

FOUNDATIONS OF FAITH

SESSION 6: COMMUNION

MAKE IT YOUR OWN

What is the first element in Communion, and why is it significant to me?

Read: Luke 22:19-20, and Isaiah 53:5

What is the second element in Communion, and what is the importance?

Read: Matthew 26:26-28

When did Jesus perform the first communion? And, why is that timing noteworthy?

Read: 1 Corinthians 11:23-25.

WHAT'S NEXT?

1. When taking Communion, prayerfully ask the Holy Spirit to share its importance. Take it prayerfully, in an honoring manner, and as an act of worship. Let the significance of Jesus' death, burial, and resurrection renew your faith day by day.

PRAYER

Lord, I thank You for taking my place and enduring the cross on my behalf. Help me to recognize that Your suffering purchased my freedom, healing, salvation, and restoration back to God. Jesus, I thank You for the New Covenant and the new life I have in You. In Jesus' name, Amen.