earrings which are in the ears of your wives, your sons, and your daughters, and bring them to me." <sup>3</sup> So all the people broke off the golden earrings which were in their ears, and brought them to Aaron. <sup>4</sup> And he received the gold from their hand, and he fashioned it with an engraving tool, and made a molded calf.*

*Then they said, "This is your god, O Israel, that brought you out of the land of Egypt!"*

*<sup>5</sup> So when Aaron saw it, he built an altar before it. And Aaron made a proclamation and said, "Tomorrow is a feast to the Lord."*

- Aaron’s use of “Lord” indicates that he is applying God’s name to the idol they have made; blasphemy, heresy, and idolatry all at once.
  - Meanwhile, Moses is about to come down the mountain with the 10 commandments, of which the first to read, ““You shall have no other gods before Me. You shall not make for yourself a carved image”
  - There is a deeper problem than Israel’s bondage to Egypt; it is mankind’s bondage to sin. We need total redemption
  - We worship God because he made a way for our total redemption by His Blood.
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## 1. Captivity and a cry out to God

### Psalm 42:1-5

*As the deer pants for the water brooks, So pants my soul for You, O God.*

<sup>2</sup> *My soul thirsts for God, for the living God. When shall I come and appear before God?*

<sup>3</sup> *My tears have been my food day and night, While they continually say to me, “Where is your God?”*

<sup>4</sup> *When I remember these things, I pour out my soul within me. For I used to go with the multitude; I went with them to the house of God, With the voice of joy and praise, With a multitude that kept a pilgrim feast.*

<sup>5</sup> *Why are you <sup>cast</sup> down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him For the help of His countenance.*

- David reminds us that worship is not about pretending to feel happy when you aren’t, its about an earnest call to God, seeking him “as the deer pants for water”.
- It’s also about choosing to praise for what he has already done. That is why the believer can be “full of sorrow, yet rejoicing”.

### 2 Corinthians 6:10

<sup>10</sup> *as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.*

God has already won the battle.

Worship begins when we cry out to God in distress. What do you need to cry out to Him for?

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## 2. Deliverance

### **Psalm 44:1-4**

*We have heard with our ears, O God, Our fathers have told us, The deeds You did in their days, In days of old:*

*<sup>2</sup>You drove out the nations with Your hand, But them You planted; You afflicted the peoples, and cast them out.*

*<sup>3</sup>For they did not gain possession of the land by their own sword, Nor did their own arm save them; But it was Your right hand, Your arm, and the light of Your countenance, Because You favored them.*

- The Psalmist recalls the stories of God's deliverance in the days of old; the days of Moses and Joshua.

### **Psalm 66**

*Come and see the works of God; He is awesome in His doing toward the sons of men.*

*<sup>6</sup>He turned the sea into dry land; They went through the river on foot.*

Do you remember what God has done for you, and how he has delivered you?

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## **3. The Mighty Works of God**

### **Psalm 68**

*<sup>7</sup>O God, when You went out before Your people, When You marched through the wilderness, Selah*

*<sup>8</sup>The earth shook; The heavens also dropped rain at the presence of God; Sinai itself was moved at the presence of God, the God of Israel.*

- Recalls the mighty works of God as he led his people in the wilderness by a pillar of cloud and fire, as well as even how the mountains trembled in his presence at mt Sinai

### **Psalm 46**

*Come, behold the works of the Lord, Who has made desolations in the earth.*

*<sup>9</sup>He makes wars cease to the end of the earth; He breaks the bow and cuts the spear in two; He burns the chariot in the fire.*

- Recalls God's mighty works over the Egyptians, God's power over even the greatest of war chariots or armies of men.

Do you see the mighty works of God and tremble? Do you give Him his due reverence and worship?

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#### **4. Our Need for Total Redemption**

Romans 1 paints a powerful picture to help understand the Israelites and the golden calf.

##### **Romans 1:20-21**

*For since the creation of the world His invisible attributes are clearly seen, being understood by the things that are made, even His eternal power and <sup>19</sup>Godhead, so that they are without excuse, <sup>21</sup> because, although they knew God, they did not glorify Him as God, nor were thankful, but became futile in their thoughts, and their foolish hearts were darkened.*

- Our evidence for God has never been God revealing himself to us face to face. Moses himself learns why on Mt Sinai, when God tells him that he can't physically handle being in the presence of the Glory of God.
- Instead God has revealed himself to us in his mighty works, in creation, and in his provision for us.
- The Israelites should have recognized and put their faith in God for all that he had done, but instead they wanted a God they could see and touch.

##### **Romans 1:25**

*<sup>25</sup> who exchanged the truth of God for the lie, and worshiped and served the creature rather than the Creator, who is blessed forever. Amen.*

- We are all guilty of having hearts that worship and serve created things rather than the creator. We all need God to fully redeem us and give us a new clean heart after his.

##### **Psalms 51**

*Create in me a clean heart, O God, And renew a steadfast spirit within me.*

*<sup>11</sup> Do not cast me away from Your presence, And do not take Your Holy Spirit from me.*

*<sup>12</sup> Restore to me the joy of Your salvation, And uphold me by Your generous Spirit.*

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**Hope in the Redeemer to Come- Book 2 Psalms that point us to Christ**

## Psalm 67

*"That Your way may be known on earth, Your salvation among all nations." (v.2)*

- A prayer for God's salvation to be known to all nations
- The Redeemer will bring salvation to all nations, not just the Jews

## Psalm 45:6-7

*Your throne, O God, is forever and ever;*

*A scepter of righteousness is the scepter of Your kingdom.*

*<sup>7</sup>You love righteousness and hate wickedness;*

*Therefore God, Your God, has anointed You*

*With the oil of gladness more than Your companions.*

- Cited in **Hebrews 1:8–9** directly referring to Christ as the eternal King.
- Messianic Marriage Psalm, Describes the **Bridegroom-King**, fulfilled in Jesus and His Church.
- The Redeemer will reign forever, reunited with his bride

## Psalm 68:18

*You have ascended on high,*

*You have led captivity captive;*

*You have received gifts among men,*

- Quoted in **Ephesians 4:8** as referring to **Jesus' ascension and victory over sin and death.**
- "received gifts" refers to the spoils of war that the conquering king receives. For God over Egypt, it was gold tributes and the freedom of his people, as well as many of the Egyptians.
- But when Paul quotes the verse he says "give gifts to men" meaning that the spoils of victory Christ received on the cross, he passed on to us.
- The Redeemer will break the chains of sin and death, and cast them away forever

## Psalm 69

- A powerful **Messianic lament** over Israel

*9 Because zeal for Your house has eaten me up,*

*And the reproaches of those who reproach You have fallen on me.*

- Quoted in **John 2:17**, after Jesus cleanses the temple

- Even the disciples connect this verse to Jesus' actions
- The pharisees ask for a sign, revealing that even they recognize Jesus' actions as relating to this verse
- The Redeemer will be zealous for the house of God, and bear the reproach of God as his own

*21 They also gave me gall for my food,  
And for my thirst they gave me vinegar to drink.*

**Matthew 27:34** – *“They gave Him sour wine mixed with gall to drink. But when He had tasted it, He would not drink.”*

**Mark 15:23** – *“Then they gave Him wine mingled with myrrh to drink, but He did not take it.”*

**John 19:29-30** – *“Now a vessel full of sour wine was sitting there; and they filled a sponge with sour wine... So when Jesus had received the sour wine, He said, ‘It is finished!’”*

- 2 separate events prophesied
- Before the cross- sour wine mixed with gall, a pain numbing agent that Jesus refused to drink
- Sour wine, vinegar, on the cross before Jesus said it is finished.

Jesus' refusal to take the first drink shows that he is taking the full cup of God's wrath on the cross. In the final moments of his life he cries out “I thirst” ensuring he is once again offered the sour wine which he drinks, symbolizing that the wrath of God has been fully poured out, the work is complete, and Jesus declares “it is finished”.

- The Redeemer will drink the full cup of God's wrath for the sins of mankind

## **Psalm 72**

8 He shall have dominion also from sea to sea,  
And from the River to the ends of the earth.

11 Yes, all kings shall fall down before Him;

15 And He shall live; And the gold of Sheba will be given to Him;  
Prayer also will be made for Him continually, *And* daily He shall be praised.

17 All His name shall endure forever; His name shall continue as long as the sun. And men shall be blessed in Him; All nations shall call Him blessed. nations shall serve Him.

- Royal Psalm about a **righteous king whose reign brings peace and justice** to all nations.
  - The Redeemer will live and reign forever
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### Recap - why should we worship God?

- He hears our cry
- He sent us a Deliverer
- He performed the mighty works we couldn't
- He redeemed us totally from our sinful hearts

### Psalm 68

Let God arise,  
Let His enemies be scattered;  
Let those also who hate Him flee before Him.

<sup>2</sup>As smoke is driven away,  
So drive *them* away;  
As wax melts before the fire,  
So let the wicked perish at the presence of God.

<sup>3</sup>But let the righteous be glad;  
Let them rejoice before God;  
Yes, let them rejoice exceedingly.

<sup>4</sup>Sing to God, sing praises to His name;  
Extol<sup>[a]</sup> Him who rides on the <sup>[b]</sup>clouds,  
By His name <sup>[c]</sup>Yah,  
And rejoice before Him.

<sup>5</sup>A father of the fatherless, a defender of widows,  
*Is* God in His holy habitation.

<sup>6</sup>God sets the solitary in families;  
He brings out those who are bound into prosperity;  
But the rebellious dwell in a dry *land*.

<sup>7</sup> O God, when You went out before Your people,  
When You marched through the wilderness, *Selah*

<sup>8</sup> The earth shook;  
The heavens also dropped *rain* at the presence of God;  
Sinai itself *was moved* at the presence of God, the God of Israel.

<sup>9</sup> You, O God, sent a plentiful rain,  
Whereby You confirmed Your inheritance,  
When it was weary.

<sup>10</sup> Your congregation dwelt in it;  
You, O God, provided from Your goodness for the poor.

<sup>17</sup> The chariots of God *are* twenty thousand,  
*Even* thousands of thousands;  
The Lord is among them *as in* Sinai, in the Holy *Place*.

<sup>18</sup> You have ascended on high,  
You have led captivity captive;  
You have received gifts among men,

<sup>19</sup> Blessed *be* the Lord,  
*Who* daily loads us *with benefits*,  
The God of our salvation! *Selah*  
<sup>20</sup> Our God *is* the God of salvation;  
And to God the Lord *belong* escapes from death.

<sup>28</sup> [k]Your God has commanded your strength;  
Strengthen, O God, what You have done for us.

<sup>29</sup> Because of Your temple at Jerusalem,  
Kings will bring presents to You.

<sup>30</sup> Rebuke the beasts of the reeds,  
The herd of bulls with the calves of the peoples,  
*Till everyone* submits himself with pieces of silver.  
Scatter the peoples *who* delight in war.

<sup>31</sup> Envoys will come out of Egypt;  
Ethiopia will quickly stretch out her hands to God.

<sup>32</sup> Sing to God, you kingdoms of the earth;  
Oh, sing praises to the Lord, *Selah*

<sup>33</sup>To Him who rides on the heaven of heavens, *which were* of old!  
Indeed, He sends out His voice, a mighty voice.

<sup>34</sup>Ascribe strength to God;  
His excellence *is* over Israel,  
And His strength *is* in the clouds.

<sup>35</sup>O God, *You are* more awesome than Your holy places.  
The God of Israel *is* He who gives strength and power to *His* people.

Blessed *be* God!

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