# 21 DAY FAST

**DAYTWO** 

### FASTING FOCUS

Philippians 4:6-8 (NLT)

6 DON'T WORRY ABOUT ANYTHING; INSTEAD, PRAY ABOUT EVERYTHING.
TELL GOD WHAT YOU NEED and THANK HIM FOR ALL HE HAS DONE.

- 7 THEN you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.
- 8 And now, dear brothers and sisters, one final thing. FIX YOUR THOUGHTS on what is true, and honorable, and right, and pure, and lovely, and admirable.

  THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.

TODAY I WILL NOT WORRY ABOUT IT...

TODAY I WILL PRAY ABOUT IT...

TODAY I WILL HAVE PEACE IN IT...

TODAY I WILL ONLY THINK ABOUT THE GOODNESS OF GOD!!!

### Morning Prayer

#### **BELIEVE**

#### Hebrews 11:6

6 And without faith it is impossible to please God because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.

#### Mark 11:24

24 Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.

#### John 20:29

29 Then Jesus told him, "Because you have seen me, you have believed; Blessed are those who have not seen and yet have believed."

#### Psalms 27:13

13 I believe that I shall look upon the goodness of the Lord in the land of the living!

#### **BEHIND**

#### Philippians 3:13-14

13 Brothers, I do not consider myself yet to have taken hold of it. But one thing I do:
Forgetting what is behind and straining toward what is ahead,
14 I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

#### Isaiah 38:17

17 Surely it was for my benefit that I suffered such anguish. In your love you kept me from the pit of destruction; you have put all my sins behind your back.

#### Morning Prayer

#### **BLESSINGS**

#### **Proverbs 10:22**

22 The blessing of the Lord brings wealth, and he adds no trouble to it.

#### Ephesians 1:3

3 Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.

#### Jeremiah 17:7-8

7 "But blessed is the man who trusts in the Lord, whose confidence is in him.
8 He will be like a tree planted by the water that sends out its roots by the stream.
It has no worries in a year of drought and never fails to bear fruit."

#### Psalms 1:1-3

1 Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. 2 But his delight is in the law of the Lord, and on his law he meditates day and night.

3 He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither.

Whatever he does prospers.

#### Psalms 119:2

2 Blessed are those who keep His testimonies, Who seek Him with the whole heart!

#### Deuteronomy 15:6

6 For the Lord your God will bless you just as He promised you; you shall lend to many nations, but you shall not borrow; you shall reign over many nations, but they shall not reign over you.

#### Morning Prayer

#### **BLESSINGS**

#### Deuteronomy 28:1-8

1 "If you fully obey the Lord your God and carefully keep all his commands that I am giving you today, the Lord your God will set you high above all the nations of the world.

2 You will experience all these blessings if you obey the Lord your God:

3 Your towns and your fields will be blessed.

4 Your children and your crops will be blessed. The offspring of your herds and flocks will be blessed.

5 Your fruit baskets and breadboards will be blessed.

6 Wherever you go and whatever you do, you will be blessed.

7 "The Lord will conquer your enemies when they attack you. They will attack you from one direction, but they will scatter from you in seven!

8 "The Lord will guarantee a blessing on everything you do and will fill your storehouses with grain.

The Lord your God will bless you in the land he is giving you.

#### **BLOOD OF JESUS**

#### Hebrews 9:14

14 Just think how much more the **blood of Chr**ist will purify our consciences from sinful deeds so that we can worship the living God. For by the power of the eternal Spirit, Christ offered himself to God as a perfect sacrifice for our sins.

## DAILY READING John 2

## What Is This Chapter Saying To Me?

- Have I invited Jesus to be a part of my celebrations
- \* What Area of My Life Have I Become Empty {Do I Need A Refill}
  - ❖ Do I have a Mary that can go to Jesus on my Behalf
  - \* Am I willing to Do What He Says To Experience A Refill
  - ❖ Obedience To The Lord's Instructions Brings Abundance

Prayer

Lord, I Need You To Refill My Joy... Refill My Hope.... Refill My Peace Lord Fill Me Up

## DAILY MEDITATION THE WORD FOR MY WHY...

Spend Time Hearing From God!!!!

## Evening Prayer

Philippians 4:6-8 (NLT)

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THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.

## What Caused You To Worry Today?

Pray About It Tonight!!!

Thank God For The Great Things That Happened Today!!!

Let Your Request Be Made Known For Tomorrow

What Are Expecting God To Do What Are Experiencing That You Can't Handle