

Discovering Spiritual Health - Part 1

Philippians 4:2-6a

Spiritual Health is...

1. Unwavering _____ in the face of _____. v.1
"For this reason I also suffer these things, but I am not ashamed; for I know whom I have believed and I am convinced that He is able to guard what I have entrusted to Him until that day." 2 Tim 1:12

2. Striving toward _____ amidst _____. vs. 2,3
"with all humility and gentleness, with patience, showing tolerance for one another in love" Eph 4:2

3. Finding _____ that transcends _____ & _____. v.4
"So they went on their way from the presence of the Council, rejoicing that they had been considered worthy to suffer shame for His name." Acts 5:41

4. Modeling _____ in a _____
 culture. v.5a
"Not that I speak from want, for I have learned to be content in whatever circumstances I am." Phil 4:11

5. Living _____ in light of God's _____.
 vs.5b,6a
"But as for me, the nearness of God is my good; I have made the Lord GOD my refuge, that I may tell of all Your works." Ps 73:28

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