

FAMILY WORSHIP GUIDE

KEITH BOGGS
HELPING MEN WIN



REAL MOMENTUM



REAL MOMENTUM

*for a movement of men
transforming families and churches
to the ends of the earth*

KEITH BOGGS

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FAMILY WORSHIP GUIDE

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YOU WERE MADE FOR THIS!

Now is your time!

Dear sir... you are God's chosen instrument in setting direction and bringing clarity out of chaos, especially for those in your home.

We're committed to Helping Men Win no matter the circumstances and are excited to follow God in equipping men to lead their families spiritually during this time... and for the rest of time.

When men lead family worship it gives God the opportunity to reveal Himself to them and their loved ones in a powerful way. I can speak from personal experience in my own home with my family!

Blessed is the family where they are shepherded by a man who helps them set their hope in God, not forget the works of God, and keep His commandments.

I'm with Joshua, "As for me and my house, we will serve the LORD!" And, I want you to join me in leading our families to worship God in our homes!

When men win, everybody wins!

Keith Boggs
keith@realmomentum.org



“There will come a time
where a man will have
God, Christ, the Bible
and nothing else.”

JESS HENDLEY

NOW IS THE TIME!

“For I have chosen him,
that he may command his
children and his household
after him to keep the way of
the LORD by doing
righteousness and justice...”

GENESIS 18:19



SCRIPTURE-FED

DEUTERONOMY 6:4-6

"Hear, O Israel: The Lord our God, the Lord is one! You shall love the Lord your God with all your heart, with all your soul, and with all your strength.

"And these words which I command you today shall be in your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up. You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates.

PSALMS 14:2

The Lord looks down from heaven upon the children of men, to see if there are any who understand, who seek God.



SCRIPTURE-FED

PSALMS 78:1-8

Give ear, O my people, to my law;
Incline your ears to the words of my mouth.

I will open my mouth in a parable;
I will utter dark sayings of old,

Which we have heard and known,
And our fathers have told us,

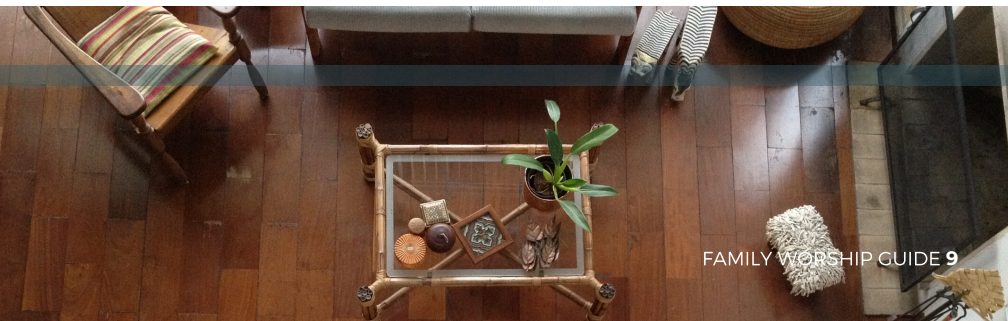
We will not hide them from their children,
Telling to the generation to come the praises of the Lord,
And His strength and His wonderful works that He has done.

For He established a testimony in Jacob,
And appointed a law in Israel,
Which He commanded our fathers,
That they should make them known to their children;

That the generation to come might know them,
The children who would be born,
That they may arise and declare them to their children,

That they may set their hope in God,
And not forget the works of God,
But keep His commandments;

And may not be like their fathers,
A stubborn and rebellious generation,
A generation that did not set its heart aright,
And whose spirit was not faithful to God.



SCRIPTURE-FED

JOSHUA 24:15

And if it seems evil to you to serve the Lord, choose for yourselves this day whom you will serve, whether the gods which your fathers served that were on the other side of the River, or the gods of the Amorites, in whose land you dwell. But as for me and my house, we will serve the Lord."

1 PETER 3:7

Husbands, likewise, dwell with them with understanding, giving honor to the wife, as to the weaker vessel, and as being heirs together of the grace of life, that your prayers may not be hindered.

EPHESIANS 5:25-26, 6:4

Husbands, love your wives, just as Christ also loved the church and gave Himself for her, that He might sanctify and cleanse her with the washing of water by the word,

And you, fathers, do not provoke your children to wrath, but bring them up in the training and admonition of the Lord.

1 TIMOTHY 3:4-5

One who rules his own house well, having his children in submission with all reverence (for if a man does not know how to rule his own house, how will he take care of the church of God?);



WHY FAMILY WORSHIP IS SO IMPORTANT

Husbands and fathers are the primary theologians, historians, and apologists for their wives and children.

They always have been.

It is unlikely that exposure to the church once or twice a week will impress your children enough with the greatness and glory of God that they will want to pursue Him once they leave your home.

A majority of men struggle to find any time during a typical week to discuss religious matters or study religious materials with their wives and children.

Mistakenly, we generally rely on our church to do all of the religious teaching and training for our wives and our children.

Additionally, most of us have never heard of Family Worship, much less seen it modeled. So, we stay passive because we don't know where to start, or what to do.

This needs to change. Now.

It can... and God will help you by His Spirit!

SPIRIT-LED

HISTORICAL PATTERN

Charles Spurgeon concurs that these three things should be the elements of family worship:

"I agree with Matthew Henry when he says,

'They that pray in the family do well; they that pray and read the Scriptures do better; but they that pray, and read, and sing do best of all.'

There is a completeness in that kind of family worship which is to be desired." (1)

John Chrysostom (c. 349-407), considered one of the greatest preachers in the history of the church...

urged that every house should be church, and every head of a family a spiritual shepherd, remembering the account he must give even for his children. (2)

John Knox (1514-1572), led the Reformation into Scotland, wrote a letter to Christian brothers in Scotland admonishing them about family worship...

"Brethren, ye are ordained of God to rule your own houses in his true fear, and according to his word... And therefore, I say, ye must make partakers in reading, exhorting, and in making common prayers, which I would in every house were used once a day at least." (3)

Common Church Covenant for Membership

We also engage to maintain family and secret devotion; to study diligently the word of God; to religiously educate our children;

SPIRIT-LED

FAMILY WORSHIP

No doubt, God has called you to Himself or you wouldn't be reading this Family Worship Guide. My prayer is that you will humble yourself and courageously take ownership of the calling God has given you to shepherd your family.

REPENT

You may feel awakened to this responsibility due to some uncontrollable circumstances. Seize the opportunity!

Call your wife and children together and share what God has revealed to you about Family Worship. Talk with them about how He's convicted you of your responsibility to lead in family worship and that you want to get started.

SEEK FORGIVENESS AND GET STARTED

I have come to believe that the Bible teaches I should be leading us in family worship, and I want to start now.

I have never heard of Family Worship or seen it modeled, but I want to learn to do it because I know that God has chosen and commanded me to lead our family this way.

Would you pray for me?

Would you join me?



READ THE BIBLE

The Word of God is alive!

It is not necessary for you to prepare a "lesson" and you don't need a seminary degree to read the Bible. Remember, God has chosen you and commanded you to lead your family spiritually.

By faith, just open the Bible and read it together as a family. God will speak to you and your family as you read word by word, verse by verse, chapter by chapter!

Encourage everyone to participate in reading the Scriptures (if they can) and then lead a discussion about what was read.

We've had three of our children learn to read from reading the Scriptures together. Even though it took them longer and they only read one verse... God used it to inspire them to learn to read, creating a hunger to read His Word.

As you and your family read the Scriptures together, think through a few good questions to ask as God leads. It will help you shepherd their lives as God reveals His Word to you, and them. God will use these moments in your own personal devotional time as He brings to mind the discussions you have in Family Worship.

Ask your wife and children which verses were their favorite? Get them to tell why they chose to share about the verse(s). Let the Lord lead the discussion. End with any applications or next steps on what was read.

You're not leading a devotion or teaching lesson, you're simply letting the Word of God speak and discussing some of the things that God uses to get the attention of those reading together.

He is faithful and He will be when you read the Scriptures!

READ THE BIBLE

THINK THROUGH AND TALK ABOUT THE SCRIPTURES

I have found it very helpful to lead my family in thinking through and meditating on God's Word. Below are some questions to help you lead some discussion with your family on what you've read in the Bible: (4)

1. What does this tell me about God?
2. What does this tell me about Man?
3. Any Sins to avoid?
4. Any Promises to claim?
5. Any Examples to follow?
6. Any Commands to obey?
7. What are the implications of these verses?
8. What is God trying to tell me personally?
9. How can I apply these truths to my walk?

MEMORIZE FAVORITE VERSES OR PASSAGES

SING TO THE LORD

I cannot sing. My wife and children will tell you that! But, I do have a song in my heart and I love to hear my wife and children sing.

I'm often reminded of Colossians 3:16-17 when my family gathers together in our living room for Family Worship.

"Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord. And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him."

One of my favorite things about our Family Worship is singing to the Lord, together. It's a refreshing time for me... and it's fun and I know that it blesses the Lord.

THINGS TO CONSIDER

- **Sing family favorites.** Encourage participation. One way is to sing familiar songs. If you choose a new song, sing it together each night for a week.
- **Use variety on how and what you sing.** I sometimes encourage the small children to sing with their mother, I sing with the boys (God help the girls!) and I asked our older girls to sing together. You'll find that singing songs that your church sings in worship services in your living room can be moving.

Get a family hymn book and use other media too.

- **Instruments are not necessary but adds a nice touch.** Not every family has someone who can play an instrument but if you have children who can, use them when appropriate but keep it simple.

PRAY TOGETHER

Prayer will be an important part of your Family Worship.

Whether you choose to begin or end Family Worship, together as a family (or both), praying together is an essential privilege.

I have found it to be important to invite God to join us. I have also experienced the blessing of concluding our time together in prayer as He speaks from His Word and we sing praises to Him.

Each night can and should be different in how it unfolds in regard to praying together. Lean upon the Lord for helping you know what to pray and who needs to pray.

I have found that asking my wife and children to pray about certain things to be very helpful. God uses their prayers to make me aware of their heart and concerns as well as how God is speaking to us as a family.

Praying together as a family becomes really special when you can engage in intercessory prayer during Family Worship so pay attention as the Spiritual Leader.

While your family talks about what they read in the Bible and the songs they sing to the Lord, intercede for them, specifically, in prayer. It is also good to ask others to intercede as well. Press in, you will be glad you did.

Lastly, prayer is a very powerful weapon, especially for you as the husband of your wife and the father of your children. Take advantage of this authority and boldly approach the throne of grace!

PRAY TOGETHER

IDEAS FOR MY FAMILY WORSHIP

FAMILY WORSHIP

IDEAS AND TIPS TO GET GOING

- **Establish a regular time each day.** It could be in the morning or late in the evening but set a time when everyone can get together without being rushed. We have changed over the years as our family has grown. Find a time that works for everyone, it will be worth it.
- **Gather in a consistent place.** We've gathered together around our table and in our living room, settling on the living room because of our family size. Just get a place that works for your family!
- **Start by reading Proverbs.** Go to the chapter that corresponds with the date of the month. You can always move to other books but find a way to get consistent. The Lord will lead you to other books when it's time.
- **Be brief. Be consistent. Be flexible.** When I first started leading Family Worship my kids were young and I went way too long! Just ask them. Based on my personal experience, take no more than 15-20 minutes at each time of the day and watch God bless!
- **Get a Bible for everyone, in the same translation.** There is something about having your own Bible and hearing sound of the pages as they're turned in your living room or around a table in your kitchen or dining room. Resist the temptation of using a phone or tablet.
- **Be transparent and honest as you share.** God has given you the authority to lead your family spiritually, so trust Him. As you share your personal thoughts and insights, God uses them to minister to your wife and children.
- **It will not be perfect, but it will be powerful.** Yes, there will be distractions and interruptions. You will need to correct behavior, encourage the children to pay attention, and repeat yourself, a lot, but it's worth it!

FAMILY WORSHIP

OTHER THINGS TO CONSIDER

- **Praying through the Word, especially the Psalms.**

By taking the verses we are reading that God is "quickenning" to our hearts and minds and turning them into a prayer back to God is one of the most powerful things I have experienced in leading Family Worship.

The easiest way I have discovered to get into God's Word and to get God's Word into my family is to let the Scripture set the agenda for both family and personal prayer time by praying it back to Him.

See the section on Praying the Word.

- **Get a hymnal!** Hymns are rich and many are saturated with theological teaching with compelling language. Try reading through a favorite hymn and pausing to teach on what you read, then sing the hymn as a prayer to God.

- **Pray through the letters of a child's name... and let them hear you.** I have a lot of children and praying for them can be challenging. A few years ago, in my personal time with God, He spoke to me about praying for my children more intentionally and it really helped me focus!

I felt power and intention in my prayers for them and my wife. It has been one of the most refreshing things I do in leading my family spiritually... and I want them to hear me pray for them in that way, and they do too!

See the section on Praying Through Names.

- **Share testimonies of salvation or personal revival.**

Men are the primary historians for their families. And, when a father shares openly about how God saved him and how God has worked in his personal life experiences (as well as in his own family history) he fulfills "telling to the generations to come the praises of the Lord, and His strength and His wonderful works that He has done." (Psalms 78:4)

FAMILY WORSHIP

OTHER THINGS TO CONSIDER

- **Stories are powerful.** I love telling my children stories about my childhood and even how their mother and I met, and they do too! Bring your children through your family history and watch them dream of what God might do in their future.
- **Small book of the Bible challenge.** A great way to start or restart your own personal time in God's Word is to pick a small book of the Bible from the New Testament and read it every day for 30 days.

Just take in the book, seeking to get a good handle on its content and purpose. You will find that it will get a good handle on you!

On day 10, handwrite each verse of the book you're reading, seeking to finish the book in 30 days.

Ask your children to pick a book and join you. Discuss why they chose the book they're reading and writing. Discover what you learned at the end of the 30 days.

Then, pick another book and do it again!

- **Pray for your pastor and church leaders.** One of the best ways to lead your family is to pray for your church leaders. God uses a man who is living in a right relationship with his church. Listening to what your pastor is preaching and sharing what you learn during Family Worship from time to time makes church relevant.

If your church leaders have presented a specific vision, share your support for that vision and help your family realize the importance of that vision becoming reality.

- **Memorize the Glorious Gospel as a family.** Our family memorized the Glorious Gospel on vacation and I want to pass it along to you. It's the Gospel in 90 seconds.

FAMILY WORSHIP

THE GLORIOUS GOSPEL OF JESUS CHRIST

In accordance with the Father's good pleasure,
the eternal Son, who is equal with the Father
and is the exact representation of His nature,
willingly left the glory of heaven,
was conceived by the Holy Spirit in the womb of a virgin,
and was born the God-man: Jesus of Nazareth.

As a man, He walked on this earth
in perfect obedience to the law of God.

In the fullness of time,
men rejected and crucified Him.

On the cross,
He bore man's sin,
suffered God's wrath,
and died in man's place.

On the third day, God raised Him from the dead.

This resurrection is the divine declaration that the Father
has accepted His Son's death as a sacrifice for sin.

Jesus paid the penalty for man's disobedience,
satisfied the demands of justice,
and appeased the wrath of God.

Forty days after the resurrection,
the Son of God ascended into the heavens,
sat down at the right hand of the Father,
and was given glory, honor, and dominion over all.

There, in the presence of God,
He represents His people
and makes requests to God on their behalf.

All who acknowledge their sinful helpless state
and throw themselves upon Christ,
God will fully pardon,
declare righteous,
and reconcile unto Himself.

This is the gospel of God and of Jesus Christ His Son. (5)

FAMILY WORSHIP

PRAYING THE WORD

When a man prays, he postures himself before the great God of whose help he is imploring. Most men try to edge God out of their lives rather than invite Him into their lives. Posturing yourself humbly before God is very important. When a man has the right posture, he is positioned to receive from and respond to the Lord Jesus.

I have been practicing what is called "Scripture-fed, Spirit-led, worship-based prayer" for several years now. It has been transformational. Below are some simple things to do to begin praying the Word...

1. Pray the Name of the LORD.

"LORD" is used 6,000 times in the Old Testament. It is important that we trust in the Name of the Lord as we pray... the Name of the LORD is a strong tower!

The Scripture says in Psalm 9:10, "And those who know Your name will put their trust in You; For You, LORD, have not forsaken those who seek You."

In Psalm 8:1, 9 the Scripture proclaims twice, "O LORD, our LORD, How excellent is Your name in all the earth!" I can't think of any better motivation than what those verses say as I pray the Word and seek the LORD!

2. Pray the Word in Line with the Word.

The Bible teaches in Proverbs 28:9 that whoever turns away his ear from hearing the Word, his prayer shall be an abomination.

I don't know about you but I don't want my prayers to become morally disgusting to God because I have rejected His Word. When thinking about the Word there are two key truths that will help you in praying it back to God.

The first truth is that the entire Bible is God's Word to you and to me and our families. It is the "logos" -the expression of thought or spoken word.

FAMILY WORSHIP

PRAYING THE WORD

In the beginning was the Word (logos)... And the Word (logos) was made flesh (John 1:1; 14). So, when we consider the Word, all of it is an expression of thought spoken to all of mankind from Almighty God, Who sits high upon the Throne.

The second truth is that God's Word is also the "rhema" Word of God. The blessing when we pray to God from the Scriptures, God talks to us from His Word as the Holy Spirit quickens all logos to make it rhema just out of one particular verse, one thought, one phrase, and even a single word.

The word for "Word" in the following verses is the word "rhema" for the quickened word: "So then faith comes by hearing, and hearing by the Word of God" (Romans 10:17). "...and the sword of the Spirit, which is the Word of God" (Ephesians 6:17). "...if you abide in my Word" (John 15:7).

When a man listens to God speak to him from the Scriptures and then wraps his or his family's requests together with the Scriptures—praying them back to God—he releases the power of God onto his prayer life and family.

All Scripture is Logos. But, when particular verses are quickened by God to our listening hearts, mixed by faith with family concerns, and raised back to God; heaven's power touches earth and your family and prayer can no longer be boring!

The best way to pray the Word is from the Psalms. You can pray five chapters out of the Psalms each day and by the end of the month you will have prayed through all 150 Psalms.

To do this, read Psalm 12 (i.e., January 12) together as a family, or maybe as husband and wife first. You can divide the verses for each family member or someone can start and read until they get tired and then have someone else jump in and read.

Once you have finished reading the chapter, God will have most likely quickened a verse or verses to you about your life, maybe your wife or children, or even a need in another person's life.

FAMILY WORSHIP

PRAYING THE WORD

Or, it could also be a provisional need. Be certain that God will make clear the need and the verse to trust Him with a quickening Word so pay attention.

Then take the verse that God used to speak to you and pray it back to God, wrapping the request with Scripture and offering it back to God. For example after reading Psalm 12:1, the following prayer may be offered:

"God, Your Word says in verse 1, 'Help, LORD, for the godly man ceases!' Lord, what a sad reality in our day. I so want to be a godly man. I long to be pleasing to You as I trust You with my own life. I want to be loyal and faithful to You alone. I want to be a man that honors and blesses You with my wife and children.

Lord, help me in loving my wife and leading my children. May I be a godly man aided by the power of Your Holy Spirit. Empower me from on high when I am at home. Wherever I go, may I honor You with obedience and faith.

Lord, I acknowledge that I need You to help me be a godly man. I don't want to cease being a godly man in my own home to my wife and children. Please help me be that man!

And Lord, put other men in my life to encourage me in my walk with You. Give me accountability from other men that want to walk with You. Bless me with men that are pursuing You in their family life. Use me wherever I go to lead other men to walk with You as You equip and train us to be the men our families need, and this nation needs.

Oh God, may the godly man rise up in this day!

And Lord, count me in to be that man with Your help each and every day!"

FAMILY WORSHIP

PRAYING THE WORD

After you pray a verse back to God, wrapping your concern around the Word, trust Him to work mightily! Your prayer may not be as long as the one above, but I got carried away!

Just trust the Lord with this method. It may be awkward to begin with, but stick with it. You will be blessed and so will your family.

For example, if you start in Psalm 12, from there, go to Psalm 42, and do the same thing, then 72, 102, and 132 (as time and the Spirit allows). After reading and praying through the Psalms continue by turning to the chapter in Proverbs that corresponds with the day on your calendar.

As in our example, Proverbs 12 is next. Keep on if you still have time, and read and pray through a chapter from a book in the New Testament.

My family dynamics do not allow us to read and pray through seven chapters of God's Word. We hardly ever get to the Proverbs and a New Testament book because the time we have reading and praying the Psalms is so sweet and takes time.

You may only have time to do one chapter, but please do something. As you go through this method of praying the Word in the Psalms, you will want to read and pray Psalm 119 on the last day of the month since it is such a long chapter.

I know that once you begin praying the Word, the Word will infect you. Praying the Word is not about how many times you go through the Word. Praying the Word is about how many times the Word goes through you.

Now, let's go get some real momentum by praying the Word with other men, and more importantly, praying the Word with our wife and children!

FAMILY WORSHIP

PRAYING THROUGH THE NAMES

Praying through the name of my wife and children has been one of the most rewarding things for me and for them. I pray this way quite often, sometimes they catch it, sometimes they don't.

But, the bottom line is that it really helps me focus and God has been faithful to quicken me in how to pray for those He has entrusted me to lead. May He continue to answer the prayers I pray for my wife and children!

As an example, I've listed the words I used as God gave them while praying for Mallory Nichole Boggs...

Master
Ability
Loyalty
Liberty
Obedience
Resolve
Year

Notice
Inspire
Comfort
Honor
Overcomer
Lead
Extra time

Bless
Open
Gentle
Grace
Scriptures

I would encourage you to pray for your wife and children this way, when you can, let them hear you praying for them this way.

THE BOGGS FAMILY

I hope you and your family will join me and my family in praying for God to ignite a revival of Family Worship.

To be honest, nothing exposes me more than being a husband and a father. I want to be the best I can be and Family Worship has helped me to grow as a man.

Raising a family that glorifies God doesn't just happen. I want to honor the Lord and bless my family by being intentional as the primary theologian, historian, and apologist for them in this season of our life.

I can testify that the family that gathers together on a regular basis to worship God in their home will be powerfully impacted by the privilege of reading the Bible, singing to the Lord, and praying together.

Let us know how it goes!
Keith Boggs & Family (keith@realmomentum.org)



REAL MOMENTUM

Pray for us!

THE BOGGS FAMILY

L-R Mallory, Stephen, Joshua, Madison, Mercy,
Keith, Nichole, Mae Ellyn, Meghan, Maleah, Caleb, & Morgan

FAMILY WORSHIP

NOTATIONS:

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3. Noted in Family Worship, Donald S. Whitney, (Crossway, Wheaton, IL, 2019) 30. John Knox, "A Letter of Wholesome Counsel, Addressed to His Brethren in Scotland, 1556," in *The Works of John Knox* (Edinburgh: Banner of Truth, 2014), 4:137.
4. The SWORD Method for Bible Study
5. Paul Washer, *The Gospel's Power and Message*, (Reformation Heritage Books, Grand Rapids, MI, (2012), viii

RESOURCES:

1. Family Worship: In the Bible, In History, and In Your Home, Donald S. Whitney, 2019.
2. Praying the Bible, Donald s. Whitney, 2015.
3. Family Shepherds: Calling and Equipping Men to Lead Their Homes, 2011.



REAL MOMENTUM

there is no greater mission than Helping Men Win

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MALACHI DAD PLEDGE

As a Malachi Dad,

I solemnly pledge to
glorify God and build His Kingdom
by prioritizing the raising of godly children,
first in my family, then in the
influencing of other men to do the same in theirs.

I firmly believe that my transformed life in Christ,
my life of integrity, pursuit of this vision,
and the pursuit of godly character,
will allow me to impact my children, family,
and others towards this end.

I will practice a
life of daily discipline and dependence in God
through prayer and the study of God's Word,
for the wisdom in how to "nurture my children
in the admonition of the Lord."

I will pursue this endeavor for a lifetime,
whether my children are in my home or not.

Finally, I believe that my end goal
is not only for my children to walk in the Lord,
but that this God-given vision
would impact multi-generations to come.

So help me God.

Signature

FAMILY WORSHIP GUIDE

The family that gathers together on a regular basis to worship God in their home will be powerfully impacted by the privilege of **reading the Bible, singing to the Lord, and praying together...** and so will their church.

NOW IS THE TIME!



REAL MOMENTUM

KEITH BOGGS serves as a Missionary to Men and is the founder of REAL MOMENTUM Ministries, Inc. He has a deep passion to engage, encourage, and equip men to lead their families and the church spiritually. Combining a professional background in marketing and development with more than a decade of pastoral ministry experience, Keith helps church leaders develop an effective men's discipleship strategy, using the REAL MOMENTUM Model.

He and his wife, Nichole, met in Waycross, GA and married in 1997. They have 10 children and enjoy teaching together at conferences and retreats to strengthen marriages for the glory of God.