

# **21 DAY FAST**

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***DAY EIGHT***



# *FASTING FOCUS*

*Philippians 4:6-8 (NLT)*

6 *DON'T WORRY ABOUT ANYTHING; INSTEAD, PRAY ABOUT EVERYTHING.  
TELL GOD WHAT YOU NEED and THANK HIM FOR ALL HE HAS DONE.*

7 *THEN you will experience God's peace, which exceeds anything we can understand.  
His peace will guard your hearts and minds as you live in Christ Jesus.*

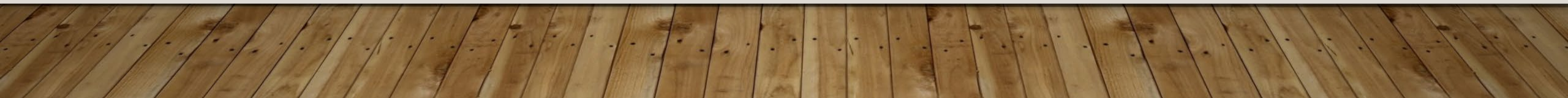
8 *And now, dear brothers and sisters, one final thing. FIX YOUR THOUGHTS on what  
is true, and honorable, and right, and pure, and lovely, and admirable.  
THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.*

*TODAY I WILL NOT WORRY ABOUT IT...*

*TODAY I WILL PRAY ABOUT IT...*

*TODAY I WILL HAVE PEACE IN IT...*

*TODAY I WILL ONLY THINK ABOUT THE GOODNESS OF GOD!!!*



# Morning Prayer

## **IMPOSSIBLE**

*Matthew 19:26*

*26 But Jesus looked at them and said to them, "With men this is impossible, but with God all things are possible."*

*Luke 1:37*

*37 For with God nothing will be impossible."*

*Jeremiah 32:17*

*17 'Ah, Lord God! Behold, You have made the heavens and the earth by Your great power and outstretched arm. There is nothing too hard for You.*

*Genesis 18:14*

*14 Is anything too hard for the Lord?*

*Matthew 17:20*

*20 So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you.*

*Mark 9:23*

*23 Jesus said to him, "If you can believe, all things are possible to him who believes."*



# Morning Prayer

## INSTRUCTION

*Proverbs 19:20*

*20 Listen to counsel and receive instruction, That you may be wise in your latter days.*

*Psalms 32:8*

*8 I will instruct you and teach you in the way you should go; I will counsel you and watch over you.*

*Proverbs 10:17*

*17 Whoever heeds instruction is on the path to life, but he who rejects reproof leads others astray.*

*John 14:26*

*26 But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you.*

*Proverbs 1:7*

*7 The fear of the Lord is the beginning of knowledge, But fools despise wisdom and instruction.*

*Proverbs 15:33*

*33 The fear of the Lord is instruction in wisdom, and humility comes before honor.*



# *Morning Prayer*

*Remind Yourself*

## *What God Has Promised*

*Hebrews 13:5 (ESV)*

*5 .....For he has said, “I will never leave you nor forsake you.”*

*2 Corinthians 12:9*

*9 But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.”*

*Isaiah 43:2*

*2 When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you.*

*Psalms 1:3*

*3 He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.*

*Jeremiah 30:17*

*17 For I will restore health to you, and your wounds I will heal...*



# *DAILY READING*

## *John 8*

### *What Is This Chapter Saying To Me?*

- ❖ *Too Whom Much Is Given Much Is Required/Expected*
- ❖ *Often We Only Think Of This When Receiving Things From God... But In This Chapter A Person Is Given MERCY and The Requirement Is To Stop Sinning*
  - ❖ *The Accusers Came Face To Face With THE WORD*
  - ❖ *The Word Is Sharper Than A Two-Edge Sword ~ That Shows The Intentions*
    - ❖ *If We Do Not Believe... We Will Die In Our Sins*
    - ❖ *Jesus Challenges Us To Abide In The Word and KNOW THE TRUTH*
      - ❖ *This Truth Will Set Us Free {Free From Bondage of Sin}*
- ❖ *Notice They Didn't Throw The Stones Away ~ They Are Ready To Pick Them Up Again*

#### *Prayer*

*Lord, Thank You For Your Mercy... I Know I Have Not Received What My Sins Deserve*

*Lord, Thank You For Freeing Me From The Penalty and Power Of Sin*

*DAILY MEDITATION  
THE WORD FOR MY WHY...*

*Spend Time Hearing From God!!!!*

# Evening Prayer

*Philippians 4:6-8 (NLT)*

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and honorable, and right, and pure, and lovely, and admirable.  
THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.*

*What Caused You To Worry Today?*

*Pray About It Tonight!!!*

*Thank God For The Great Things That Happened Today!!!*

*Let Your Request Be Made Known For Tomorrow*

*What Are Expecting God To Do*

*What Are Experiencing That You Can't Handle*

