# 21 DAY FAST

DAY TWENTY

### FASTING FOCUS

Philippians 4:6-8 (NLT)

6 DON'T WORRY ABOUT ANYTHING; INSTEAD, PRAY ABOUT EVERYTHING.
TELL GOD WHAT YOU NEED and THANK HIM FOR ALL HE HAS DONE.

- 7 THEN you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.
- 8 And now, dear brothers and sisters, one final thing. FIX YOUR THOUGHTS on what is true, and honorable, and right, and pure, and lovely, and admirable.

  THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.

TODAY I WILL NOT WORRY ABOUT IT...

TODAY I WILL PRAY ABOUT IT...

TODAY I WILL HAVE PEACE IN IT...

TODAY I WILL ONLY THINK ABOUT THE GOODNESS OF GOD!!!

### Morning Prayer

#### **UNDERSTANDING**

#### Proverbs 18:2

2 A fool takes no pleasure in understanding, but only in expressing his opinion.

#### Psalms 119:130

130 The unfolding of your words gives light; it imparts understanding to the simple.

#### **Proverbs 14:29**

29 A patient man has great understanding, but a quick-tempered man displays folly.

#### Proverbs 3:5

5 Trust in the Lord with all your heart and lean not on your own understanding

#### Proverbs 20:5

5 The purpose in a man's heart is like deep water, but a man of understanding will draw it out.

#### 2 Timothy 2:7

7 Think over what I say, for the Lord will give you understanding in everything.

#### Philippians 4:7

7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

## Morning Prayer VICTORY

#### Deuteronomy 20:4

4 for the Lord your God is he who goes with you to fight for you against your enemies, to give you the victory.

#### 1 Corinthians 15:57

57 But thanks be to God, who gives us the victory through our Lord Jesus Christ.

#### 1 John 5:4

4 For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world— our faith.

#### **VISION**

#### **Proverbs 29:18**

18 Where there is no vision, the people perish: but he that keepeth the law, happy is he.

#### Habakkuk 2:2-3 (NKJV)

2 Then the Lord answered me and said: "Write the vision And make it plain on tablets, That he may run who reads it.
3 For the vision is yet for an appointed time; But at the end it will speak, and it will not lie.

Though it tarries, wait for it; Because it will surely come, It will not tarry.

#### Morning Prayer

#### Remind Yourself

#### Better Things Are Ahead

#### 1 Corinthians 2:9 (NKJV)

9 But as it is written: "Eye has not seen, nor ear heard, Nor have entered into the heart of man The things which God has prepared for those who love Him."

#### Haggai 2:9 (ESV)

9 The latter glory of this house shall be greater than the former, says the Lord of hosts.

And in this place I will give peace, declares the Lord of hosts.'"

#### Job 8:7

7 And though your beginning was small, your latter days will be very great.

#### Ephesians 3:20

20 Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us,

#### Joel 2:26 (ESV)

26 "You shall eat in plenty and be satisfied, and praise the name of the Lord your God, who has dealt wondrously with you.

## DAILY READING John 20

## What Is This Chapter Saying To Me?

- ❖ Jesus Declared That He Would Rise In Three Days.... Why Were They Surprised?
  - \* They Had His Promise But Did Not Have An Understanding or Expectation
  - ❖ Mary Received More Revelation Because She Was Willing To Hang Around
    - Although She Was Hurt, She Was Blessed For Hanging Around
- ❖ Jesus Appeared To The Disciples And Gives Peace In The Midst of Their Confusion
- \* Thomas Missed Jesus The First Time... But Thanks Be To God He Will Show Up Again
  - ❖ Some People Need More Evidence To Believe
  - ❖ Do You Have Enough Evidence To Believe?

#### Prayer

Lord, Thank You For Showing Up In My Life Lord, Thank You For The Peace That You Give Lord, Thank You For Given Me Evidence Of Your Power

## DAILY MEDITATION THE WORD FOR MY WHY...

Spend Time Hearing From God!!!!

## Evening Prayer

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THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.

### What Caused You To Worry Today?

Pray About It Tonight!!!

Thank God For The Great Things That Happened Today!!!

Let Your Request Be Made Known For Tomorrow

What Are Expecting God To Do What Are Experiencing That You Can't Handle