

21 DAY FAST

DAY THREE



FASTING FOCUS

Philippians 4:6-8 (NLT)

6 *DON'T WORRY ABOUT ANYTHING; INSTEAD, PRAY ABOUT EVERYTHING. TELL GOD WHAT YOU NEED and THANK HIM FOR ALL HE HAS DONE.*

7 *THEN you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.*

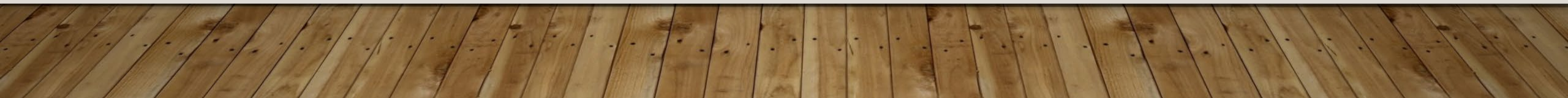
8 *And now, dear brothers and sisters, one final thing. FIX YOUR THOUGHTS on what is true, and honorable, and right, and pure, and lovely, and admirable. THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.*

TODAY I WILL NOT WORRY ABOUT IT...

TODAY I WILL PRAY ABOUT IT...

TODAY I WILL HAVE PEACE IN IT...

TODAY I WILL ONLY THINK ABOUT THE GOODNESS OF GOD!!!



Morning Prayer

I AM CHOSEN

John 15:16

16 You did not choose me, but I chose you and appointed you that you should go and bear fruit and that your fruit should abide, so that whatever you ask the Father in my name, he may give it to you.

Psalms 33:12

12 Blessed is the nation whose God is the Lord, the people whom he has chosen as his heritage!

1 Peter 2:9-10

9 But you are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you may declare the praises of him who called you out of darkness into his wonderful light. 10 Once you were not a people, but now you are the people of God; once you had not received mercy, but now you have received mercy.

I AM A CONQUEROR

Romans 8:37-39

37 No, in all these things we are more than conquerors through him who loved us. 38 For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, 39 nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

1 John 5:4

4 For every child of God defeats this evil world, and we achieve this victory through our faith.



Morning Prayer

COMMITMENT

Proverbs 16:3

3 Commit to the Lord whatever you do, and your plans will succeed.

Psalms 37:5

5 Commit your way to the Lord, Trust also in Him, and He will do it.

COURAGE

Deuteronomy 31:6

6 Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; He will never leave you nor forsake you."

Joshua 1:9

9 Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go."

2 Timothy 1:7

7 for God gave us a spirit not of fear but of power and love and self-control.

1 Chronicles 28:20

20 ..."Be strong and courageous and do it. Do not be afraid and do not be dismayed, for the Lord God, even my God, is with you. He will not leave you or forsake you,



Morning Prayer

CLARITY

Psalms 32:8

8 I will instruct you and teach you in the way you should go; I will counsel you with my eye upon you.

Psalms 119:130

130 The teaching of your word gives light, so even the simple can understand.

John 16:13

13 When the Spirit of truth comes, he will guide you into all truth. He will not speak on his own but will tell you what he has heard. He will tell you about the future.

Psalms 25:4-5

4 Show me the right path, O Lord; point out the road for me to follow.

5 Lead me by your truth and teach me, for you are the God who saves me. All day long I put my hope in you.

Isaiah 58:11

11 The Lord will guide you always...

CONTENTMENT

1 Timothy 6:6-8

6 But godliness with contentment is great gain. 7 For we brought nothing into the world, and we can take nothing out of it. 8 But if we have food and clothing, we will be content with that.

Philippians 4:11

11 I am not saying this because I am in need, for I have learned to be content whatever the circumstances.



Morning Prayer

Remind Yourself

God Has Plans For Me

Jeremiah 29:11

11 For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future.

God Will Bless Me

Numbers 6:24-26

*24 " "The Lord bless you and keep you;
25 the Lord make his face shine upon you and be gracious to you;
26 the Lord turn his face toward you and give you peace."*

God Knows How Much I Can Handle

1 Corinthians 10:13

13 No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.



DAILY READING

John 3

What Is This Chapter Saying To Me?

- ❖ *Nicodemus brings his concerns, questions, and lack of understanding to Jesus*
 - ❖ *Who Are You Seeking For Your Understanding*
 - ❖ *God Gave Us His Very Best {His Only Son} ~ Am I Giving Him My Best*
- ❖ *Is There Any Darkness In My Life That Is Keeping Me From Experiencing God*
 - ❖ *To Experience God, He must increase, and we must decrease*

Prayer

*Lord, I Need Understanding To Grow In You,
Speak Wisdom... Your Servant Is Listening*

*DAILY MEDITATION
THE WORD FOR MY WHY...*

Spend Time Hearing From God!!!!

Evening Prayer

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8 *And now, dear brothers and sisters, one final thing. FIX YOUR THOUGHTS on what is true,
and honorable, and right, and pure, and lovely, and admirable.
THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.*

What Caused You To Worry Today?

Pray About It Tonight!!!

Thank God For The Great Things That Happened Today!!!

Let Your Request Be Made Known For Tomorrow

What Are Expecting God To Do

What Are Experiencing That You Can't Handle

