

January 8th 2023
The Habit of Abundant Prayer

HABITS are actions that are	, and that have become natural because of
continued HABITS are the th	ings we do without but accomplish
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Luke 11:1, One day Jesus was praying in a cer	tain place. When he finished, one of his disciples said
to him, 'Lord, teach us to pray, just as John taug	ght his disciples'.
How Jesus Modeled Prayer	
1. Jesus modeled praying others. (Matthew 19: 13-15, John 17, Luke 22:32)
	ght to Jesus for him to place his hands on them and
pray for them."	
John 17:9, "I [Jesus] pray for them. I am not pr	aying for the world, but for those you have given Me,
for they are Yours."	
2. Jesus modeled praying other	s. (Luke 9: 12-17 & 28, Acts 1:14)
Luke 9:28, "[Jesus] took Peter, John and Jame	s with Him and went up onto a mountain to pray."
Acts 1:14, "They all joined together constantly	n prayer"
3. Jesus modeled praying from o	thers. (Luke 5:16, 6:12, Mark 1:35, Matthew 14:23)
Luke 5:16, "But Jesus often withdrew to lonely	places and prayed."
Psalm 46:10, "Be still, and know that I am God	n ·
Psalm 19:1, "The heavens declare the glory of	God; the skies proclaim the work of his hands."
Luke 6:12, "One of those days Jesus went out to a mountainside to pray"	
4. Jesus modeled praying over the	(Luke 6:12, John 17)
Luke 6:12, Jesus "spent the night praying to G	od."
5. Jesus knew that his prayers wor	lld be answered as (Matthew 26: 36-44)
Matthew 26:36-44, Then Jesus went with his d	sciples to a place called Gethsemane, and he said to
them, "Sit here while I go over there and pray." He took Peter and the two sons of Zebedee along with	
him, and he began to be sorrowful and troubled. Then he said to them, "My soul is overwhelmed with	
sorrow to the point of death. Stay here and keep watch with me." Going a little farther, he fell with his	
face to the ground and prayed, "My Father, if it is possible, may this cup be taken from me. Yet not as	
I will, but as you will." Then he returned to his disciples and found them sleeping. "Couldn't you men	
keep watch with me for one hour?" he asked Peter. "Watch and pray so that you will not fall into	
temptation. The spirit is willing, but the flesh is weak." He went away a second time and prayed, "My	
Father, if it is not possible for this cup to be take	en away unless I drink it, may your will be done."
When he came back, he again found them slee	ping, because their eyes were heavy. So he left them
and went away once more and prayed the third	time, saying the same thing.
Matthew 6:7-8, And when you pray, do not bak	ble on like pagans, for they think that by their many
words they will be heard. Do not be like them,	or your Father knows what you need before you ask
Him.	
Life Application:	
Make a commitment today to pray more frequently with more faith-filled prayers than ever	
before.	
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