

# **The Eternal Tomorrow**

Philippians  
3:1-11

If we have hoped  
in Christ only in this life,  
we are of all people  
most to be pitied.

**1 Corinthians  
15:19**

**Life is a long game**

**“Lord,  
to whom shall we go?  
You have words  
of eternal life.”**

**John  
6:68**

**We need to shift our focus:**

**From: Achievement & Fulfillment**

**To: Eternity**

Finally, my brothers and sisters, rejoice in the Lord. To write the same things again is no trouble for me, and it is a safeguard for you.

Beware of the dogs, beware of the evil workers, beware of the false circumcision;

for we are the true circumcision, who worship in the Spirit of God and take pride in Christ Jesus, and put no confidence in the flesh, although I myself could boast as having confidence even in the flesh. If anyone else thinks he is confident in the flesh, I have more reason: circumcised the eighth day, of the nation of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; as to the Law, a Pharisee; as to zeal, a persecutor of the church; as to the righteousness which is in the Law, found blameless.

## **Philippians**

### **3:1-6**

But whatever things were gain to me, these things I have counted as loss because of Christ.

More than that, I count all things to be loss in view of the surpassing value of knowing Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them mere rubbish, so that I may gain Christ,

and may be found in Him, not having a righteousness of my own derived from the Law, but that which is through faith in Christ, the righteousness which comes from God on the basis of faith, that I may know Him and the power of His resurrection and the fellowship of His sufferings, being conformed to His death; if somehow I may attain to the resurrection from the dead.

## **Philippians**

### **3:7-11**

# The Disciplines of Abstinence

- Solitude
- Silence
- Fasting
- Frugality
- Chastity
- Secrecy
- Sacrifice

- Dallas Willard, *"The Spirit of the Disciplines"*





# The Disciplines of Engagement

- Study
- Worship
- Celebration
- Service
- Prayer
- Fellowship
- Confession
- Submission

- Dallas Willard, *"The Spirit of the Disciplines"*



# Questions for Discussion:

- Reflect on the most difficult thing you ever trained for. What changes (if any) did you notice in yourself from the process of training?
- What goals do you have? How are you working towards them?
- How might the idea of living for an eternal tomorrow change anything about your day-to-day reality?
- How is your spiritual fitness?