

for a movement of men transforming families and churches to the ends of the earth

## The Power of Prayer

Real Momentum Men's Study Steve Hyland, Retired from Coca Cola, REAL MOMENTUM Board Member

If you desire More God, then pray more! When we see the activity of God in Heaven in response to prayer, I believe we all will say, "I should have prayed more."- Steve Hyland

Brief testimony of my life. Salvation by grace through faith, not of works. Ephesians 2:8-9

1st priority is to love the Lord with all your heart... How can you have a personal relationship with God without a strong prayer life? Matthew 22:37

Praying is not a spiritual gift, it is acquired through practice and continued as you see God use his supernatural power to answer your requests, but usually not without adversity! Why is it most of a church's prayer team are ladies?

- 1. Ask, ask, ask! John 14:13 "I will do whatever you ask"." Everyone (you are included) who asks receives"-Matt. 7:7-8. Simply, if you ask more you will receive more from God. Luke 12:9-10. Pray about big things in your life, pray about little things, (i.e. lost keys, money, relationships). Look for the promises of God. If you.... Then I will..... Pray the Word of God. Look for a good word and a guiding word. Know the Bible, it helps praying!
- **2. Prayer is the work of the trinity. Romans 11:36"For from him and through him and to him are all things."** Prayer originates from the Father (Lord's prayer), then through us by the Holy Spirit who intercedes on our behalf. Then Jesus is also our intercessor who takes our request to the Father. Prayer is a circle more than a straight line.
- 3. Process of Prayer- Jerimiah 33:3 "Call to me and I will answer you and tell you great and unsearchable things you do not know." 1) You pray 2) God hears 3) God speaks 4) You hear What are ways to hear from God? 1) God's word 2) Prayer 3) Other believers 4) Circumstances
- 4. When to prayer? "Pray on all occasions".... Pray throughout the day. All the promises of God work for all areas of our lives! Pray at Work (i.e. wisdom) use the secret weapon! Prayer for Audrey! Pray at Home- If you don't pray for yourself and family who will? (i.e. prayer walk with my wife). Pray at Church- Pray for your Pastor. Join the prayer team to pray for staff and people in need. Movie strategy- Prayer example for Champion movie project to raise funds.
- 5. When life's circumstances are difficult PRAY! Things I have learned about this to give you hope in a tough situation. James 1:1 God grows us through trials. Nobody wants them, result is spiritual maturity and increased faith in God.
- Focus on God. Psalm 121:1-2 "I will lift my eyes to the hills where does my help come, it comes....
- God is present with you even if you do not feel it. He is there to help you! **Psalm 46:1-2**.
- Look to God (read your Bible) for a good word and guiding word. Let God's word speak to you each day.
- Don't worry, pray! Philipians 4:6-7. If you do you will experience the peace of God in the situation.
- Cast your burden on God daily, don't carry it yourself. **Psalm 55:22**. When you feel worry coming on, cast your care on God.
- Do heavenly praying- Praise and Thank God. "I will enter His gates with Thanksgiving and His gates with praise." Psalm 100:4
- 6. Wait on the Lord to answer your pray before moving. No answer, wait on God's timing. No peace, no move. Don't take things in your own hands. Prayer for your spouse, baby, finances, etc. Psalm 40:1 Patient waiting required.
- 7. Prayer for people, pray with people! Ask "how can I pray for you?" Voice a prayer for them right then, right now. Even in the hardest situations when you don't know what to do. Example at church with family.