



## Staying Spiritually Sustained

December 31<sup>st</sup>, 2023

**John 15:1-4**, “I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. You are already clean because of the word I have spoken to you. Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

**Being spiritually sustained comes through a \_\_\_\_\_ and \_\_\_\_\_ relationship with Jesus.**

**John 4:7-13**, “When a Samaritan woman came to draw water, Jesus said to her, “Will you give me a drink?” (His disciples had gone into town to buy food.) The Samaritan woman said to him, “You are a Jew and I am a Samaritan woman. How can you ask me for a drink?” (For Jews did not associate with Samaritans.) Jesus answered her, “If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water.” “Sir” the woman said, “you have nothing to draw with and the well is deep. Where can you get this living water? Are you greater than our father Jacob, who gave us this well and drank from it himself, as did also his sons and his livestock?” Jesus answered, “Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.”

**3 indicators that I am staying spiritually sustained:**

\_\_\_\_\_ **to be with Jesus.**

**Jeremiah 29:13**, “You will seek Me and find Me when you search for Me with your whole heart.”

**Psalms 122:1**, “I was glad when they said unto me, let us go to the House of the Lord.”

**Psalms 84:2**, “How lovely is Your dwelling place...my soul longs for you...my heart and my flesh cry out for you the living God.”

“My Presence shall...give you rest” – **Ex. 33:14**

“In Your presence is fullness of joy...pleasures forever” **Ps 16:11**

“In Him we live and move and exist...” we have life **Acts 17:28**

**3 indicators that I am staying spiritually sustained:**

\_\_\_\_\_ **to be like Jesus.**

**Luke 6:46-49**, “Why do you call me, ‘Lord, Lord,’ and do not do what I say? As for everyone who comes to me and hears my words and puts them into practice, I will show you what they are like. They are like a man building a house, who dug down deep and laid the foundation on rock.

When a flood came, the torrent struck that house but could not shake it, because it was well built. The one who hears my words and does not put them into practice is like a man who built a house on the ground without a foundation. The moment the torrent struck that house, it collapsed and its destruction was complete.”

**1 Timothy 6:11**, “But you, man of God, flee from all of this, and pursue righteousness, godliness, faith, love, endurance, and gentleness.”

**Ephesians 5:1**, “Be imitators of God.”

**John 14:15**, “if you love me, keep my commands.”

**3 indicators that I am staying spiritually sustained:**

\_\_\_\_\_ **to share Jesus.**

**Mark 16:15**, “And He told them, Go into all the world and preach the Good News to everyone.”