

# **21 DAY FAST**

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***DAY SIX***



# *FASTING FOCUS*

*Philippians 4:6-8 (NLT)*

6 *DON'T WORRY ABOUT ANYTHING; INSTEAD, PRAY ABOUT EVERYTHING. TELL GOD WHAT YOU NEED and THANK HIM FOR ALL HE HAS DONE.*

7 *THEN you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.*

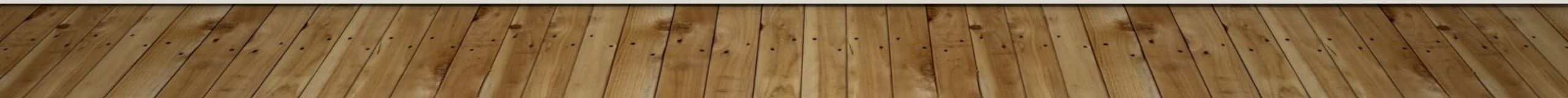
8 *And now, dear brothers and sisters, one final thing. FIX YOUR THOUGHTS on what is true, and honorable, and right, and pure, and lovely, and admirable. THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.*

*TODAY I WILL NOT WORRY ABOUT IT...*

*TODAY I WILL PRAY ABOUT IT...*

*TODAY I WILL HAVE PEACE IN IT...*

*TODAY I WILL ONLY THINK ABOUT THE GOODNESS OF GOD!!!*



# Morning Prayer

## GRACE

*James 4:6*

*But he gives more grace. Therefore, it says, "God opposes the proud but gives grace to the humble."*

*Hebrews 4:16*

*Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.*

*1 Corinthians 15:10*

*But by the grace of God I am what I am, and his grace toward me was not in vain. On the contrary, I worked harder than any of them, though it was not I, but the grace of God that is with me.*

*John 1:16*

*For from his fullness we have all received, grace upon grace.*

*2 Corinthians 9:8*

*And God is able to make all grace abound to you, so that always having all sufficiency in all things, you may abound in every good work.*

*1 Peter 5:10*

*And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you.*



# Morning Prayer

## GIVING

### Luke 6:38

*Give, and it will be given to you. Good measure, pressed down, shaken together, running over, will be put into your lap. For with the measure you use it will be measured back to you.”*

### Proverbs 11:24-25

*One gives freely yet grows all the richer; another withholds what he should give, and only suffers want. Whoever brings blessing will be enriched, and one who waters will himself be watered.*

### Proverbs 19:7

*Whoever is generous to the poor lends to the Lord, and he will repay him for his deed.*

### John 3:16

*For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.*

### Hebrews 13:6

*Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.*

### Deuteronomy 8:18

*You shall remember the Lord your God, for it is he who gives you power to get wealth...*



# Morning Prayer

## GROW

**1 Peter 2:2**

*Like newborn infants, long for the pure spiritual milk, that by it you may grow up into salvation—*

**Job 8:7**

*And though your beginning was small, your latter days will be very great.*

**2 Peter 3:18**

*But grow in the grace and knowledge of our Lord and Savior Jesus Christ.  
To him be the glory both now and to the day of eternity. Amen*

## GENERATIONS

**Psalm 145:4**

*One generation shall commend your works to another and shall declare your mighty acts.*

**Psalm 100:5**

*For the Lord is good; his steadfast love endures forever, and his faithfulness to all generations.*

**Luke 1:50**

*And his mercy is for those who fear him from generation to generation.*



# *Morning Prayer*

*Remind Yourself*

***I WILL NOT GIVE UP***

***Job 23:10***

*10 But he knows the way that I take; when he has tested me, I will come forth as gold.*

***Galatians 6:9***

*9 Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.*

***Micah 7:8***

*8 Do not gloat over me, my enemy! Though I have fallen, I will rise.  
Though I sit in darkness, the Lord will be my light.*

***Romans 8:31***

*31 What then shall we say to these things? If God is for us, who can be against us?*

***2 Timothy 1:7***

*7 For God gave us a spirit not of fear but of power and love and self-control.*



# *DAILY READING*

## *John 6*

### *What Is This Chapter Saying To Me?*

- ❖ *The Awareness Of Already ~ He Already Knew What He Was Going To Do!!!!*
  - ❖ *Give God Your Little....He Can Transform Into More Than Enough*
    - ❖ *Are You Seeking God For Him or His Blessings {vs. 26}*
    - ❖ *I Am The Bread Of Life {What Does This Mean To You}*
- ❖ *Jesus Sets The Standard For Discipleship And Refuses To Lower The Standard*

#### *Prayer*

*Lord, Thank You For Giving Me More Than Enough*

*Lord, Thank You For Supplying My Daily Needs*

*Lord, You Are All I Need*



*DAILY MEDITATION  
THE WORD FOR MY WHY...*

*Spend Time Hearing From God!!!!*



# Evening Prayer

*Philippians 4:6-8 (NLT)*

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TELL GOD WHAT YOU NEED and THANK HIM FOR ALL HE HAS DONE.*

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His peace will guard your hearts and minds as you live in Christ Jesus.*

8 *And now, dear brothers and sisters, one final thing. FIX YOUR THOUGHTS on what is true,  
and honorable, and right, and pure, and lovely, and admirable.  
THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE.*

*What Caused You To Worry Today?*

*Pray About It Tonight!!!*

*Thank God For The Great Things That Happened Today!!!*

*Let Your Request Be Made Known For Tomorrow*

*What Are Expecting God To Do*

*What Are Experiencing That You Can't Handle*

