

21 DAY FAST

DAY NINETEEN



FASTING FOCUS

Philippians 4:6-8 (NLT)

6 *DON'T WORRY ABOUT ANYTHING; INSTEAD, PRAY ABOUT EVERYTHING. TELL GOD WHAT YOU NEED and THANK HIM FOR ALL HE HAS DONE.*

7 *THEN you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.*

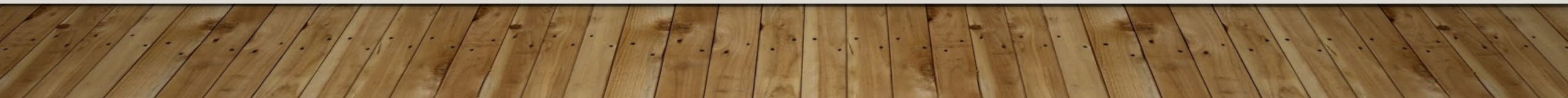
8 *And now, dear brothers and sisters, one final thing. FIX YOUR THOUGHTS on what is true, and honorable, and right, and pure, and lovely, and admirable. THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.*

TODAY I WILL NOT WORRY ABOUT IT...

TODAY I WILL PRAY ABOUT IT...

TODAY I WILL HAVE PEACE IN IT...

TODAY I WILL ONLY THINK ABOUT THE GOODNESS OF GOD!!!



Morning Prayer

TIME

Ecclesiastes 3:1

1 For everything there is a season, and a time for every matter under heaven

Psalms 90:12

12 So teach us to number our days that we may get a heart of wisdom.

Galatians 4:4

4 But when the fullness of time had come, God sent forth his Son, born of woman, born under the law...

TESTING

James 1:2-3

*2 My brethren, count it all joy when you fall into various trials,
3 knowing that the testing of your faith produces patience.*

Job 23:10

10 But He knows the way that I take; When He has tested me, I shall come forth as gold.

Proverbs 17:3

3 The refining pot is for silver and the furnace for gold, But the Lord tests the hearts.

1 Peter 1:7 (ESV)

*7 so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—
may be found to result in praise and glory and honor*

Morning Prayer

THANKS

1 Thessalonians 5:18

18 give thanks in all circumstances; for this is the will of God in Christ Jesus for you.

Psalms 100:4

4 Enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name!

Colossians 4:2

2 Continue steadfastly in prayer, being watchful in it with thanksgiving.

Psalms 107:1

1 Oh give thanks to the Lord, for he is good, for his steadfast love endures forever!

Psalms 69:30

30 I will praise the name of God with a song; I will magnify him with thanksgiving.

Philippians 4:6

6 do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

1 Chronicles 16:34

34 Oh give thanks to the Lord, for he is good; for his steadfast love endures forever!



Morning Prayer

Remind Yourself

GOD IS GOOD

Psalms 25:8

8 Good and upright is the Lord; therefore, he instructs sinners in the way

Psalms 27:13

13 I believe that I shall look upon the goodness of the Lord in the land of the living!

Psalms 31:19

19 Oh, how abundant is your goodness, which you have stored up for those who fear you...

Psalms 34:8

8 Oh, taste and see that the Lord is good! Blessed is the man who takes refuge in him

Psalms 107:1

1 Oh give thanks to the Lord, for he is good, for his steadfast love endures forever

Nahum 1:7

7 The Lord is good, a stronghold in the day of trouble; he knows those who take refuge in him.



DAILY READING

John 19

What Is This Chapter Saying To Me?

- ❖ *The Crowd Was Given A Choice ~ They Rejected Jesus*
- ❖ *Pilate, Like Many Today, Knew There Was Something About Jesus But Refused To Trust*
 - ❖ *Jesus Reminds Us...The Only Power Satan Has... Is Given By God*
 - ❖ *Pilate Would Rather Remain A Friend Of Ceaser, Rather Than Follow Jesus*
 - ❖ *Jesus Finished His Assignment... Will This Be Your Testimony*
 - ❖ *In The Midst Of Adversity, Jesus Still Looks After Others*
- ❖ *Although Joseph and Nicodemus were Secret Followers, They Still Followed*

Prayer

Lord, Thank You For Finishing The Punishment For Our Sins

Lord, I Will Not Be Ashamed To Own You In This World

Lord, Thank You For Being Wounded For Our Transgressions and Bruised For Our Iniquities

Lord, You Did It For Me!!!

*DAILY MEDITATION
THE WORD FOR MY WHY...*

Spend Time Hearing From God!!!!

Evening Prayer

Philippians 4:6-8 (NLT)

6 *DON'T WORRY ABOUT ANYTHING; INSTEAD, PRAY ABOUT EVERYTHING.
TELL GOD WHAT YOU NEED and THANK HIM FOR ALL HE HAS DONE.*

7 *THEN you will experience God's peace, which exceeds anything we can understand.
His peace will guard your hearts and minds as you live in Christ Jesus.*

8 *And now, dear brothers and sisters, one final thing. FIX YOUR THOUGHTS on what is true,
and honorable, and right, and pure, and lovely, and admirable.
THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.*

What Caused You To Worry Today?

Pray About It Tonight!!!

Thank God For The Great Things That Happened Today!!!

Let Your Request Be Made Known For Tomorrow

What Are Expecting God To Do

What Are Experiencing That You Can't Handle

