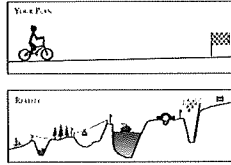


November 2020

Church Life

- If you are a guest with us today, we want to **WELCOME** you! If you haven't done so already, we invite you to stop by our Guest Reception Center in the lobby at the scooter table following the service. Someone will greet you, answer any questions you may have, and give you a gift as a thank-you for worshipping with us today!
- **Bible Reading Plan** - This year, we are encouraging our entire church to read through the Bible in one year. Every weekend, we will be giving away a \$50 gift card to a person who read the readings for the prior week. So here's how this works, please visit the scooter table **BEFORE** service, write your name on a ticket (if you did the readings for the week), and drop it in the bin. Then, at the end of the service, Pastor Adam will pull out a name, and someone will go home with a gift card(all services). We want to encourage our church to be in their Bibles, happy reading!
- Here at Grace, we have a wonderful **meal train ministry**. If any of our church family undergoes a significant life event, like a new baby, surgery, etc., we like to take one thing off their plates by bringing them dinner. If you've done that in the past and would like to continue to be a part of the meal train team (or would like to start!), email Kate Dulmes at kate.dulmes@gmail.com.
- TOPS is meeting at Grace every Tuesday from 5-7 pm. All women are welcome to join. No sign up is needed.
- **Grace Family**, we need some friendly volunteers to join our serving teams. These times have been tricky, but we are so thankful to stay open and worship together! Please fill out your connection card if you are interested.



November 2020

A sermon on finding rest in life.

1 Corinthians chapter 6: 12, “I have the right to do anything,” you say—but not everything is beneficial. “I have the right to do anything”—but I will not be mastered by anything.

Hebrews 4: 9-11 (NLT), “⁹ So there is a special rest still waiting for the people of God. ¹⁰ For all who have entered into God’s rest have rested from their labors, just as God did after creating the world. ¹¹ So let us do our best to enter that rest.....”
“God, You have made us for Yourself, O Lord, and our soul is restless until it finds rest in You.”

Matthew 11:28-29, “²⁸ Come to Me, all who are weary and burdened, and I will give you rest, ²⁹ Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and [when you come to Me], You will find rest for your souls.”

How to find satisfying rest in God:

1. We are going to _____.

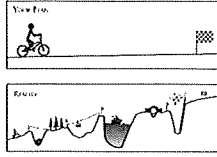
Psalm 46: 10, “Be still and know that I am God.”

Psalm 131:2, “But I have stilled and quieted my soul. ² [I’ve] stilled and quieted my soul; like a weaned child with its mother,”

How to find satisfying rest in God:

2. We’re going work God’s _____ for our life.

Proverbs 13:16, (TLB) “A wise man thinks ahead [but] a fool doesn’t and even brags about it!”



November 2020

Resting in God

1. November begins a super crazy busy season. So, when better to talk about rest than right before life gets crazy! Is this true for you?

READ: 1 Corinthians 6:12

2. Read this again... "I have the right to do things, but I will not be mastered by anything." Discuss the problem when things in the world become our masters.
3. What are some common 'Masters'? Pastor Adam, read some shocking statistics regarding our addiction to technology, but there are other things that can just as easily become our masters. Discuss this.
4. What happens to so many of us is we have an inability to shut down. We can never get it all done; so, we can never turn our minds off. Look at the list below and add to it anything missing, and identify where you would find yourself:
 - a. We're overwhelmed; we don't know why.
 - b. We're short with our children; we don't know why.
 - c. Spiritually, we feel exhausted; we don't know why.
 - d. We're longing for something more, and yet we don't know where to find IT.
 - e. Almost everybody in our culture today would say we could use more rest.

Our souls need to rest!

We need to disconnect from the world. God has a special rest for you.

And it is available to your soul.

READ: Hebrews 4: 9-11 (NLT),

5. There is a special rest waiting for you in a REAL relationship with God. Would you like true rest like God had after creating the world? How can we have this soul and spirit restoring rest?

A Quote from Pastor Adam... One of my favorite church theologians is Saint Augustine and he said this: "God, You have made us for Yourself, O Lord, and our soul is restless until it finds rest in You." For some of you, this captures exactly where you are. Your soul has been restless for so long. You have been looking for something that brings satisfaction, something that brings meaning, something that helps your relationships work, something that fills the void inside, something that makes you feel significant and purposeful in life. You have in you a God-shaped void. Nothing besides God will fill that void. Our soul is restless until it finds rest in Him.

READ: Matthew 11:28-29

6. There is a special rest for us, through Jesus. But you have a choice. God is not going to force you to rest in Him. Are you going to do what God is leading you to do? Are you going to keep running the rat race exactly as you have been? Or are you honestly ready to change?

How to find satisfying rest in God:

1. **We are going to be still. Just you and God taking time to pause in the midst of life. Go to be alone, rest, and talk with God. Discuss this.**

Psalm 46:10, "Be still and know that I am God"
Psalm 131:2, "But I have stilled and quieted my soul. ² [I've] stilled and quieted my soul; like a weaned child with its mother,"

7. Today, right now is a good time to begin! Start with 5 minutes a day of being silent before God. Give yourself this gift ... Five minutes to Be still.

How to find satisfying rest in God:

2. **We are going work God's plan for our life. Listen to God so you can come to understand what He wants for you in life! Discuss this.**

Jeremiah 6:16 – "Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls.

Which path will you choose today?

