# 21 DAY FAST

DAYSEVEN

# FASTING FOCUS

Philippians 4:6-8 (NLT)

6 DON'T WORRY ABOUT ANYTHING; INSTEAD, PRAY ABOUT EVERYTHING.
TELL GOD WHAT YOU NEED and THANK HIM FOR ALL HE HAS DONE.

- 7 THEN you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.
- 8 And now, dear brothers and sisters, one final thing. FIX YOUR THOUGHTS on what is true, and honorable, and right, and pure, and lovely, and admirable.

  THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.

TODAY I WILL NOT WORRY ABOUT IT...

TODAY I WILL PRAY ABOUT IT...

TODAY I WILL HAVE PEACE IN IT...

TODAY I WILL ONLY THINK ABOUT THE GOODNESS OF GOD!!!

# HEARING GOD

#### Romans 10:17

So faith comes from hearing, and hearing through the word of Christ.

#### Luke 11:28

But he said, "Blessed rather are those who hear the word of God and keep it!"

#### Hebrews 2:1

Therefore we must pay much closer attention to what we have heard, lest we drift away from it.

#### James 1:22

But be doers of the word, and not hearers only, deceiving yourselves.

## Revelation 3:20

Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him

## **Psalm 5:3**

O Lord, in the morning you hear my voice; in the morning I prepare a sacrifice for you and watch.

# Psalm 85:8

Let me hear what God the Lord will speak, for he will speak peace to his people, to his saints...

# **HEALING**

# Jeremiah 17:14

Heal me, O Lord, and I shall be healed; save me, and I shall be saved, for you are my praise.

## Jeremiah 33:6

Behold, I will bring to it health and healing, and I will heal them and reveal to them abundance of prosperity and security.

## Isaiah 53:5

But he was wounded for our transgressions; he was bruised for our iniquities; upon him was the chastisement that brought us peace, and with his stripes we are healed.

## Psalm 147:3

He heals the brokenhearted and binds up their wounds.

## 3 John 1:2

Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.

## James 5:16

16 Therefore confess your sins to each other and pray for each other so that you may be healed.

The prayer of a righteous man is powerful and effective.

# **HOPE**

#### **Romans 12:12**

Rejoice in hope, be patient in tribulation, be constant in prayer.

#### **Romans 15:4**

For whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope.

# Psalm 39:7

And now, O Lord, for what do I wait? My hope is in you.

## Proverbs 23:8

Surely there is a future, and your hope will not be cut off.

## Hebrews 10:23

Let us hold fast the confession of our hope without wavering, for he who promised is faithful.

# 1 Peter 3:15

But in your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you...

Remind Yourself

# God Has Something In Store For You

# Psalm 84:11

No Good Thing Will He Withhold, from them that walk upright

# Jeremiah 29:11

11 For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future.

# 1 Corinthians 2:9

9 But as it is written: "Eye has not seen, nor ear heard, Nor have entered into the heart of man The things which God has prepared for those who love Him."

# Ephesians 3:20

20 Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us,

# DAILY READING John 7

# What Is This Chapter Saying To Me?

- ❖ Be Aware Of The Pressure To Prove Who You Are
- \* This Pressure May Come From Within Rather Than Without {His Own Brothers}
  - ❖ Jesus Overcomes The Pressure To Prove Himself...Be Knowing His Purpose
    - ❖ Jesus Went To The Feast For Purpose Not For Popularity
    - ❖ When You Operate In Purpose... God Will Always Provide Protection
      - No Weapon Formed Against Us Will Prosper
- \* People Will Not Appreciate Your Anointing Because Of Their Familiarity With You

# Prayer

Lord, Give Me The Power To Overcome The Temptation To Prove Who I Am Lord, Give The Power To Remember Whose I Am

# DAILY MEDITATION THE WORD FOR MY WHY...

Spend Time Hearing From God!!!!

# Evening Prayer

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THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.

# What Caused You To Worry Today?

Pray About It Tonight!!!

Thank God For The Great Things That Happened Today!!!

Let Your Request Be Made Known For Tomorrow

What Are Expecting God To Do What Are Experiencing That You Can't Handle